

# LET'S LUNCH

Age-friendly lunch groups across the borough of Sutton



## What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk  
www.ageuk.org.uk/sutton  
0208 078 0002



### Bags of Taste



You can complete this in your own time, but usually lasts for a couple of weeks.



Take part from home. If you have Whatsapp you will be added to a group. Or you will receive a weekly phone call from a mentor.



From the comfort of your own home



A home cooking course where You receive a **FREE** ingredients for three vegetable based recipes (with the option to add meat) including a free knife sharpener, measuring spoons, recipe sheets and a local shopping guide to shop better in the future. You will have a mentor as part of a WhatsApp group or 121 over the phone.

For more information Please contact bags of taste on 0730 507 2889 or visit their website to sign up.

<https://bagsoftaste.org/courses/course-registration/>



# LET'S LUNCH

MORE Age-friendly lunches across the borough of Sutton

Here is a sample of lunches across the borough.

**PLEASE NOTE:** Activities listed on this side are for information only. Please book direct with the organisations.



ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Lunch Club	Carshalton Beeches Baptist Church	Carhslaton Beeches	0208 642 9311 office@beechesbaptist.org
Lunch Break	Worcester Park Baptist Church	Worcester Park	0783 794 1298
Lunch club	St Patricks Church	Wallington	0792 882 4251 office@stpats.org.uk
Senior lunches	The Sun Pub	Carshalton	0208 773 4549 bookings@thesuncarshalton.com
Community Social Lunch	Whitethone & Clockhouse Community	Clockhouse	0208 703 9357

Can't see what you're looking for? Check out the full listings online: [ageuk.org.uk/sutton](http://ageuk.org.uk/sutton) or contact us: 0208 078 0002 / [letsconnect@ageuksutton.org.uk](mailto:letsconnect@ageuksutton.org.uk)

