

What you

might

want

## Community support if you are affected by Dementia Under 65s in Sheffield





## For under 65s with dementia, and their carers



- Young Onset Dementia information from trained workers
- Ongoing social connection
- Support from others in a similar situation
- Young Onset Dementia specific activities and trips out

Who to

contact

Sheffield •••

**Dementia Advice** 

Dementia Advice Sheffield (0114) 250 2875



People Keeping Well local community dementia support organisations

You'll be connected to both

Young Onset Dementia
Hub



Support you will receive

- 6-monthly check-in call to see
   how you are and what you need
- Invitations to local Memory Cafes and dementia-friendly groups
- Opportunities to join Dementia Carer groups
- Young Onset Dementia Information from a trained worker
- Age-relevant groups, and trips and social events

For under 65s with dementia



- A dementia-friendly place to spend the whole day
- Tailored activities to suit you
- A break for your carer

Age UK Sheffield (0114) 250 2850



Dementia Daytime Opportunities for under 65s



Sheffcare enriching lives

For unpaid carers



- Carer information
- Peer support
- Listening ear

**Sheffield Carers Centre** 

0114 272 8362

CARERS TRUST Sheffield Carers Centre

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for an emergency

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