

please send us your hats

Tell us a bit about yourself, then tear this out and pop it in an envelope, along with your hats.

what's your name:

what's your address:

how long have you been knitting for:

how many hats did you make:

Then send them all through by **31st July 2017:**

The Big Knit
Age UK
Fruit Towers
Canal Building
342 Ladbroke Grove
London W10 5BU

or alternatively drop them into your local Age UK or shop:



 tastes good, does good

last year the Big Knit raised **£200,000** which could fund...

20,000 calls answered to the Age UK Advice Line and **10,000** emergency Winter Warmth packs provided for older people during a cold snap. Or **40,000** calls answered to the Age UK Advice Line from an older person with nowhere to turn.



thanks for helping us raise a smile like this

we'd love your help, so please dust off those needles, send us your hats and help keep older people warm and well in winter

it's the **BIGGEST** Big Knit ever

cool hats, warm hearts



pure fruit smoothie



hello

We hope you're reading this in your favourite comfy chair, as you get ready to knit some little hats that make a big difference.

For every smoothie bottle we sell with a little hat, 25p goes to Age UK (or 30c to Age Action in Ireland) to help older people stay warm and well through winter. The colder months can be especially difficult for a lot of people.

But together, we can help.

Thanks to knitters like you, we've raised over £1.9 million so far.

That's £1.9 million going towards vital bits like blankets, heaters and warm clothing for older people when they need it most. And it's knitters like you who make this all possible. Together, let's make this year the biggest Big Knit ever.

Every little hat matters, so even if you've only got time to knit one or two, we'd massively appreciate it. They'll all add up to making a big difference.

Please remember to send in your hats by 31st July 2017 and keep a look out for smoothies wearing little hats in stores from October 2017.

Thanks again for getting involved and helping us to make this the biggest Big Knit ever.

love from innocent x



you'll need this stuff:



and here's a couple of exercises to limber you up:

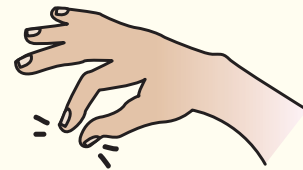


Grip 'n' squeeze

1. Grab your ball of wool.
2. Squeeze it 10 times.
3. And relax.

1,2,3,4.

1. Starting with your index finger, tap each finger in turn against your thumb until you get to your little finger.
2. Then reverse it.
3. Get ready for some power knitting.



Visit www.bigknit.co.uk/join-in for even more hat patterns.

Knitting partner:
deramores
age UK

Age UK is a registered charity
No.1128267

sheriff's hat by Kim Tanner

Some dark brown wool, some light brown wool. A pair of 4mm knitting needles, a yarn needle, a pair of scissors and a small, star shaped bead

for the main hat:

Cast on 28 sts using dark brown wool (A)

Row 1: Knit

Row 2: Purl

Change to the light brown wool (B)

Rows 3-12: Work a further 10 rows in stocking stich starting with a knit row

Row 13: (K2tog) repeat to end (14 sts)

Row 14: (P2tog) repeat to end (7 sts)

Break yarn and pull through the remaining stitches.

for the brim of the hat:

Cast on 51 sts using light brown (B)

Rows 1-4: Work 4 rows in stocking stitch starting with a knit row

Row 5: (K1, K2tog) repeat to end (34 sts)

Row 6: (K1, K2tog) repeat to last sts, K1 (23 sts)

Cast off loosely.

to finish up

sew to cast off edge of the brim to the cast on end of the hat

sew along to seam to join and make the hat

push down the centre of the hat to create peaks on either side at the top

secure each side of on the peaks with a small stitch to keep in place

fold up the right and left sides of the brim to create the shaping of the cowboy hat, again secure in place with a small stitch

sew in all loose ends

attached a small star to the front of the hat.

abbreviations

K = Knit, K2tog = Knit 2 stitches together, st(s) = stitch(es), P = Purl, rep = repeat, RS = Right Side of work, WS = Wrong Side of work

