



# Essence Service

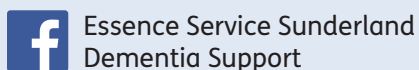
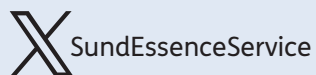


**To find out more information about our Essence Service**

**Call us on:** 0191 522 1310

**Email:** [essenceservice@ageuksunderland.org.uk](mailto:essenceservice@ageuksunderland.org.uk)

**Or pop in** to the Essence Service centre, at the Sir Thomas Allen Centre, Mill Hill Road, Doxford Park, Sunderland, SR3 2ND



## Supporting people in the mild to moderate stages of dementia and their carers

## What is the Essence Service?

The Essence Service provides dedicated support to people living with a mild to moderate dementia diagnosis and their carers. Support includes emotional and peer support together with a variety of activities aimed at keeping the “essence” of the person with dementia for as long as possible.



## Support for people in the early stages of dementia

There is a wide range of information and support that is available and our staff can help with any questions you may have about issues that are important to you.

## Support for carers

We recognise the vital role of carers and the impact caring for someone with dementia can have.

Our staff can offer a listening ear and provide information, advice and guidance. You can also meet other carers in a similar situation.



## Quotes from people who have used the Essence Service:

*“We wouldn’t manage without Essence, you’re all fantastic! We really are grateful for all of you and your support.”*

*“Thank you so much for helping not just my mother-in-law but also my father-in-law. We can’t thank you enough for your brilliant service and support.”*

*“Without the Essence Service advice and guidance at the beginning of our trip down this road of dementia, it really would have been like being cast adrift at sea without anyone to save us. You’ve helped to save us!”*

