

Age UK Wandsworth – Community Engagement Activities - October 2024

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| Tue 01 Oct | 11:00 – 1:00 | Dance to Health [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 02 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 02 Oct | 10:30 – 3:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 02 Oct | 12:30 – 3:30 | Asian Women’s Association afternoon [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 02 Oct | 1.30 – 3.00 | Digital Inclusion Programme | Wandsworth Town Library |
| Wed 02 Oct | 1.30 – 3.00 | HARVEST FESTIVAL [BOOKING REQUIRED] | Gwynneth Morgan Day Centre |
| Thu 03 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 03 Oct | 2:00 – 3:30 | Growing Older Together Gardening Group | Gwynneth Morgan Day Centre |
| Fri 04 Oct | 10:30 – 12:00 | Play It Again! Coffee Morning | Gwynneth Morgan Day Centre |
| Mon 07 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Northcote Road Library |
| Mon 07 Oct | 11:00 – 1:00 | <i>Brighter Living Week</i> : Ready, Sit, Go! Seated Exercise Class | Gwynneth Morgan Day Centre |
| Tue 08 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Tooting Library |
| Tue 08 Oct | 11:00 – 1:00 | Dance to Health [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 09 Oct | 10:30 – 3:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 09 Oct | 10:30 – 12:00 | <i>Brighter Living Week</i> : Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 09 Oct | 10:30 – 12:00 | <i>Brighter Living Week</i> : Health Talk from Bowel Screening Service | Gwynneth Morgan Day Centre |
| Wed 09 Oct | 1:30 – 3:00 | Digital Inclusion Programme | Balham Library |
| Thu 10 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 10 Oct | 2:00 – 3:30 | <i>Brighter Living Week</i> : Silver Strollers Walking Group & Picnic | Gwynneth Morgan Day Centre |
| Fri 11 Oct | 10:30 – 12:00 | <i>Brighter Living Week</i> : Arts & Crafts Coffee Morning | Gwynneth Morgan Day Centre |
| Fri 11 Oct | 1:30 – 2:30 | <i>Brighter Living Week</i> : Ready, Sit, Go! Seated Exercise Class | Gwynneth Morgan Day Centre |
| Mon 14 Oct | 11:00 – 1:00 | Ready, Sit, Go! Seated Exercise Class | Gwynneth Morgan Day Centre |
| Mon 14 Oct | 11:00 – 12:30 | Older People’s Advisory Group [BY INVITATION] | Gwynneth Morgan Day Centre |
| Tue 15 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Battersea Park Library |
| Tue 15 Oct | 11:00 – 1:00 | Dance to Health [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 16 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 16 Oct | 10:45 – 11:15 | ‘Making it Up’ talk - AUKW volunteer and cosmetics designer | Gwynneth Morgan Day Centre |
| Wed 16 Oct | 11:00 – 12:30 | Introduction MacMillan Cancer Support and Wellbeing Coordinator | Gwynneth Morgan Day Centre |

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| Wed 16 Oct | 10:30 – 3:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 16 Oct | 1:30 – 3:00 | Digital Inclusion Programme | Putney Library |
| Thu 17 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 17 Oct | 2:00 – 3:30 | Growing Older Together Gardening Group | Gwynneth Morgan Day Centre |
| Fri 18 Oct | 10:30 – 12:00 | Play It Again! Coffee Morning | Gwynneth Morgan Day Centre |
| Mon 21 Oct | 11:00 – 1:00 | Music, Melody and Memories Music group DIWALI CELEBRATION | Gwynneth Morgan Day Centre |
| Tue 22 Oct | 11:00 – 1:00 | Dance to Health [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 23 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 23 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Southfields Library |
| Wed 23 Oct | 10:30 – 3:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 23 Oct | 1:30 – 3:00 | Digital Inclusion Programme | Roehampton Library |
| Thu 24 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 24 Oct | 2:00 – 3:30 | Silver Strollers Walking Group | Gwynneth Morgan Day Centre |
| Fri 25 Oct | 10:30 – 12:00 | Play It Again! Coffee Morning | Gwynneth Morgan Day Centre |
| Mon 28 Oct | 11:00 – 1:00 | Ready, Sit, Go! Seated Exercise Class | Gwynneth Morgan Day Centre |
| Tue 29 Oct | 11:00 – 1:00 | Dance to Health [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Tue 29 Oct | 11:00 – 12:30 | LGBTQ+ Coffee Morning [BOOKING REQUIRED] | Avery Care Home Wandsworth Common |
| Wed 30 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 30 Oct | 10:30 – 3:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Thu 31 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 31 Oct | 2:00 – 3:30 | Growing Older Together Gardening Group | Gwynneth Morgan Day Centre |