

Age UK Wandsworth – Community Engagement Activities – March 2025

Mon 03 Mar	10:30 – 12:00	Digital Inclusion Programme	Northcote Road Library
Mon 03 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 04 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 04 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 05 Mar	10:30 – 12:00	Coffee Morning / Scams Talk Info Session	Gwynneth Morgan Day Centre
Wed 05 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 05 Mar	13:30 – 15:00	Digital Inclusion Programme	Wandsworth Town Library
Wed 05 Mar	13:30 – 15:00	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 06 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 06 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 06 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 07 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 10 Mar	11:00 – 13:00	Music, Melody & Memories Music Group	Gwynneth Morgan Day Centre
Tue 11 Mar	10:30 – 12:00	Digital Inclusion Programme	Tooting Library
Tue 11 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 11 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 12 Mar	10:30 – 12:00	Coffee Morning / Stroke Association Info Session	Gwynneth Morgan Day Centre
Wed 12 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 12 Mar	13:30 – 15:00	Digital Inclusion Programme	Balham Library
Wed 12 Mar	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 13 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 13 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 13 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 14 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 17 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 18 Mar	10:30 – 12:00	Digital Inclusion Programme	Battersea Park Library
Tue 18 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 18 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 19 Mar	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 19 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 19 Mar	13:30 – 15:00	Digital Inclusion Programme	Putney Library
Wed 19 Mar	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 20 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 20 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 20 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 21 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 24 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 25 Mar	11:00 – 12:30	LGBTQ+ Coffee Morning [PLEASE BOOK]	Avery Care Home
Tue 25 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 25 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 26 Mar	10:30 – 12:00	Digital Inclusion Programme	Southfields Library
Wed 26 Mar	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 26 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 26 Mar	13:30 – 15:00	Digital Inclusion Programme	Roehampton Library

Wed 26 Mar	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 27 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 27 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 27 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 28 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 31 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre

Please book in advance to attend the following sessions:

- **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth on 020 3751 1764
- **Foodie Fridays** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- For all **general enquiries** please call 020 8877 8947 or visit our website www.ageuk.org.uk/wandsworth