

Every Thursday 6:15 PM - 7:00 PM Every Friday 10:30 AM - 11:15 AM

To book a place or find out more about **Over 50's Functional Fitness Classes**, please contact Ann at the Ulverston Leisure Centre on **07927 518085**.

Refreshments will be provided.

Supporting the Local Community

Ulverston Leisure Centre

Priory Road Ulverston, Cumbria LA12 9HT