

JUNE 2024

MID SUSSEX NEWSLETTER

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WELCOME

Welcome to the June Newsletter! There is lots happening this month as you will see below, so please remember to book for activities, lunches, and events in advance so not to miss out.

To book a space for any activity or lunch please speak to someone at reception or call the centre on **01444 450248**.

CURLING AFTERNOON

Come and join us for curling in the café on **Tuesday 4th 1.30pm - 3.00pm**. Cost £4.50, includes a tea/coffee.

SPECIAL EVENT FOR D-DAY

We will be holding an event to commemorate D-Day on **Friday 7th June 10.30am – 1.30pm** there will be a quiz followed by sandwiches and a cream tea and entertainment from Natalie, Dave and Sue. Cost £10.00

MUSICAL BINGO AFTERNOON

Come and have some fun and a laugh at our 60's Musical Bingo event which will be held on **Tuesday 11th June** in the Café at Lamb House from **1.30pm – 3.00pm**. Cost £4.00 includes a Tea/Coffee.

SPEAKER'S CORNER - Free to attend.

On **Thursday 13th June** Jodie from The Dogs Trust will be here to give a talk exploring the work of the Dogs Trust, she may even have her dog Mika visiting too. Starts at **1.30pm - 3.00 pm**.

Tea/coffee and cake available to purchase.

MOVIE AFTERNOON

Our next movie afternoon is on **Tuesday 18th June 1.30 – 3.45pm**. We will be showing **Mamma Mia**. Bride to be Sophie (Amanda Seyfried) is on a quest to find her father before her big day. There is just one problem...she's just not sure who he is.

£5.50 includes tea/coffee and cake.

KNIT AND NATTER GROUP

Heather Farrant will be here on **Tuesday 18th June 10.00am – 12.00pm** to chat to the group regarding a new project to help with items to send to the Ukraine.

BINGO AND FISH AND CHIPS SUPPER

On **Wednesday 19th June** we have our popular bingo, fish, and chip supper evening at the centre with prizes to be won. **4.00pm - 6.00pm**. Cost £13.50 includes the bingo, fish and chips and a tea/coffee. See Emily or a member of the reception team to book a space.

CENTRE CLOSED

The centre will be closed on **Thursday 20th June** due to our staff conference. The centre will be back open as usual on **Friday 21st June**.

MID SUMMERS PARTY

It's party time again, with Summer hopefully now upon us, celebrate with us at our Mid Summers Party on **Thursday 27th June 10.30am – 1.30pm**. There will be a quiz and a raffle followed by a 2-course lunch and entertainment with Clare Jarvis.

DIGITAL SUPPORT GROUPS

Sky will be running another Digital Support Group on **Friday 28th June**, the session will run from **10.00am - 12.00 noon** in the Café at Lamb House. Please bring your device (Mobile phones, Tablets etc.) with you to the session. To help us with numbers please book with Emily in the office or call 01444 450248.

IPAD MINI LOAN SCHEME

If you want to get online and don't know where to start Sky has given us 5 iPad minis to loan out to help you get online. Through this loan scheme, you will be receiving an iPad mini with 6 months' worth of free internet. Sky will be here to get you started and set up. At the end of the loan if you want to continue your journey online, we want to help, and can support you to purchase the equipment from us or support you to apply for a grant. This will enable you to purchase your equipment for good.

UPCOMING IN JULY

- **Tuesday 2nd Curling 1.30 pm – 3.00 pm** in the café. Cost £4.00.
- **Thursday 4th Speakers Corner 1.30pm -3.00pm** – Therapy Dogs and the volunteers will be visiting – Free
- **Friday 5th JJ Fashions 10.00am – 12.00pm** in the cafe
- **Tuesday 9th 80's Musical Bingo 1.30 pm – 3.00 pm** in the café. Cost £4.50.
- **Thursday 11th Speakers Corner 1.30 pm – 3.00 pm** Elaina from Wakehurst Place will be here to give a talk on a variety of plant subjects.
- **Tuesday 16th Movie Afternoon 1.30 pm – 3.45 pm** We will be showing Mama Mia Here we go again, the follow up from last month. Cost £5.50.
- **Thursday 18th Speakers Corner 1.30pm – 3.00pm** West Sussex Fire and Rescue Operational Crew will be here to give a talk on fire safety in your homes.
- **Tuesday 23rd Beach Party 10.30am – 1.30pm** games followed by a 2-course lunch and entertainment from Clare Jarvis. Cost £15.50.
- **Wednesday 24th Bingo and Fish and Chips 4.00pm – 6.00pm** Cost. £13.50.
- **Thursday 25th Speakers Corner 1.30pm – 3.00pm** Mid Downs Hospital Radio will be here to give a talk on the history of hospital radio throughout the years.
- **Friday 26th Digital Support Session from Sky 10.00 am – 12.00 pm**. Bring along your devices.

CLASS CARD

Great News! If you sign up and pay for 6 classes, you will get the 7th free. The class card has an expiry date of 3 months. For further information and to sign up please speak to a member of the reception team or call 01444 450248