



## Age UK Wandsworth - Community Engagement Activities - March 2025

Mon 03 Mar	10:30 – 12:00	Digital Inclusion Programme	Northcote Road Library
Mon 03 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 04 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 04 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 05 Mar	10:30 – 12:00	Coffee Morning / Scams Talk Info Session	Gwynneth Morgan Day Centre
Wed 05 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 05 Mar	13:30 – 15:00	Digital Inclusion Programme	Wandsworth Town Library
Wed 05 Mar	13:30 – 15:00	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 06 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 06 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 06 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 07 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre
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Mon 10 Mar	11:00 – 13:00	Music, Melody & Memories Music Group	Gwynneth Morgan Day Centre
Tue 11 Mar	10:30 – 12:00	Digital Inclusion Programme	Tooting Library
Tue 11 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 11 Mar	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 12 Mar	10:30 – 12:00	Coffee Morning / Stroke Association Info Session	Gwynneth Morgan Day Centre
Wed 12 Mar	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 12 Mar	13:30 – 15:00	Digital Inclusion Programme	Balham Library
Wed 12 Mar	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 13 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 13 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 13 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 14 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre
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Mon 17 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 18 Mar	10:30 – 12:00	Digital Inclusion Programme	Battersea Park Library
Tue 18 Mar	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 18 Mar	10.00 11.00		
rao ro i iai	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
	10:30 – 14:30 10:30 – 12:00	BlindAid Cookery Group [FULLY BOOKED] Coffee Morning	Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre
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Wed 19 Mar Wed 19 Mar	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar	10:30 – 12:00 10:30 – 15:00	Coffee Morning Roehampton Community Shed	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar	10:30 – 12:00 10:30 – 15:00 13:30 – 15:00	Coffee Morning Roehampton Community Shed Digital Inclusion Programme	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar	10:30 – 12:00 10:30 – 15:00 13:30 – 15:00 13:30 – 14:30	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar	10:30 – 12:00 10:30 – 15:00 13:30 – 15:00 13:30 – 14:30 10:30 – 12:00	Coffee Morning  Roehampton Community Shed  Digital Inclusion Programme  Brighter Together [FULLY BOOKED]  Digital Inclusion Programme	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar	10:30 – 12:00 10:30 – 15:00 13:30 – 15:00 13:30 – 14:30 10:30 – 12:00 11:30 – 14:30 14:00 – 15:30	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED] Active Afternoons – activities and games	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar	10:30 – 12:00 10:30 – 15:00 13:30 – 15:00 13:30 – 14:30 10:30 – 12:00 11:30 – 14:30 14:00 – 15:30	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED] Active Afternoons – activities and games	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30 14:00 - 15:30 11:30 - 13:30	Coffee Morning  Roehampton Community Shed  Digital Inclusion Programme  Brighter Together [FULLY BOOKED]  Digital Inclusion Programme  BlindAid Cookery Group [FULLY BOOKED]  Active Afternoons – activities and games  Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar Thu 21 Mar Fri 21 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30 14:00 - 15:30 11:30 - 13:30	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED] Active Afternoons – activities and games Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre
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Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar Thu 21 Mar Fri 21 Mar Mon 24 Mar Tue 25 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30 14:00 - 15:30 11:00 - 13:00 11:00 - 12:30 11:00 - 13:00	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED] Active Afternoons – activities and games Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]  Ready, Sit, Go! Seated Exercise Class LGBTQ+ Coffee Morning [PLEASE BOOK] Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre Avery Care Home Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar True 25 Mar Tue 25 Mar Tue 25 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30 14:00 - 15:30 11:30 - 13:30 11:00 - 12:30 11:00 - 13:00 13:30 - 14:30	Coffee Morning Roehampton Community Shed  Digital Inclusion Programme Brighter Together [FULLY BOOKED]  Digital Inclusion Programme  BlindAid Cookery Group [FULLY BOOKED]  Active Afternoons – activities and games Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]  Ready, Sit, Go! Seated Exercise Class  LGBTQ+ Coffee Morning [PLEASE BOOK]  Dance to Health [FULLY BOOKED]  BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre Avery Care Home Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre
Wed 19 Mar Wed 19 Mar Wed 19 Mar Wed 19 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar Thu 20 Mar True 25 Mar Tue 25 Mar Tue 25 Mar Wed 26 Mar	10:30 - 12:00 10:30 - 15:00 13:30 - 15:00 13:30 - 14:30 10:30 - 12:00 11:30 - 14:30 14:00 - 15:30 11:30 - 13:30 11:00 - 13:00 11:00 - 13:00 13:30 - 14:30 10:30 - 12:00	Coffee Morning Roehampton Community Shed Digital Inclusion Programme Brighter Together [FULLY BOOKED] Digital Inclusion Programme BlindAid Cookery Group [FULLY BOOKED] Active Afternoons – activities and games Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]  Ready, Sit, Go! Seated Exercise Class LGBTQ+ Coffee Morning [PLEASE BOOK] Dance to Health [FULLY BOOKED] BlindAid Cookery Group [FULLY BOOKED] Digital Inclusion Programme	Gwynneth Morgan Day Centre 5 Portswood Place, Roehampton Putney Library Gwynneth Morgan Day Centre Avery Care Home Gwynneth Morgan Day Centre Gwynneth Morgan Day Centre Southfields Library

Thu 27 Mar 10:30 – 12:00 Digital Inclusion Programme Gwynneth Morgan Day Centre  Thu 27 Mar 11:30 – 14:30 BlindAid Cookery Group [FULLY BOOKED] Gwynneth Morgan Day Centre  Thu 27 Mar 14:00 – 15:30 Active Afternoons – activities and games Gwynneth Morgan Day Centre  Fri 28 Mar 11:30 – 13:30 Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] Gwynneth Morgan Day Centre	Wed 26 Mar	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 27 Mar 14:00 – 15:30 Active Afternoons – activities and games Gwynneth Morgan Day Centre	Thu 27 Mar	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
	Thu 27 Mar	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Fri 28 Mar 11:30 – 13:30 Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] Gwynneth Morgan Day Centre	Thu 27 Mar	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
	Fri 28 Mar	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 31 Mar	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
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## Please book in advance to attend the following sessions:

- Ready, Sit, Go! seated exercise please email us at <u>outreach@ageukwandsworth.org.uk</u> or call us on 020 8877 8947
- LGBTQ+ Coffee Mornings please call Avery Care Home Wandsworth on 020 3751 1764
- **Foodie Fridays** please email us at <u>outreach@ageukwandsworth.org.uk</u> or call us on 020 8877 8947
- For all **general enquiries** please call 020 8877 8947 or visit our website www.ageuk.org.uk/wandsworth