

Spring is finally here! A time to look forward to spring flowers, hopefully less rain and more sunshine and the opportunity to be able to enjoy all that nature offers. At Age UK Surrey we are delighted to say we have numerous fresh and new things happening this year. Read on to find out more.

Planning for your future - ONLINE HUB & EVENTS



We are delighted to continue working with Surrey County Council on the Planning for your future campaign. The campaign encourages people to start a conversation with friends and family about planning for the future. A conversation is a positive first step to planning ahead and thinking about what is important to them and their family or friends if things change, and understanding their wishes when it comes to care arrangements.



Our online information hub has a checklist guide to planning for your future, covering everything from healthy living and care and support options to financial planning, Wills and Lasting Power of Attorney.

We are holding free information events throughout the County. To book please visit our online hub: www.ageuk.org.uk/surrey/planningforyourfuture or email: planningforyourfuture@ageuksurrey.org.uk or telephone: 01483 446627



Monthly ONLINE Talks:

- 22 May Wednesday 19:00 – 20:00
- 27 June Thursday 19:00 – 20:00
- 29 July Monday 19:00 – 20:00
- 27 August Tuesday 19:00 – 20:00
- 25 September Wednesday 19:00 – 20:00

Talks in Surrey:

- 23 May 2024 Thursday 11.00 - 13.00
The Briars Centre, Lightwater, Surrey, GU18 5UN
- 16 July 2024 Tuesday 10.00 - 12.00
Victoria Hall, Ash Hill Road, Ash, Aldershot, GU12 5DN

Help at Home - ACCEPTING NEW REFERRALS



Help at Home provides a tailored service to enable people to remain independent at home for as long as possible. Our friendly and reliable Home Helps provide help with cleaning, laundry, light meal preparation, collecting prescriptions and more.

As a non-profit organisation we keep our costs as low as possible. A modest monthly service fee applies. All our Home Helps are self-employed. That means they are paid directly for the number of hours they work. For more information about the service, please call 01483 503414 or email: enquiries@ageuksurrey.org.uk

Gardening Service - OPENING SOON



Help at Home will be opening a Gardening Service shortly. Due to popular demand we will be relaunching this much needed service and will be ready to start taking referrals soon. We will keep you posted.

Lasting Power of Attorney



Age UK Surrey offers a full Lasting Power of Attorney service to Surrey residents aged fifty and over. Our Co-ordinator will take the client through the LPA process step by step through a face-to-face meeting and ensures all paperwork is submitted correctly to the Office of the Public Guardian. A fee applies.

For initial advice about Lasting Powers of Attorney, call **01483 503414** and to set up a new Lasting Power of Attorney, please contact Leonie Dove, our LPA Co-ordinator by emailing: LPA@ageuksurrey.org.uk

Men in Sheds - AT MERRIST WOOD COLLEGE



Our Men in Sheds project is a great place for people to learn new skills, make new friends and have fun. It is based in the grounds of Merrist Wood College in Worplesdon, Guildford. We offer morning and afternoon sessions, 4 days a week, Tuesdays to Fridays. We also welcome women.

We currently are able to take new referrals into the project. For more information, call **01483 503414** or email: enquiries@ageuksurrey.org.uk

Tech Support - IN GUILDFORD & MILFORD OR BY TELEPHONE



Keeping up with digital technology can open up many opportunities such as being able to shop online, watch concerts and films from the comfort of your home and keep in touch with friends and family. If digital help with the computer, tablet or mobile phone is needed our Tech Support Team of friendly volunteers are just a phone call away.

We also have a Tech Support Centre at Dray Court, Guildford. Sessions by appointment only, **Monday to Friday between 10.00am - 12.00pm**. Drop-in sessions are available at The Clockhouse in Milford on **Mondays 10.00am - 12.00pm**.

Shopmobility - IN GUILDFORD



Located at Bedford Road Car Park with access to the Friary Centre in Guildford. We have a selection of manual and powered wheelchairs and scooters available to anyone of any age group. Shopmobility is not only for elderly individuals or people with chronic disabilities, it provides support for those restricted by temporary illness or injury. To register for the service 2 forms of identity are required. There is a free of charge car parking area alongside the office.

To find out our latest opening times and to pre-book please call: **01483 453993** or email: shopmobility@ageuksurrey.org.uk

We rely on donations to support our services, please come along / share our fundraising event mentioned below with friends and networks. Our services combat loneliness, help improve physical and mental wellbeing and support people to remain in their own home for longer.

BBQ, Band & Bingo - 15 June 2024 - BOOK YOUR TICKETS NOW!



We are thrilled to announce that we have an exciting and fun Summer fundraising evening lined up. **Saturday 15th June 2024, 6.00pm - 11.30pm at the Tongham Community Centre** on Poyle Road, Tongham, nr Farnham, GU10 1DU. Ticket £25 includes a welcome drink, BBQ, Bingo games with prizes to be won and live entertainment from 'Cozy and the Dukes'. Raffle during the evening and Bar available for drink purchases. Parking onsite.

**To purchase tickets online visit our website: www.ageuk.org.uk/surrey
To pay by cheque, call: 01484 503414**



Age UK Surrey, The Clockhouse Community Centre, Chapel Lane, Milford, GU8 5EZ
Telephone: 01483 503414 Email: enquiries@ageuksurrey.org.uk
Visit our website: www.ageuk.org.uk/surrey