

Meet Bobby

A story of friendship

Bobby, in his 60s, was determined not to let age define him, but he struggled with feelings of loneliness. Seeking a solution, he accessed the Community Connector service, which helped him build the confidence to explore new social activities independently.

Finding the Right Support

Through the service, Bobby was introduced to the Friendship Group by Helena, the coordinator of Let's Connect Activities. Initially hesitant and feeling younger than most members of the group, Bobby decided to persevere and, with Helena's encouragement, attended 5 out of the 6 fortnightly sessions.

Attending the Friendship Group lunch club turned out to be a transformative experience for Bobby. The best part for him was the opportunity to interact with others, particularly meeting Ron, who also knew the pain of loneliness. At one of the sessions, a local Social Group gave a talk about their activities, sparking Bobby and Ron's interest.

The Impact

Seeing potential for new adventures, Bobby and Ron decided to join the Social Group together. This decision marked a significant turning point for Bobby. Since "graduating" from the Friendship Group, he and Ron have become regular attendees at the Social Group. Their friendship has blossomed, and they often meet up for coffee or a bite to eat, creating a support system that enriches both of their lives.

Bobby's journey from isolation to an active social life highlights the impact of community programs and supportive connections. His newfound friendships and engagements have alleviated his loneliness and infused his life with a sense of purpose and joy.

