

Welcome to Brighton's Age UK Hub

Your one-stop information & advice hub

Pop in and see us weekdays 9.30am - 4pm



Visit the Hub!

Your one-stop destination for everything from money advice and fitness tips to staying safe from scams and more!

Information & Advice Cost of Living Support

Help at Home Care at Home Service

Dementia Support & Advice Crisis Support

Wellbeing Services Volunteer Opportunities

With the cost of living on everyone's mind, we're here to help. Find out if you're eligible for more support with a benefits check and receive warm home advice to ensure you and your loved ones stay warm and healthy this winter. Don't wait – pop in and see us to make the most of the support available to you!







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- www.ageukwsbh.org.uk
- **2** 0800 019 1310

