

### Age UK Wandsworth – Community Engagement Activities – January 2025

Mon 06 Jan	10:30 – 12:00	Digital Inclusion Programme	Northcote Road Library
Mon 06 Jan	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 07 Jan	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 07 Jan	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 08 Jan	10:30 – 12:00	AUKW Coffee Morning – Community Policing Team	Gwynneth Morgan Day Centre
Wed 08 Jan	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 08 Jan	13:30 – 15:00	Digital Inclusion Programme	Wandsworth Town Library
Thu 09 Jan	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 09 Jan	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 09 Jan	14:00 – 15:30	Growing Older Together Gardening Group	Gwynneth Morgan Day Centre
Fri 10 Jan	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 13 Jan	11:00 – 13:00	Music, Melody & Memories Music Group	Gwynneth Morgan Day Centre
Tue 14 Jan	10:30 – 12:00	Digital Inclusion Programme	Tooting Library
Tue 14 Jan	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 14 Jan	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 15 Jan	10:30 – 12:00	AUKW Coffee Morning	Gwynneth Morgan Day Centre
Wed 15 Jan	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 15 Jan	13:30 – 15:00	Digital Inclusion Programme	Balham Library
Thu 16 Jan	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 16 Jan	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 16 Jan	14:00 – 15:30	Silver Strollers Walking Group	Gwynneth Morgan Day Centre
Fri 17 Jan	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 20 Jan	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 21 Jan	10:30 – 12:00	Digital Inclusion Programme	Battersea Park Library
Tue 21 Jan	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 21 Jan	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 22 Jan	10:30 – 12:00	AUKW Coffee Morning	Gwynneth Morgan Day Centre
Wed 22 Jan	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 22 Jan	13:30 – 15:00	Digital Inclusion Programme	Putney Library
Thu 23 Jan	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 23 Jan	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 23 Jan	14:00 – 15:30	Growing Older Together Gardening Group	Gwynneth Morgan Day Centre
Fri 24 Jan	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 27 Jan	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 28 Jan	11:00 – 12:30	LGBTQ+ Coffee Morning [PLEASE BOOK]	Avery Care Home
Tue 28 Jan	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 28 Jan	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 29 Jan	10:30 – 12:00	Digital Inclusion Programme	Southfields Library
Wed 29 Jan	10:30 – 12:00	AUKW Coffee Morning	Gwynneth Morgan Day Centre
Wed 29 Jan	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 29 Jan	13:30 – 15:00	Digital Inclusion Programme	Roehampton Library
Thu 30 Jan	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 30 Jan	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 30 Jan	14:00 – 15:30	Silver Strollers Walking Group	Gwynneth Morgan Day Centre
Fri 31 Jan	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre

**Please book in advance to attend the following sessions:**

- **Ready, Sit, Go! seated exercise** please email us at [outreach@ageukwandsworth.org.uk](mailto:outreach@ageukwandsworth.org.uk) or call us on 020 8187 1717
- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth on 020 3751 1764
- **Foodie Friday Group** please email us at [outreach@ageukwandsworth.org.uk](mailto:outreach@ageukwandsworth.org.uk) or call us on 020 8187 1717
- For all **general enquiries** please call 020 8877 8947 or visit our website [www.ageuk.org.uk/wandsworth](http://www.ageuk.org.uk/wandsworth)