

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
<p>4</p> <p>12-2 Pipe Major Lunch and Bingo <i>Dagenham</i></p>	<p>5</p> <p>11-12.30 City Gates <i>Ilford</i> Coffee Morning with Jacinth</p>	<p>6</p> <p>12-2 King George V lunch <i>Gants Hill</i></p>	<p>7</p> <p>XX Amanda off XX</p>	<p>8</p> <p>XX Amanda off XX</p>	9	10
<p>11</p> <p>10.30-12.30 Hub Craft Amanda hosting <u>Must pre book (HAV)</u></p>	<p>12</p> <p>11-1 Hainault Forest coffee / farm walk <i>Hainault</i></p>	<p>13</p> <p>12-2 Old Maypole lunch & Quiz <i>Hainault</i></p>	<p>14</p> <p>XX Amanda off XX</p>	15	16	17
<p>18</p> <p>10.30-12.30 Hub Craft Amanda hosting <u>Must pre book (HAV)</u></p>	<p>19</p> <p>11.30-1.30 Dagenham Redbridge FC Singer and dancing <i>Dagenham</i> £10 including refreshments</p>	<p>20</p> <p>12-2 Crowlands lunch <i>Dagenham</i></p>	<p>21</p> <p>12-2 Pipe Major Lunch and Bingo <i>Dagenham</i></p>	<p>22</p> <p>XX Amanda off XX</p>	23	24
<p>25</p> <p>12-2 Storia <i>Woodford Green</i> £15 set lunch includes drink</p>	<p>26</p> <p>11-1 Fairlop waters Walk / coffee <i>Barkingside</i></p>	<p>27</p> <p>1-3 Kenneth More <i>Ilford</i> afternoon tea singer and dancing</p>	<p>28</p> <p>XX Amanda off XX</p>	29	30	

All events are open to all Di's Diamonds living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk

Monday 4/11/24 12-2pm Lunch followed by free bingo. Pipe Major, 1, Yewtree Avenue, Dagenham, RM10 7FN

Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. Book early to avoid disappointment. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Tuesday 5/11/24 11-12.30pm Coffee morning with Jacinth, City Gates, 25-29 Clements Rd, Ilford IG1 1B. Meet volunteer host Jacinth in the café.

Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 6/11/24 12-2pm Lunch King George V 645 CRANBROOK ROAD, ILFORD, ESSEX, IG2 6SX [King George V pub in Ilford |](#)

[Greene King Pubs \(greeneking-pubs.co.uk\)](#) 2 course £5.49, 3 courses £6.49. Buses 128, 150 167 from Ilford station, Shere Road stop CQ. Email

disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Tuesday 12/11/24 11-1pm Hainault Forest / Foxborough Farm visit and coffee/ brunch / lunch

Meet in the new Woodland Trust Visitor centre by the second car park. Approx. 45 min to an hour to walk round and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather, we will just have a coffee morning / lunch if it's raining or too muddy.

Pre booking essential. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Wednesday 13/11/24 12-2pm Lunch and quiz Old Maypole, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside.

Money off voucher and menu <https://www.sizzlingpubs.co.uk/findapub/northwest/theoldmaypoleilford/signup>

Pay for what you eat and drink, free quiz. Meet new people. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Tuesday 19/11/24 11.30-1.30pm Dagenham and Redbridge FC – Victoria Rd, Dagenham RM10 7XL **£10 pay on the day, singer Mark, tea**

and cakes included. **Late cancellations / no show will still need to pay as singer etc. is funded by the attendees.** Email

disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 20/11/24 12-2 Lunch Crowlands Golf club, Wood Lane, Dagenham, Essex, RM8 1JX <https://www.crowlandsheath.co.uk/contact-crowlands-heath/> Lunch and free hot drink, free putting green if you'd like to have a go. Buses stop right outside, large car park. Fully accessible.

Pre booking essential. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 21/11/24 12-2pm Lunch followed by free bingo. Pipe Major, 1, Yewtree Avenue, Dagenham, RM10 7FN

Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. Book early to avoid disappointment. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

[All events are open to all Di's Diamonds living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.](#)
[Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk](#)

Monday 25/11/24 12-2pm lunch Storia 8 Johnston Road, Woodford Green, IG8 0XA



LUNCH MENU Lunch with a side and a drink £15

Pasta

Rigatoni al Ragù. Beef shin ragù with a dash of pesto

Harissa Chicken. Chicken, cherry tomatoes, spinach, spicy harissa, garlic, cream, fresh pasta shells

Tagliioni Arrabiata v Fresh tomato sauce, crushed chilli

Pizza

Pizza Margherita Buffalo v Heritage tomatoes, rocket, fior di latte and buffalo mozzarella, tomato, olive oil, balsamic glaze

Pizza Salsiccia Salami piccante, calabrese and nduja sausage, fresh chilli, fior di latte and buffalo mozzarella, fresh basil, tomato

PIADINA Homemade flatbread sandwiches

Carne NEW Mortadella ham, fresh rocket, stracciatella mozzarella, parmesan, spicy ricotta spread Verdura

NEW Roasted peppers, fresh rocket, bella lodi cheese, ricotta and sundried tomato spread Pesce

Tuna, mayonnaise, fresh rocket, sundried tomatoes, red onion, parmesan

CHOOSE YOUR SIDE

Green Salad VEGAN Baby gem, peas, cucumber, avocado, homemade vinaigrette House Fries v

CHOOSE YOUR DRINK

Soft drinks Coca cola, Diet coke, Coke zero, Fanta, Sprite zero San Pellegrino water 500ml Sparkling/Still Fevertree Tonic Mediterranean, Aromatic, Lemonade Juices Fresh orange, Pressed apple House White/Red 175ml glass £2 supplement Birra Moretti 4.6% 330ml £2 supplement

Tuesday 26/11/24 11-1pm Walk Fairlop Waters FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN [Map \(redbridge.gov.uk\)](#) **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road**

Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water, we will just have a coffee morning if it's raining. ***Pre booking essential*** disdiamonds@ageukrbh.org.uk ***to book your place so we know who to contact in the event of cancellation / change due to weather***

Wednesday 27/11/24 1-3pm Kenneth More. Afternoon tea, singing & dancing. Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT Kenneth More Theatre • Vision RCL ***Pre booking essential with any dietary requirements by midday on Mon 24/6/24 £10 pay on the day, no show or late cancellations must still be paid for so don't forget to cancel if you're unable to attend.***

Email disdiamonds@ageukrbh.org.uk ***to book your place so we know who to contact in the event of cancellation / change***

All events are open to all Di's Diamonds living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk