



Volunteer Role Description



Men's Group Facilitator

Introduction

Age UK West Sussex, Brighton and Hove enable older people to Love Later Life. Our aims are to promote the wellbeing of all older people; to make later life a fulfilling and enjoyable experience and to enable people to flourish.

Responsible to:

Sara Smart (Senior Community Developer) - Age UK West Sussex, Brighton and Hove

Based at:

A venue in Mid Sussex to be confirmed

Key responsibilities:

To Facilitate a small group of men in a small friendly pub to meet up in a laid-back informal environment, The group can be shaped to the needs of the client group and can be run as is convenient to the facilitator which could be weekly, fortnightly or monthly. For up to 2hours. Clients can buy their own drinks as needed from the venue.



Role requirements:

- Due to the Specific type of group, ideally, we would like a Male to facilitate
- Friendly
- Fun
- Enjoy meeting people and supporting them to love later life

How will we support you

You will be provided with induction training and be shown how to work to guidelines to be sure you are confident and able to carry out your volunteer role. Induction training will cover an introduction to Age UK West Sussex Brighton & Hove and its' services, policies and procedures. All relevant training will be free to volunteers. You will receive on-going support and training to carry out your role effectively and be able to enjoy doing so with confidence.

What will you get out of volunteering for Age UK West Sussex, Brighton & Hove

Meeting others, having fun and a sense of fulfilment. If you are looking for a job we can give you some experience whether you have worked in this setting before or not. We will train you so you will gain knowledge of working in a charity sector and that will help you in your search for a job. We can also give you a written reference.

Volunteer Agreement

I have read and understood the above Ro	le Description	and would li	ke to become	э а
volunteer for this service.				

Signature	 	 	
Date	 	 	