

Join us!

NEW
Memory Cafes



Join our new Memory Cafes running monthly in Hurstpierpoint and Hassocks, generously supported by Sussex Vale Rotary and Hurstpierpoint & Sayers Common Parish Council.

These sessions are for anyone with memory problems/dementia and their family member or carer.

Join us at:

Court Buses Community Centre, Hurstpierpoint, BN6 9TH on the 1st Tuesday of the month.

01.10.24

05.11.24

03.12.24

And at **Adastra Hall**, Hassocks, BN6 8QH on the 3rd Wednesday of the month.

16.10.24

20.11.24

18.12.24



Refreshments will be provided for a small donation.

To find out more please call 01444 450248 or email midsussex@ageukwsbh.org.uk