

# Visitor Support Volunteer

This is an exciting role that has been designed to help care homes welcome visitors in line with Covid-19 rules.

After a year in which visiting care homes has been significantly restricted because of Covid-19 regulations, we know that friends and / or family are keen to be able to return to visiting their loved ones.

This volunteering opportunity will play a key role in supporting care homes as they welcome visitors and help facilitate residents' wellbeing.

## **You could be:**

- Supporting the Care Home with arrangements to facilitate visiting
- Welcoming visitors on the day, ensuring use of distancing, masks and sanitiser as appropriate
- Other activities that support smooth and safe visiting
- Assisting staff and residents with refreshments and planned activities
- Encouraging gentle exercise and helping facilitate hobbies and interests
- Assisting residents with digital communications.

## **The role would suit someone who has the following qualities and skills:**

- Good, positive communication skills
- Ability to work unsupervised, using own initiative as required
- Understanding of confidentiality
- Understanding of and empathy with the needs of older people
- Reliability, patience and sensitivity
- Outgoing and confident

## **What can you gain from this role?**

- Meet and make friendships with new people
- The appropriate training and induction
- Support from staff at Age Cymru and the care home
- Great experience for your CV, and work references if required

- Appreciation of mobility restrictions and how best to be able to support older people
- understanding dementia and how it affects those diagnosed and their families
- A chance to make a real difference by bringing together residents and their family or friends.

### **Care Homes:**

- Glan Rhos – Anglesey
- Ysguborwen – Aberdare
- Capel Grange – Newport
- St. Nicholas – Montgomery, Powys
- Plas Bryn Rhosyn – Neath
- Llys Cyncoed– Cardiff
- Llys y Seren – Port Talbot
- Ty Nant - Port Talbot

**Time commitment:** Each session would last for approximately three hours. We're keen to attract volunteers who can dedicate to one or more sessions per week depending on availability. We welcome applications for weekend volunteering to meet the demands of care home visiting hours.

The role is subject to regular lateral flow testing.

To apply, please email: [\*\*carehomevolunteer@agecymru.org.uk\*\*](mailto:carehomevolunteer@agecymru.org.uk)

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