

Bright Days Programme

1st of September - 30th of November 2024

Monday

- 10:30am - 11:30am Walking Football* Howe Bridge Leisure Centre, M46 0PJ
- 11 am- 12:30 pm Soup and Sandwich, Shevington Methodist Church, WN6 8EA
- Music in Mind (Starting October, contact us for more information)

Tuesday

- 10 am - 12 pm Bright Days Social Morning, Grosvenor Court, Orrell Road, Wigan, WN5 8HD.
- 1 pm - 2 pm Telephone Quiz Group.
- 6:30 pm - 7:30 pm Walking Football* Newbridge High School, Platt Bridge, WN2 3TL.

Wednesday

- 10:15 am - 12 pm Silver Choir, Independent Methodist Church, Hindley, WN2 3PN (Term time only)
- 1 pm - 3 pm Jamming Session (Popular Music) Wigan Stars, Hallgate House, Frank Street, Wigan, WN1 1HP
- Ping Pong Parkinson's (Starting October, contact us for more information)

Thursday

- 10 am - 11:30 am Hindley Ukulele Group, Independent Methodist Church, Hindley, WN2 3PN.
- 7 pm- 8 pm Women's Walking Football* Atherton High School, M46 0AY.

Friday

- 10:30 am -11:30 am Walking Football* Howe Bridge Leisure Centre, M46 0PJ.
- 1 pm - 2 pm Bingo Hesketh Manor, Bullough St, Atherton, M46 0DL.
- 2 pm - 4 pm Beginners Dancing (Dance & Chat). St Josephs Hall (Mather Room) , Mather Lane, Leigh WN7 2PR.



*In partnership with Be Well at Wigan Council

Contact Us - 01942 615880

www.ageukwiganborough.org.uk

