Experiences of people aged 50 or over in

Wales during the current Covid-19 lockdown

## This survey is a follow up to the survey we undertook in Summer 2020 for people

aged 50 or over across Wales, and is being undertaken by key organisations that represent older people.

## It is important that Welsh Government and others hear from older people about their experiences of the lockdown and the impact that this has made on them.

This survey will take **15 minutes** to complete. Your response is anonymous.

**Thank you for your support in completing this survey.**

1. **Lockdown**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **A1.****A2.** | During the lockdowns I was part of a shielded groupDuring the lockdowns I lived with someone who was | [ ] [ ]  | YesYes | [ ] [ ]  | NoNo |
|  | part of a shielded group |  |  |  |  |
| **A3.** | During the lockdowns I was self isolating | [ ]  | Yes | [ ]  | No |
| **A4**. | I live alone | [ ]  | Yes | [ ]  | No |
| **A5.** | Have you taken on additional caring responsibilities or started looking after someone during the last year? | [ ]  | Yes | [ ]  | No |

# Your experiences during lockdown

**B1.** How have you been accessing information and updates about the latest lockdown? (Select any that apply)

[ ]  TV news [ ]  National newspaper [ ]  Radio

[ ]  Local newspaper [ ]  Via friends/family [ ]  Online

[ ]  Via your care worker [ ]  I don’t recieve regular information

[ ]  Other, please state:

**B2.** What do you think could be done to improve communication regarding Covid-19 and the current lockdown in Wales?

**B3.** What have been your positive experiences during the current lockdown?

[ ]  Help from family/ friends [ ]  Help from local community/ local council

[ ]  Improved quality of life [ ]  More time

[ ]  Less pressure [ ]  Other, please state:

### Please explain:

**B4.** What have been the challenging experiences for you during the current lockdown? (Tick all that apply)

[ ]  Not seeing family/ friends [ ]  Caring for a spouse/ friend/ relative

[ ]  Bereavement or grief [ ]  Loneliness

[ ]  Impact on emotional health [ ]  Impact on physical health

[ ]  Accessing food [ ]  Accessing prescriptions

[ ]  Cost of living [ ]  Exercising individual rights

[ ]  Transport [ ]  Scams or abuse

[ ]  Access to cash [ ]  Other, please state:

**B5.** What has been your experience of accessing health or social care during the current lockdown?

**B6.** What impact have your experiences during lockdown had on you?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| [ ]  | Very positive | [ ]  | Postive | [ ]  Managed |
| [ ]  | Negative | [ ]  | Very negative |  |

# Moving out of Lockdown

**C1.** What are you looking forward to as the current lockdown eases? (Tick all that apply)

[ ]  Seeing family/ friends [ ]  Having a haircut

[ ]  Going out [ ]  Podiatry, other similar appointments

[ ]  Shopping [ ]  Travel

[ ]  Help with gardening [ ]  House maintenance

[ ]  Other, please state:

**C2.** As we move out of this lockdown what do you see as likely to be most challenging for you?

**C3.** What would support you to engage with your local community as lockdown eases?

**C4.** What one change would you like to make in terms of getting back to normal?

**C. About you** (Please tick as appropriate)

|  |  |  |
| --- | --- | --- |
| **E1.** | I live in: |  |
|  | [ ]  Blaenau Gwent | [ ]  | Bridgend | [ ]  | Caerphilly |
|  | [ ]  Cardiff | [ ]  | Carmarthenshire | [ ]  | Ceredigion |
|  | [ ]  Conwy | [ ]  | Denbighshire | [ ]  | Flintshire |
|  | [ ]  Gwynedd | [ ]  | Isle of Anglesey | [ ]  | Merthyr Tydfil |
|  | [ ]  Monmouthshire | [ ]  | Neath Port Talbot | [ ]  | Newport |
|  | [ ]  Pembrokeshire | [ ]  | Powys |  |  |
|  | [ ]  Rhondda Cynon Taff | [ ]  | Swansea | [ ]  | Torfaen |
|  | [ ]  Vale of Glamorgan | [ ]  | Wrexham |  |  |
| **E2.** | I describe my ethnicity as: |  |  |  |  |
|  | **White** |  |  |  |  |
|  | [ ]  English/ Welsh/ Scottish Northern Irish/ British | [ ]  | Irish |  |  |
|  | [ ]  Gypsy or Irish Traveller | [ ]  | Any other White background |  |  |

### Asian/ Asian British

[ ]  Indian [ ]  Pakistani

[ ]  Bangladeshi [ ]  Chinese

[ ]  Any other Asian background

### Black/ African/ Caribbean/ Black British

[ ]  African [ ]  Caribbean

[ ]  Any other Black/ African/ Caribbean background

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Other Ethnic Group**[ ]  Arab | [ ]  | Any other Ethnic group |
| **E3.** | I am:[ ]  Male | [ ]  | Female [ ]  Transgender |

[ ]  Prefer not to say [ ]  Other, please state:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **E4.** | I am aged:[ ]  50-54 | [ ]  | 55-59 | [ ]  | 60-64 | [ ]  65-69 |
|  | [ ]  70-74 | [ ]  | 75-79 | [ ]  | 80-84 | [ ]  85-89 |
|  | [ ]  90-94 | [ ]  | 95-99 | [ ]  | 100 or Over |  |

**E5.** I am:

[ ]  Bisexual [ ]  Gay man [ ]  Lesbian/ Gay woman

[ ]  Heterosexual [ ]  Prefer not to say [ ]  Other, please state:

**E6.** Do you consider yourself to have a disability according to the terms given in the Equality Act 2010?

[ ]  Yes [ ]  No

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long-term adverse effect on the person’s ability to carry out normal day-to-day activities.

Please return the completed survey form to

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East

Moors Road, Cardiff CF24 5TD or by email to enquiries@agecymru.org.uk

### If you need any further support please contact:

**Age Cymru Advice:** 08000 223 444 **C.A.L.L:**

0800 132 737

**Cruse:**

0808 808 1677

**Hourglass Cymru:**

0808 808 8141

**Samaritans:**

116 123

**Silverline:**

0808 4 70 80 90

### Your details will be kept on a secure database and we will not share your details with any organisations unless required by law.

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