



Homeshare accommodation in Oxfordshire - May 2024

Homeshare Oxfordshire carefully matches an older person, or couple, looking for help, companionship or reassurance at home, with another person who is happy to lend a hand. The Sharer gives the Householder up to 10 hours of their time each week as a combination of companionship and practical help, as agreed, and makes a monthly payment to Homeshare Oxfordshire of £200 pcm and an agreed contribution to the Householder towards bills.

Please check our webpage <u>www.homeshareoxfordshire.org.uk</u> and follow us on and <u>Facebook</u> to find out about new opportunities as they come in.

*** More opportunities coming soon ***

Temple Cowley, Oxford OX4 (ref 110)

We are looking for a female Sharer to share the home of an artist and retired physics and maths teacher/computer programmer who is recovering from a recent stroke which has greatly affected her speech and mobility.

The householder has been passionate and actively involved in left wing politics. Art and making art (primarily printmaking) has been part of her life. She shares an allotment and loves her greenhouse and garden. Her recent stroke has meant she is currently no longer able to do many of these things, but they remain important to her and are part of who she is.

Although her mobility and speech are now very much limited (with wheelchair and very limited speech) the Householder is fully aware and is making gradual progress with a programme of physiotherapy and speech therapy. Small steps. She has carers who visit daily to provide personal care and some meals, along with family members and close friends. The Householder has a very supportive family and she is closely involved in the lives of her three grandchildren, aged between 16 - 22 years.

The Homeshare arrangement would be part of a wider circle of support for the Householder and, most importantly, needs to provide a reassuring overnight presence. Other than this, someone who could spend a little shared time together over a cup of tea or evening meal on some days, and sometimes help with cooking, would work well. If someone would like to help in other ways, for example, in the garden, light housework, they would be very welcome but this is not a requirement of the Homeshare.

The Homeshare would suit someone who is quiet living, who mainly liked to stay at home in the evenings and who would be in the house overnight, except by prior arrangement. If they needed to work or study from home on some days, this would be fine. They would need to be understanding of the impact and effects of stroke. It is important that the Sharer would be comfortable in a house where the communal areas – kitchen and living room – are often busy, with regular visits from carers and health professionals, family and friends. The Sharer would however have their own space upstairs -sitting room/study area adjacent to their bedroom - and this Homeshare could work well for a friendly person who is also self-sufficient and happy to spend time alone.

Kennington, OX14 (ref 109)

We are looking for a kind, friendly, independent female, who mainly likes to spend time at home in the evenings, to share the peaceful Kennington home of a gentle and friendly Householder in her early eighties.

The Householder has a background in the caring profession and used to work as a psychiatric nurse and counsellor. She has many interests including theatre, cinema, cooking and recipes, gardening and walking and choir singing.

Having been recently bereaved, the Householder would now like to have someone sharing the house with her and would greatly appreciate the companionship that this would bring. Supportive and caring family also live close by and visit regularly and often.

A little help with light housework would be appreciated and someone who would like to share an early evening meal a few times a week would work well. Local strolls together, the odd shopping trip and visit to the cinema or theatre are also things that the Householder would like to do together from time to time. A car driver would be a bonus for the odd lift.

This Homeshare would suit someone who is gentle, sensitive and considerate, has their own independent life and shares some of the Householder's interests. It may suit someone who also has a caring profession background. Whilst we are looking for someone who would also enjoy interesting conversation and spending some time with the Householder, equally it is important that they also value their own independence and, as would the Householder, be considerate and respectful of each other's space and privacy.

The house looks out onto a natural garden and is a short walk from the river Thames. Someone who appreciates nature and a peaceful environment would be well suited. If they would like to help with any gardening they would be welcome to do so.

The home is set back from the road and is very close to nature. It is a stone's throw from the bus stops to central Oxford (via Abingdon Road) in one direction and to Abingdon in the other.

The Householder is fully vaccinated for Covid-19. The Sharer should also be fully vaccinated.

Abingdon, OX14 (ref 96)

Are you a homely, kind and caring female, 30+, with Christian principles, who could provide gentle companionship and be a reassuring presence to a friendly, kind older person in a quiet residential area of Abingdon?

The householder's early career was in nursing and, later, in education with children with additional needs. She is a committed Christian and involved in her local church and wider community activities. She is artistic and finds relaxation in drawing and painting. Singing, creative dance and swimming have been important in the Householder's life but, owing to arthritis, some limitation in walking and having less energy these days, she has found these activities hard to keep up.

The Householder lost her husband some years ago. She has a network of good friends whom she sees regularly but does feel a little anxious at times about living alone. Just the simple presence of a someone around in the house would be very reassuring to her. A homely, warm person to talk to about day to day things and to help make small day to day decisions would be very valuable. Help with the odd internet and mobile phone issue would be appreciated, as would the occasional lift in a car to activities or social events.

A cleaner and gardener regularly come to the house but help with the simple household tasks would be welcome – for example, help with changing bed sheets, putting out the bins, reading the meters etc. Whilst gardening help is not needed, if someone would enjoy helping in the large, natural, garden (which is a source of great pleasure to the Householder) that would be fine.

This would a suit a kind, caring and empathetic female, 30+, with Christian principles. Some who likes to mainly spend time at home in the evenings, rather than being out, would work best. And some company at weekends especially on Saturdays, would be welcome. There is also the option to work or study from

home as well. Whilst companionship is an important element of the Homeshare and the Householder would enjoy having a chat over a cup of tea and sharing some evening meals or watching some TV together, this is not rigid and there would be plenty of space for both Householder and Sharer to lead their independent lives. A car driver would be ideal.

North Oxford, OX2 (ref 98)

We are looking for a kind, caring female who likes to be at home in the evenings, to share with a Householder in his early nineties in his spacious North Oxford home. A proudly independent man who is happiest when he is pottering about in his treasured garden.

Initially trained as a PE teacher, with a huge interest in sport, the Householder then changed course and became a physiotherapist in the NHS, and then in private practice. Widowed in 2006, he keeps himself busy in his garden, a wonderful place for bird and wildlife watching. He enjoys reading a daily newspaper, doing jigsaw puzzles, listening to Classic FM or to opera and musicals in his record collection, and watching nature programmes, news and sport on TV.

The Householder is living with gradually advancing dementia (with increasing short term memory loss) and can also be a little unsteady on his feet at times. His adoring, supportive family are hugely important to him and, whilst they don't live close by, they visit every week, sometimes staying overnight.

The main requirements of this Homeshare are to provide a reassuring overnight presence, to provide some companionship (perhaps over a shared cup of tea, with chocolate biscuits, or pottering together in the garden) alongside taking responsibility for a few early evening meals each week and putting the bins out. The Householder's family do the shopping once a week and fill the fridge and freezer with home-cooked or ready meals which can easily be defrosted/heated through. However, someone who would enjoy cooking some evening meals would be very welcome. Help with stacking and emptying the dishwasher would also be appreciated. The Householder has a cleaner for two hours a week and daily carers coming in to make meals and check on his well-being.

On the whole, the Householder is happy in his own company, makes his own breakfast and enjoys his own space but increasing forgetfulness means he sometimes needs reminding of the day of the week or how to use the tv remote!

This Homeshare would be best suited to a female Sharer who perhaps needs to work or study from home some of time and may be able to take the odd tea break to have a short chat with the Householder. We are looking for someone who likes to stay at home in the evenings, is happy with their own company and who follows a regular routine. Alzheimer's is not the easiest of life's challenges, so the Householder is keen to share with somebody blessed with positivity and cheerfulness – a sense of humour is essential! Kindness, common sense, and a love of gardening would be perfect. Owing to deafness, it's also essential that the Sharer speak clear and fluent English.

The householder thrives on routine, cleanliness and tidiness so we are looking for someone with a similar outlook. Sharer(s) sympathetic to, and with some understanding of, some of the issues that can be associated with cognitive decline and memory loss, would be important.

The Sharer should be vaccinated for Covid, and willing to take precautions to avoid exposure if affected.

Visit homeshareoxfordshire.org.uk for information about Homesharing and the application process which includes:

- Completing an application form and providing contacts for 3 referees
- An enhanced DBS check
- Interview

If you feel that Homesharing could be right for you and that you could be the right person for one of these opportunities, please contact us via the 'Register your interest' form at

homeshareoxfordshire.org.uk

Follow us! **(1) (2)** Phone: 01865 410670

Email: homeshare@ageukoxfordshire.org.uk

Webpage: https://www.ageuk.org.uk/oxfordshire/our-services/homeshare-oxfordshire/

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