

Current experiences of people aged 50 or over in Wales of the Covid-19 pandemic

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This survey is a follow up to the second survey we undertook in February to April 2021 for people aged 50 or over across Wales. It's being undertaken by key organisations that represent older people.

It's important that Welsh Government and others hear from older people about their experiences of the Covid-19 pandemic and the impact this has had on them.



Our previous two surveys focused on experiences during the Covid-19 pandemic lockdowns. Through this survey we want to gather the current experiences of people aged 50 or over in Wales in the ongoing pandemic and what they need to move forward.

This survey will take 15 minutes to complete.

Your response is anonymous.

Thank you for your support in completing this survey.

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A. Your current experiences of the Covid-19 pandemic

A1. How are you accessing current information and updates about the Covid-19 pandemic?
(Select all that apply)

- | | |
|---------------------------------------|---------------------------------------------|
| <input type="checkbox"/> TV news | <input type="checkbox"/> National newspaper |
| <input type="checkbox"/> Radio | <input type="checkbox"/> Local newspaper |
| <input type="checkbox"/> Social Media | <input type="checkbox"/> Online |

- Via friends / family
- Via your care worker
- Other, please state: _____
- National newspaper
- I don't receive regular information

A2. What do you think could be done to improve communication and updates regarding the Covid-19 pandemic?

A3. What have been the positive experiences for you of the Covid-19 pandemic in the last three months? (Select all that apply)

- Help from family / friends
- Improved quality of life
- Less pressure
- Help to get online enabling access to online services/communication
- Other, please state: _____
- Help from local community volunteers / local Council
- More time
- Learned a new skill

Please explain:

A4. What have been the challenging experiences for you in the last three months?

(Select all that apply)

- Not seeing family / friends
- Bereavement or grief
- Isolation
- Impact on physical health
- Accessing prescriptions
- Exercising individual rights
- Scams
- Abuse
- Other, please state: _____
- Caring for a spouse / friend / relative
- Loneliness
- Impact on emotional health
- Accessing food
- Cost of living
- Transport
- Access to cash

Please explain:

A5. What is your experience of accessing health care in the last three months?
(e.g. GP appointments, ongoing health checks and other treatment through GP and hospital services, physiotherapy, support for your mental health or someone you look after, surgery, dentistry, health care received at home, pharmacy services, sight checks, and podiatry.)

A6. What is your experience of accessing social care in the last three months if needed?
(e.g. getting an assessment for your needs, needs as a carer, day centre support, help at home with daily living tasks, getting support to leave hospital, respite care and residential care.)

A7. Do you currently look after or give any unpaid help or support to family members, friends, neighbours, or others because of long-term physical or mental ill-health or disability, or problems related to older age?

Yes No (If No, skip to question A8)

a) If Yes, have you increased the amount of care you provide in the last three months?

Yes No

If you ticked Yes to question A7, you may like to know that Age Cymru and Carers Trust have a project aimed at assisting people just like you. For more information see agecymru.org.uk/carers, or phone 0300 303 44 98 and ask for Catrin Edwards or Ceri Machlab

A8. Have you had Covid?

Yes No (If No, skip to question A9)

a) If Yes, were you hospitalised?

- Yes No

b) Do you have any long Covid effects?

- Yes No

A9. If you've been vaccinated, did you have any reaction to the Covid jabs?

- Yes No
 I haven't been vaccinated

**A10. What impact has your current experiences of the pandemic had on you?
(Select one option)**

- Very Positive Positive Managed Negative Very Negative

Please explain:

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B. Employment

**B1. Have you had to stop working since the start of the Covid-19 outbreak (March 2020)?
(Select one option)**

- Yes No
 I'm retired I wasn't working at the start of the outbreak
 Not relevant

**a) If Yes, why did you stop working between the start of the Covid-19 outbreak and now?
(Select one option)**

- I was advised to self-isolate
 I was worried about my health
 I needed to care for others (children or adults)
 I was laid off or put on mandatory furlough
 My employer or business closed
 I was planning to retire around now anyway
 Other reason

Please explain:

b) Have you now returned to work?

- Yes No

b) i) If Yes, are you working at the same job that you were in before the start of the Covid-19 outbreak or have you changed jobs?

- I'm working in the same job I've changed jobs

b) ii) If No, how likely do you think it is that you'll be able to return to your previous employment? (Select one option)

- Very likely Fairly likely Not very likely Not at all likely

Please explain:

B2. If you're working, has the age at which you expect to retire from paid work changed as a result of the Covid-19 outbreak? (Select one option)

- Yes – I now plan to retire earlier
 Yes – I now plan to retire later
 No
 Not relevant

B3. If you're employed, were you required to work from home because of Covid-19 restrictions?

