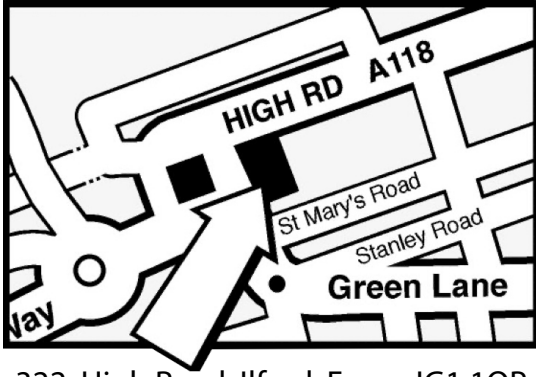


## **Mondays 1-3pm at Ilford (High Road) Baptist Church.**

- Quizzes • Chat •
- Refreshments • Games •
- Friendships • Outings •

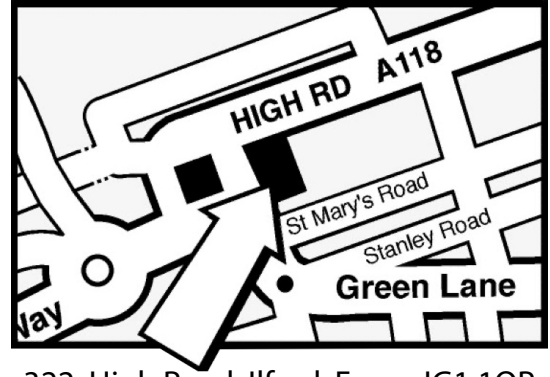


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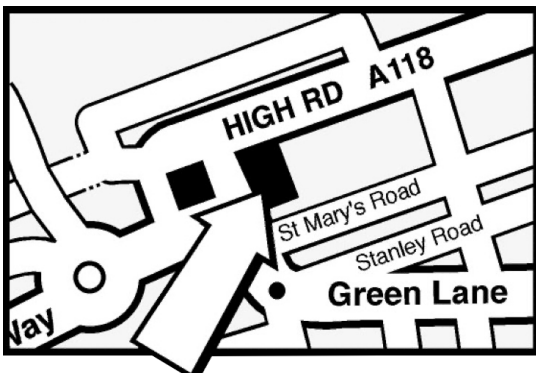


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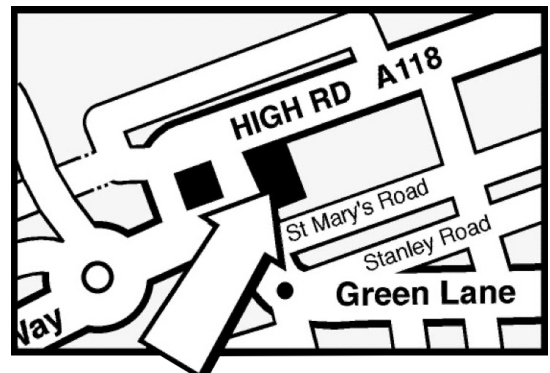


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