

- **Are you aged 50 or over and live in Wales?**
- **Do you look after, or give any unpaid help or support to family members, friends, neighbours or others because of long-term physical or mental ill-health or disability, or problems related to older age?**
- **Are you currently not accessing any formal support or services to help you in your role looking after someone/giving unpaid support?**

If you answered **Yes** to all the questions above, please help us by completing our questionnaire.

You can complete our questionnaire at www.agecymru.org.uk/carerssurvey or contact us for a paper version which can be sent back to us free of charge.

Or if you prefer you can talk to us about your experiences. We can also provide you with information and signposting information to support you as part of this conversation.

Contact us

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luke.conlon@agecymru.org.uk
07989 152529
www.agecymru.org.uk/carers

Your feedback will help us to build a picture and understanding of the needs of older people in Wales who look after someone in an unpaid role and aren't accessing support or services, and develop support in response.

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Age Cymru and Carers Trust Wales are working in partnership to develop person-centred service models to identify, and better meet the needs of older carers and carers of people living with dementia, funded by the Welsh Government Sustainable Social Services Third Sector Grant.