- Yes No
 Not relevant

a) If Yes, we'd like to find out a bit more about any actions your employer might have taken to ensure that your work environment at home is safe and comfortable.

a) i) Has your employer ever offered to assess your working conditions at home?

- Yes No

a) ii) Is your employer flexible when it comes to your health needs, even if you've multiple needs?

Yes

No

a) iii) Does your employer take into account if you've a role caring for others who might also live in the home?

Yes

No

a) iv) Does your employer offer you any assistive technology to help you work from home?

Yes

No

Please explain:



C. The future

C1. What are you looking forward to this year?

C2. What do you see as likely to be most challenging for you in the year ahead?

a) What support could help you address this/these challenge/s?

C3. Do you feel confident about getting back out and about into your local community?

Yes

No

a) If No: please let us know why and what would help you feel more confident

C4. Are you confident that you'll have enough money to live on this year?

Yes No

a) If No, can you tell us more:

C5. Is there anything else that would help make life better for you this year?



D. Inquiry

D1. Would you like the opportunity to share your experiences of the pandemic to help the Covid-19 Inquiry?

Yes No



E. About you (Select as appropriate)

E1. I live in:

- | | | | |
|--------------------------------------------|---------------------------------------------|-------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Blaenau Gwent | <input type="checkbox"/> Bridgend | <input type="checkbox"/> Caerphilly | <input type="checkbox"/> Cardiff |
| <input type="checkbox"/> Carmarthenshire | <input type="checkbox"/> Ceredigion | <input type="checkbox"/> Conwy | <input type="checkbox"/> Denbighshire |
| <input type="checkbox"/> Flintshire | <input type="checkbox"/> Gwynedd | <input type="checkbox"/> Isle of Anglesey | <input type="checkbox"/> Merthyr Tydfil |
| <input type="checkbox"/> Monmouthshire | <input type="checkbox"/> Neath Port Talbot | <input type="checkbox"/> Newport | <input type="checkbox"/> Pembrokeshire |
| <input type="checkbox"/> Powys | <input type="checkbox"/> Rhondda Cynon Taff | <input type="checkbox"/> Swansea | <input type="checkbox"/> Torfaen |
| <input type="checkbox"/> Vale of Glamorgan | <input type="checkbox"/> Wrexham | | |

E2. I'm on the shielding list

- Yes No

E3. I live alone

- Yes No

E4. I describe my ethnicity as:

White

- English / Welsh / Scottish / Northern Irish / British
- Irish
- Gypsy or Irish Traveller
- Any other White background

Asian / Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Any other Asian background

Black / African / Caribbean / Black British

- African
- Caribbean
- Any other Black / African / Caribbean background

Mixed

- Mixed - White and Black Caribbean
- Mixed - White and Black African
- Mixed - White and Asian
- Any other Mixed/ Multiple ethnic background

Other ethnic group

- Arab
- Any other ethnic group

E5. I am:

- Male Female Transgender
 Non-binary Prefer not to say
 Other, please specify: _____

E6. I am aged:

- 50-54 55-59 60-64 65-69 70-74 75-79 80-84
 85-89 90-94 95-99 100 or over

E7. I am:

- Bisexual Gay Man Lesbian / Gay Woman
 Heterosexual Prefer not to say Other, please specify: _____

E8. Do you consider yourself to have a disability according to the terms given in the Equality Act 2010?

- Yes No

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long term adverse effect on the person's ability to carry out normal day-to-day activities.

E9. I have served in the Armed Forces (This could include as a regular, reservist, or national service) (Select one option)

Yes

No

E10. Where did you hear about this survey?

E11. Which of the following applies to you? (Select any boxes that apply)

Retired

Employed full-time

Employed part-time (working 30 hours or less)

Self-employed full-time

Self-employed part-time

Not in paid work

Doing voluntary work

Other (Please specify) _____

E12. Which of the following applies to you? (Select all that apply) I can:

Speak Welsh

Write in Welsh

Read in Welsh

Thank you for your time and contribution to this survey

Please return the completed survey form to

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD or by email to enquiries@agecymru.org.uk

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If you need any further support please contact:

Age Cymru Advice: 0300 303 44 98

advice for older people, their families, friends, carers, and professionals

C.A.L.L: 0800 132 737 emotional support and information on mental health

Cruse: 0808 808 1677 bereavement support

Hourglass Cymru: 0808 808 8141 support for older people experiencing (or at risk) of harm

Samaritans: 116 123 emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide

Silverline: 0800 4 70 80 90 free confidential helpline providing information, friendship and support to older people, 24 hours a day.



Your details will be kept on a secure database, and we will not share your details with any organisations unless required by law.

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