# Together, let's change, how we age.



As a brand partner of the wider Age UK network, we are proud to deliver a range of needs led services in the community to support older people to improve and sustain their quality of life.

#### What we do:

- At Home Support
- Financial Inclusion Services
- Health & Wellbeing Services
- Information & Advice
- Social Inclusion Activities & Events
- Volunteering Opportunities

# **Contact us**

#### Herefordshire

- 0333 0066 299
- contact@ageukwyvern.org

## Malvern Hills | Worcester | Wychavon

- 🖰 01684 560666 | 01905 724294
- info@ageukwyvern.org

#### Website

💮 www.ageukwyvern.org

Age UK Worcester, Malvern Hills & Hereford Localities, trading as Age UK Wyvern, is a registered charity (1114859) and company limited by guarantee, registered in England and Wales (05688674). Head office: Bank House, 7 Shaw Street, Worcester, WR1 3QQ.





# Community Befriender Volunteer



# Age UK Wyvern

v2.20250125

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## Volunteer with Age UK Wyvern and help us support older people across Herefordshire & South Worcestershire.

### Purpose of this voluntary role

1.2 million older people across the UK often feel lonely or isolated at home. We aim to connect people together to alleviate loneliness in Herefordshire & South Worcestershire and provide a crucial link to the outside world.

### Main activities of the voluntary role

As a Community Befriender, you will be providing much needed companionship for isolated or bereaved older people; providing a crucial link to the outside world. It is important that our clients receive this support and encouragement, to help them develop confidence and new relationships.

#### Tasks include, but not limited to:

- Visit clients regularly at home, for at least an hour per fortnight
- Participate in telephone befriending in-between home visiting
- Accompany an older person to social activities or other social outings (optional)
- Liaise with our befriending coordinator

#### **Experience**

You do not need to have any prior experience for this role.

#### As a Community Befriender you should have:

- Good communication skills
- Empathy and patience
- A caring and polite attitude
- The ability to work as an individual

## Benefits of volunteering with us

- Learn new skills and develop existing ones
- Develop your confidence and gain experience of the workplace
- Reimbursement of reasonable travel costs incurred
- Ongoing support and training where relevant
- Become part of our wider volunteer network to support our cause

