

PARTICIPANTS NEEDED TO TRIAL PLANET WELLBEING

The project explores how virtual reality can be used to improve mental health and reduce loneliness for older people.



WHAT IS REQUIRED:

Basic knowledge of using digital devices and access a TV with an HDMI port and access to a smart phone / tablet or laptop (to fill in surveys) is necessary.

WHERE:

At your own home. Support will be provided to set up the equipment.

WHEN:

Mid-May to mid-July (8 weeks)

ENGAGE WITH THE STUDY:

- Interact with Planet Wellbeing once a week for at least 1 hour a week. Technical support will be provided.
- Complete three simple questionnaires at the start, midpoint and end of the project.
- Join an optional mid-point in-person focus group which will take place at the university premises in Sheffield.

TO EXPRESS YOUR INTEREST PLEASE EMAIL:

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