

## Volunteer role Description



### Activity Session Volunteer at Kings Weald

#### Introduction

Age UK West Sussex, Brighton and Hove enable older people to Love Later Life. Our aims are to promote the wellbeing of all older people; to make later life a fulfilling and enjoyable experience and to enable people to flourish.

**Responsible to: Paula Sweeney & Elaine Wolvey (Centre Coordinators)**  
**Based at: Kings Weald Community Centre, Wyvern Way, Burgess Hill, RH15 0GB**

**When: Every Friday from 11am to 1pm**

#### The service

Supporting with setting up the room with tables & games for clients at Kings Weald

#### Role requirements:

- Able to move furniture
- Chat to residents
- Play games with them and encourage participation
- Set up and clear away
- To complete some online training
- An active DBS (we pay for this if needed)



## How will we support you

You will be provided with induction training and be shown how to work to guidelines to be sure you are confident and able to carry out your volunteer role. Induction training will cover an introduction to Age UK West Sussex Brighton & Hove and its' services, policies and procedures. All relevant training will be free to volunteers. You will receive on-going support and training to carry out your role effectively and be able to enjoy doing so with confidence. We also pay reasonable travel expenses.

## What will you get out of volunteering for Age UK West Sussex, Brighton & Hove

Meeting others, having fun and a sense of fulfilment. If you are looking for a job we can give you some experience whether you have worked in this setting before or not. We will train you so you will gain knowledge of working in a charity sector and that will help you in your search for a job. We can also give you a written reference.

## Volunteer Agreement

I have read and understood the above Role Description and would like to become a volunteer for this service.

Name.....

Signature.....

Date.....