

# Experiences of people aged 50 or over in Wales during the current Covid-19 lockdown



This survey is a follow up to the survey we undertook in Summer 2020 for people aged 50 or over across Wales, and is being undertaken by key organisations that represent older people.

It is important that Welsh Government and others hear from older people about their experiences of the lockdown and the impact that this has made on them.

This survey will take **15 minutes** to complete. Your response is anonymous.

**Thank you for your support in completing this survey.**

## A. Lockdown

- A1. During the lockdowns I was part of a shielded group  Yes  No
- A2. During the lockdowns I lived with someone who was part of a shielded group  Yes  No
- A3. During the lockdowns I was self isolating  Yes  No
- A4. I live alone  Yes  No
- A5. Have you taken on additional caring responsibilities or started looking after someone during the last year?  Yes  No

.....

## B. Your experiences during lockdown

**B1.** How have you been accessing information and updates about the latest lockdown?  
(Select any that apply)

- |   |  |                                 |
|---|--|---------------------------------|
| <input type="checkbox"/> TV news                    | <input type="checkbox"/> National newspaper                  | <input type="checkbox"/> Radio  |
| <input type="checkbox"/> Local newspaper            | <input type="checkbox"/> Via friends/family                  | <input type="checkbox"/> Online |
| <input type="checkbox"/> Via your care worker       | <input type="checkbox"/> I don't receive regular information |                                 |
| <input type="checkbox"/> Other, please state: _____ |  |                                 |

**B2.** What do you think could be done to improve communication regarding Covid-19 and the current lockdown in Wales?

---

---

---

**B3.** What have been your positive experiences during the current lockdown?

- |  |   |
|--|---|
| <input type="checkbox"/> Help from family/ friends | <input type="checkbox"/> Help from local community/ local council |
| <input type="checkbox"/> Improved quality of life  | <input type="checkbox"/> More time                                |
| <input type="checkbox"/> Less pressure             | <input type="checkbox"/> Other, please state: _____               |

**Please explain:**

---

---

---

**B4.** What have been the challenging experiences for you during the current lockdown?  
(Tick all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Not seeing family/ friends | <input type="checkbox"/> Caring for a spouse/ friend/ relative |
| <input type="checkbox"/> Bereavement or grief       | <input type="checkbox"/> Loneliness                            |
| <input type="checkbox"/> Impact on emotional health | <input type="checkbox"/> Impact on physical health             |
| <input type="checkbox"/> Accessing food             | <input type="checkbox"/> Accessing prescriptions               |
| <input type="checkbox"/> Cost of living             | <input type="checkbox"/> Exercising individual rights          |
| <input type="checkbox"/> Transport                  | <input type="checkbox"/> Scams or abuse                        |
| <input type="checkbox"/> Access to cash             | <input type="checkbox"/> Other, please state: _____            |

**B5.** What has been your experience of accessing health or social care during the current lockdown?

---

---

---

**B6.** What impact have your experiences during lockdown had on you?

- |  |  |                                  |
|--|--|----------------------------------|
| <input type="checkbox"/> Very positive | <input type="checkbox"/> Positive      | <input type="checkbox"/> Managed |
| <input type="checkbox"/> Negative      | <input type="checkbox"/> Very negative |                                  |

.....

## C. Moving out of Lockdown

**C1.** What are you looking forward to as the current lockdown eases? (Tick all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Seeing family/ friends     | <input type="checkbox"/> Having a haircut                     |
| <input type="checkbox"/> Going out                  | <input type="checkbox"/> Podiatry, other similar appointments |
| <input type="checkbox"/> Shopping                   | <input type="checkbox"/> Travel                               |
| <input type="checkbox"/> Help with gardening        | <input type="checkbox"/> House maintenance                    |
| <input type="checkbox"/> Other, please state: _____ |   |

**C2.** As we move out of this lockdown what do you see as likely to be most challenging for you?

---

---

---

**C3.** What would support you to engage with your local community as lockdown eases?

---

---

---

**C4.** What one change would you like to make in terms of getting back to normal?

---

---

---

.....

## C. About you (Please tick as appropriate)

**E1.** I live in:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Blaenau Gwent      | <input type="checkbox"/> Bridgend          | <input type="checkbox"/> Caerphilly     |
| <input type="checkbox"/> Cardiff            | <input type="checkbox"/> Carmarthenshire   | <input type="checkbox"/> Ceredigion     |
| <input type="checkbox"/> Conwy              | <input type="checkbox"/> Denbighshire      | <input type="checkbox"/> Flintshire     |
| <input type="checkbox"/> Gwynedd            | <input type="checkbox"/> Isle of Anglesey  | <input type="checkbox"/> Merthyr Tydfil |
| <input type="checkbox"/> Monmouthshire      | <input type="checkbox"/> Neath Port Talbot | <input type="checkbox"/> Newport        |
| <input type="checkbox"/> Pembrokeshire      | <input type="checkbox"/> Powys             |   |
| <input type="checkbox"/> Rhondda Cynon Taff | <input type="checkbox"/> Swansea           | <input type="checkbox"/> Torfaen        |
| <input type="checkbox"/> Vale of Glamorgan  | <input type="checkbox"/> Wrexham           |   |

**E2.** I describe my ethnicity as:

**White**

- |  |   |
|--|---|
| <input type="checkbox"/> English/ Welsh/ Scottish<br>Northern Irish/ British | <input type="checkbox"/> Irish                      |
| <input type="checkbox"/> Gypsy or Irish Traveller                            | <input type="checkbox"/> Any other White background |

**Asian/ Asian British**

- |   |                                    |
|---|------------------------------------|
| <input type="checkbox"/> Indian                     | <input type="checkbox"/> Pakistani |
| <input type="checkbox"/> Bangladeshi                | <input type="checkbox"/> Chinese   |
| <input type="checkbox"/> Any other Asian background |                                    |

### Black/ African/ Caribbean/ Black British

- African  Caribbean  
 Any other Black/ African/ Caribbean background

### Other Ethnic Group

- Arab  Any other Ethnic group

### E3. I am:

- Male  Female  Transgender  
 Prefer not to say  Other, please state: \_\_\_\_\_

### E4. I am aged:

- 50-54  55-59  60-64  65-69  
 70-74  75-79  80-84  85-89  
 90-94  95-99  100 or Over

### E5. I am:

- Bisexual  Gay man  Lesbian/ Gay woman  
 Heterosexual  Prefer not to say  Other, please state: \_\_\_\_\_

### E6. Do you consider yourself to have a disability according to the terms given in the Equality Act 2010?

- Yes  No

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long-term adverse effect on the person's ability to carry out normal day-to-day activities.

## Please return the completed survey form to

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD or by email to [enquiries@agecymru.org.uk](mailto:enquiries@agecymru.org.uk)

## If you need any further support please contact:

**Age Cymru Advice:** 08000 223 444  
**C.A.L.L.:** 0800 132 737  
**Cruse:** 0808 808 1677

**Hourglass Cymru:** 0808 808 8141  
**Samaritans:** 116 123  
**Silverline:** 0808 4 70 80 90



**Your details will be kept on a secure database and we will not share your details with any organisations unless required by law.**

Age Cymru is a registered charity 1128436. Company limited by guarantee and registered in Wales and England 6837284. Registered office address Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD. © Age Cymru 2021

