Experiences of people aged 50 or over in



Wales during the current Covid-19 lockdown

## This survey is a follow up to the survey we undertook in Summer 2020 for people



aged 50 or over across Wales, and is being undertaken by key organisations that represent older people.

## It is important that Welsh Government and others hear from older people about their experiences of the lockdown and the impact that this has made on them.

This survey will take **15 minutes** to complete. Your response is anonymous.

**Thank you for your support in completing this survey.**

1. **Lockdown**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **A1.**  **A2.** | During the lockdowns I was part of a shielded group  During the lockdowns I lived with someone who was |  | Yes  Yes |  | No  No |
|  | part of a shielded group |  |  |  |  |
| **A3.** | During the lockdowns I was self isolating |  | Yes |  | No |
| **A4**. | I live alone |  | Yes |  | No |
| **A5.** | Have you taken on additional caring responsibilities or started looking after someone during the last year? |  | Yes |  | No |

# Your experiences during lockdown

**B1.** How have you been accessing information and updates about the latest lockdown? (Select any that apply)

TV news  National newspaper  Radio

Local newspaper  Via friends/family  Online

Via your care worker  I don’t recieve regular information

Other, please state:

**B2.** What do you think could be done to improve communication regarding Covid-19 and the current lockdown in Wales?

**B3.** What have been your positive experiences during the current lockdown?

Help from family/ friends  Help from local community/ local council

Improved quality of life  More time

Less pressure  Other, please state:

### Please explain:

**B4.** What have been the challenging experiences for you during the current lockdown? (Tick all that apply)

Not seeing family/ friends  Caring for a spouse/ friend/ relative

Bereavement or grief  Loneliness

Impact on emotional health  Impact on physical health

Accessing food  Accessing prescriptions

Cost of living  Exercising individual rights

Transport  Scams or abuse

Access to cash  Other, please state:

**B5.** What has been your experience of accessing health or social care during the current lockdown?

**B6.** What impact have your experiences during lockdown had on you?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Very positive |  | Postive | Managed |
|  | Negative |  | Very negative |  |

# Moving out of Lockdown

**C1.** What are you looking forward to as the current lockdown eases? (Tick all that apply)

Seeing family/ friends  Having a haircut

Going out  Podiatry, other similar appointments

Shopping  Travel

Help with gardening  House maintenance

Other, please state:

**C2.** As we move out of this lockdown what do you see as likely to be most challenging for you?

**C3.** What would support you to engage with your local community as lockdown eases?

**C4.** What one change would you like to make in terms of getting back to normal?

**C. About you** (Please tick as appropriate)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **E1.** | I live in: |  | | | |
|  | Blaenau Gwent |  | Bridgend |  | Caerphilly |
|  | Cardiff |  | Carmarthenshire |  | Ceredigion |
|  | Conwy |  | Denbighshire |  | Flintshire |
|  | Gwynedd |  | Isle of Anglesey |  | Merthyr Tydfil |
|  | Monmouthshire |  | Neath Port Talbot |  | Newport |
|  | Pembrokeshire |  | Powys |  |  |
|  | Rhondda Cynon Taff |  | Swansea |  | Torfaen |
|  | Vale of Glamorgan |  | Wrexham |  |  |
| **E2.** | I describe my ethnicity as: |  |  |  |  |
|  | **White** |  |  |  |  |
|  | English/ Welsh/ Scottish Northern Irish/ British |  | Irish |  |  |
|  | Gypsy or Irish Traveller |  | Any other White background |  |  |

### Asian/ Asian British

Indian  Pakistani

Bangladeshi  Chinese

Any other Asian background

### Black/ African/ Caribbean/ Black British

African  Caribbean

Any other Black/ African/ Caribbean background

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Other Ethnic Group**  Arab |  | Any other Ethnic group |
| **E3.** | I am:  Male |  | Female  Transgender |

Prefer not to say  Other, please state:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **E4.** | I am aged:  50-54 |  | 55-59 |  | 60-64 | 65-69 |
|  | 70-74 |  | 75-79 |  | 80-84 | 85-89 |
|  | 90-94 |  | 95-99 |  | 100 or Over |  |

**E5.** I am:

Bisexual  Gay man  Lesbian/ Gay woman

Heterosexual  Prefer not to say  Other, please state:

**E6.** Do you consider yourself to have a disability according to the terms given in the Equality Act 2010?

Yes  No

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long-term adverse effect on the person’s ability to carry out normal day-to-day activities.

Please return the completed survey form to

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East

Moors Road, Cardiff CF24 5TD or by email to [enquiries@agecymru.org.uk](mailto:enquiries@agecymru.org.uk)

### If you need any further support please contact:

**Age Cymru Advice:** 08000 223 444 **C.A.L.L:**

0800 132 737

**Cruse:**

0808 808 1677

**Hourglass Cymru:**

0808 808 8141

**Samaritans:**



116 123

**Silverline:**

0808 4 70 80 90

### Your details will be kept on a secure database and we will not share your details with any organisations unless required by law.

Age Cymru is a registered charity 1128436. Company limited by guarantee and registered in Wales and England 6837284. Registered office address Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD. © Age Cymru 2021