

# VOLUNTEER NEWS

June 2024

## A message from Age UK Sunderland (AUKS) CEO

**Tracy Collins**

I would like to thank all of our fantastic AUKS volunteers for your ongoing support in providing vital services for older people across the City of Sunderland. I can not stress enough how much every volunteer is valued for their dedicated support to older people. Without you our organisation would not be able to provide the support services we do.



As a way to show our gratitude to our amazing volunteers, we hold a volunteer celebration party each year. This is a call to all volunteers to please come along to celebrate your volunteering role, at **The Grand Hotel SEABURN on Thursday 20th June 2024!**

I would love to see you all there as it is the only opportunity I have each year to get you all under one roof due to your busy volunteering roles to personally thank you for all the great work you do. As this great event happens only once a year we will make arrangements for you all to attend (see details of the celebration overleaf). The Mayor of Sunderland & her Consort will also be attending to show gratitude to your ongoing support

We are delighted to welcome Kayleigh Price as our Keeping in Touch (KIT) Coordinator.

Kayleigh was previously an AUKS volunteer, through this role she developed a real passion for supporting older people in our City.

Kayleigh will be contacting all KIT volunteers to personally introduce herself!

Kayleigh will be based at the Bradbury Centre working from 09:30 – 15:00 Monday – Friday and can be contacted on 0191 514 8335 or 07715 674359.



## Essence Volunteers raise money for Alzheimer's research and care.

Two Essence volunteers both also Essence carers themselves are putting on their walking shoes to raise money for a cause close to both their hearts.

On the 1<sup>st</sup> June they will take on a 13 mile walk from Patterdale to Dalemain Mansion in the Lake District to raise money for Alzheimer's Research. To date they have raised over **£1,500** for the charity.

George said my motivation to volunteer is

*"To give back to the Essence Service to repay them for what they did for me and my wife".*

Everyone at Essence wishes them well!



The Bradbury Centre, Stockton Road, Sunderland, SR2 7AQ Phone: 0191 514 1131

Remember to visit our website: [www.ageuk.org.uk/sunderland](http://www.ageuk.org.uk/sunderland)

& Facebook, Twitter and Instagram pages for regular updates on our services (Search Age UK Sunderland)

## Volunteering Opportunities!

### Trishaw By The Sea Shore!

#### A New Project!



Trishaw by the sea shore is a new project for our wonderful clients who wish to take in the outdoors via our Trishaw! This is a fantastic way to combat loneliness and to get some fresh air while taking in the great views of Sunderland. The project is looking for volunteer drivers. Our vehicle is electrically powered you don't need to be an athlete to ride it!



### Metcalfe Dementia Day Centre

We are looking for volunteers with some dementia knowledge and experience to help support those living with moderate dementia. Tasks will include serving hot and cold beverages, serving meals, supporting clients with indoor and outdoor activities,

If you are interested in any of the volunteering opportunities listed please contact us on **0191 514 1131** or email **[volunteering@ageuksunderland.org.uk](mailto:volunteering@ageuksunderland.org.uk)**

## Annual Volunteer Celebration

**Thursday 20th June 2024**

We take great pride in inviting you to this year's annual celebration!

**Grand Hotel, Queens Parade, SEABURN,  
Sunderland, SR6 8DB**

**Registration is 10:45am to 11:15am**

**Event Starts at 11:30am**

The annual celebration is a great way to catch up with AUKS staff and volunteers who join together to celebrate the commitment and dedication you all have for the organisation. It will be a great day out and it is a chance for AUKS to say thank you for your contribution to the success of all AUKS services,

This year's event boasts entertainment in the form of a Saxophonist, a singer and a special performance from East Herrington Primary School Choir.

Make sure you don't miss a fantastic day of entertainment and company!!!

**Everyone has been sent an invite please RSVP so that we can cater to your needs.**

### Front Door Community Support Clubs

Well done to all of our Community Support Club volunteers for helping us escalate our service offer! With your support AUKS now has 38 clubs operating across the City which are all volunteer led!



Follow us on Facebook:



Follow us on Twitter:



Follow us on Instagram:

