

Age UK Wandsworth – Community Engagement Activities – February 2025

Mon 03 Feb	10:30 – 12:00	Digital Inclusion Programme	Northcote Road Library
Mon 03 Feb	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 04 Feb	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 04 Feb	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 05 Feb	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 05 Feb	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 05 Feb	13:30 – 15:00	Digital Inclusion Programme	Wandsworth Town Library
Thu 06 Feb	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 06 Feb	11:00 – 12:00	NHS App awareness raising session – [FULLY BOOKED]	Hindu Society
Thu 06 Feb	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 06 Feb	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 07 Feb	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 10 Feb	11:00 – 13:00	Music, Melody & Memories Music Group	Gwynneth Morgan Day Centre
Tue 11 Feb	10:30 – 12:00	Digital Inclusion Programme	Tooting Library
Tue 11 Feb	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 11 Feb	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 12 Feb	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 12 Feb	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 12 Feb	13:30 – 15:00	Digital Inclusion Programme	Balham Library
Thu 13 Feb	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 13 Feb	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 13 Feb	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 14 Feb	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 17 Feb	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 18 Feb	10:30 – 12:00	Digital Inclusion Programme	Battersea Park Library
Tue 18 Feb	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 18 Feb	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 19 Feb	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 19 Feb	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 19 Feb	13:30 – 15:00	Digital Inclusion Programme	Putney Library
Thu 20 Feb	10:30 – 12:00	NHS App awareness raising session	Gwynneth Morgan Day Centre
Thu 20 Feb	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 20 Feb	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 21 Feb	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 24 Feb	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class	Gwynneth Morgan Day Centre
Tue 25 Feb	11:00 – 12:30	LGBTQ+ Coffee Morning [PLEASE BOOK]	Avery Care Home
Tue 25 Feb	11:00 – 13:00	Dance to Health [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 25 Feb	13:30 – 14.30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 26 Feb	10:30 – 12:00	Digital Inclusion Programme	Southfields Library
Wed 26 Feb	10:30 – 12:00	Coffee Morning – Chelsea Pensioners' Visit	Gwynneth Morgan Day Centre
Wed 26 Feb	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 26 Feb	13:30 – 14:30	Brighter Together Project [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 26 Feb	13:30 – 15:00	Digital Inclusion Programme	Roehampton Library
Thu 27 Feb	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 27 Feb	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 27 Feb	14:00 – 15:30	Active Afternoons – activities and games	Gwynneth Morgan Day Centre
Fri 28 Feb	11:30 – 13:30	Foodie Friday Group [PLEASE BOOK]	Gwynneth Morgan Day Centre

Please book in advance to attend the following sessions:

- **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8187 1717
- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth on 020 3751 1764
- **Foodie Friday Group** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8187 1717
- For all **general enquiries** please call 020 8877 8947 or visit our website www.ageuk.org.uk/wandsworth