

Welcome to our next Newsletter, giving you the latest updates to our projects and services.

WARM HOMES



We are delighted to have been awarded funding to help address fuel poverty and cold related ill health. The funding will enable us to help older people claim the benefits they are entitled to and to advise them about energy savings measures they can take to keep warm and well.

Many older people are living on a low state pension which is not adequate given the rising cost of living. Alongside this there are billions of pounds of benefits that go unclaimed every year, meaning that people are on a lower income than they should be. Pensioners can be disproportionately affected by cost-of-living increases compared to the rest of the population, for example their spending on energy and housing tends to be a greater portion of their income compared to those below pension age. Single pensioners are even harder hit than pensioner couples.

For more information about how we can help, please contact our Information and Advice service. Please email: enquiries@ageuksurrey.org.uk or call 01483 503414.

TECH SUPPORT - new drop in sessions in Guildford



Our Tech Support Team of friendly volunteers provides guidance and help with using and making the most of computers, tablets & mobile phones.

New drop-in sessions on Wednesdays 10.00am - 12.00pm at Dray Court, Madrid Road, Guildford GU2 7UW. Free support given - from getting online to video calling family or friends. Sessions on other days of the week at Dray Court, Guildford are by appointment only.

Drop-in sessions on **Mondays 10.00am - 12.00pm** are available at The Clockhouse in Milford.

For more information please email: TechSupport@ageuksurrey.org.uk or call 01483 503414.

SHOPMOBILITY - offsite hire



Did you know that Shopmobility has more than just mobility scooters to get you around Guildford town centre?

Shopmobility also has manual wheelchairs and travel scooters available for offsite hire. Ideal for someone who requires the use of a wheelchair for a party or a wedding, or simply a portable wheelchair for a short period of time following illness or injury. The offsite scooters come apart into 6 pieces and can fit into the boot of a car. Similarly, the offsite wheelchairs are easy to fold and transport.

Located at Bedford Road Car Park with access to the Friary Centre in Guildford Shopmobility has a wide selection of manual and powered wheelchairs and scooters available to anyone of any age group and to those restricted by temporary illness or injury. There is a free-of-charge car parking area alongside the office.

To find out more please email: shopmobility@ageuksurrey.org.uk or call 01483 453993

PLANNING FOR YOUR FUTURE - online hub and events



We are delighted to be working with Surrey County Council on the Planning for your future campaign and have more event dates into 2025 to share. The campaign encourages people to start a conversation with friends and family about planning for the future. A conversation is a positive first step to planning ahead and thinking about what is important to them and their family or friends if things change, and understanding their wishes when it comes to care arrangements. Our online information hub has a checklist guide to planning for your future, covering everything from healthy living and care and support options to financial planning, Wills and Lasting Power of Attorney.



We are holding free information events throughout the County. To book please visit our online hub: www.ageuk.org.uk/surrey/planningforyourfuture or email: planningforyourfuture@ageuksurrey.org.uk or telephone: **01483 446627**



- 28 November Thursday 12.00 - 14.00
Tongham Community Centre, Poyle Road, Tongham, Farnham, GU10 1DU
- 09 December Thursday 11.00 - 13.00
Bourne Hall, Spring Street, Ewell, Epsom, KT17 1UF
- 11 December Wednesday 11.00 - 13.00
Horley Baptist Church, 289 Court Lodge Road, Horley, RH6 8RG
- 09 January 2025 Thursday 13.00 - 15.00
Woodhatch Community Centre, Whitebeam Dr, Reigate, RH2 7LS
- 14 January 2025 Tuesday 15.00 - 17.00
Epsom Methodist Church, 11-13 Ashley Road, Epsom, KT18 5AQ
- 16 January 2025 Thursday 11.00 - 13.00
Cranleigh Village Hall, Village Way, Cranleigh, GU6 8AF
- 30 January 2025 Thursday 11.00 - 13.00
The Link, St Bartholomew's Church, Derby Road, Haslemere, GU27 1BS
- 03 February 2025 Monday 10.00 - 12.00
Woking United Reformed Church, White Rose Lane, Woking GU22 7HA
- 17 February 2025 Monday 10.00 - 12.00
Woking United Reformed Church, White Rose Lane, Woking GU22 7HA
- 20 February 2025 Thursday 11.00 - 12.30
St Peters Church Hall, Burwood Road, Hersham, Surrey, KT12 4AA

Monthly ONLINE Talks (19:00 – 20:00):

- 28 November Thursday
- 16 December Monday
- 28 January Tuesday
- 26 February Wednesday
- 27 March Thursday

OUR CHRISTMAS CAROL SERVICE - everyone is welcome



Our annual Carol Service will be held at **Guildford Cathedral on Thursday, December 19th, at 11.00am**, with performances by the Guildford Cathedral Singers, The Rock Choir, and Tormead Prep School Choir.

The service will include traditional carols, songs and readings. Refreshments and mince pies will be available from 10.30am. Entry is free for all. Donations are welcome. No booking required but if a wheelchair space is needed please contact Age UK Surrey using the details below.

Please note that the Age UK Surrey offices will be temporarily closed during the Christmas holidays from end of day on Friday 20th December. The offices will reopen on Thursday 2nd January 2025 at 9am.

If urgent advice is required, we recommend calling Age UK Advice Line on freephone 0800 678 1602. The lines are open 8.00am to 7.00pm, 365 days a year.



Age UK Surrey, The Clockhouse Community Centre, Chapel Lane, Milford, GU8 5EZ
Telephone: 01483 503414 Email: enquiries@ageuksurrey.org.uk
Visit our website: www.ageuk.org.uk/surrey