



WELCOME TO OUR

May Local Loop

t: 0115 844 0011 e: info@ageuknotts.org.uk info: www.ageuk.org.uk/notts

Welcome to the May edition of our Inside Loop (a little later than planned). As you all know by now, a General Election has been called for July 4th so we include some important deadlines for those wishing to ensure they can vote in the election. We also bring you details of what Age UK expects from the next government.

Pop the kettle, make yourself comfortable and catch up with all our news.

Maria Cooke
Innovations and Communications Director



Social Media -
We want to hear from you!
Help us by...

Liking, Saving, Sharing and
Commenting on our posts.

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ELECTION DEADLINES



Voter registration – 11.59pm 18th June

<https://www.gov.uk/register-to-vote>

Voting if you live abroad – 11.59pm 18th June

<https://www.gov.uk/voting-when-abroad>



**Applying for a postal vote – 5pm 19th June
(especially important if you are away on holiday on July 4th)**

<https://www.gov.uk/apply-postal-vote>



**Applying for a proxy vote – 5pm 26th June
(if you need someone to vote on your behalf because you can't go to the polling station)**

<https://www.gov.uk/apply-proxy-vote>

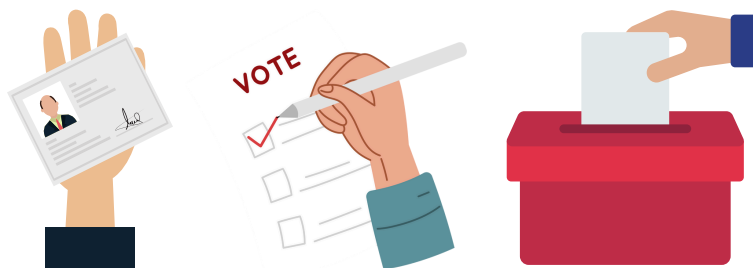


Obtaining voter photo ID – 5pm 26th June (if you don't have anything on the approved list)

www.gov.uk/how-to-vote/photo-id-youll-need



Polling Day – make sure you have your Voter ID (and, preferably) your Polling Card when you go to your designated polling station to cast your vote for your chosen candidate



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BLUEPRINT FOR IMPROVING THE LIVES OF OLDER PEOPLE

Age UK has long been listening to the priorities of older people and over 20,000 of them took part in the discussions to support the development of the Blueprint which have been shared with all political parties:



- 1. Keep the pensions triple lock**
- 2. An accessible NHS with lower waiting lists and easy to access GP services**
- 3. Reforming social care and being able to access essential services (especially when everything is going online)**
- 4. Ensuring the voices of older people are heard by government**
- 5. Getting to grips with an ageing population**

YOU CAN READ MORE ABOUT THESE PRIORITIES HERE:



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VOLUNTEERS' WEEK

It's been Volunteers' Week so we have been celebrating with events and meet up's, staff attended from Men in Sheds, Connect and Companion Services to provide updates and enjoy a chat and a cuppa with the volunteers who came along.

We have also been sharing our volunteers stories over the week, Sam an Information, Signposting and Advice volunteer and Marcin who volunteers as a digital support within our Companion Service tell us about their volunteering journey.



Look out for the video's on across the website & social media or click here to see them on our You Tube channel.
[Find our channel here](#)



SAM
VOLUNTEER
AGE UK NOTTS



[Watch Sam's Video here](#)

[Watch Marcin's Video here](#)



Have you thought about volunteering?



[Why Volunteer with us? Watch here](#)



Thanks to everyone who has made a video to help us share news and views about our charity – we're so grateful to you because it's not necessarily the easiest thing to do!



THANKS, DUNELM

We were pleased to be invited to the Nottingham Dunelm store on Bank Holiday Monday to meet their customers and staff (including Mandy) and raise some funds for Age UK Notts. We sold 95 tickets and raised just under £50 and it was great to see how many people knew about our services or were happy to take away a leaflet with them to share.

Dunelm donated some prizes for our Tombola Table and we're grateful for their support in making the day happen. This event was part of the overall Age UK/Dunelm partnership and we hope it will be the first of many.

Here's Elaine ready with her tombola drum (made by Men in Sheds).

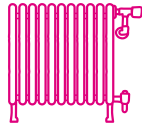
[Find out more about Age UK x Dunelm here](#)



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KEEPING WARM AND WISE!!



Following a recent funding application, we're thrilled to announce that our Warm and Wise project will be funded for another 2 years! That means people aged 50+ will benefit from personally tailored, in-depth energy advice and the free fitting of appropriate energy saving measures worth around £32 per household. Don't hesitate to refer anyone you know to the service so they're ready for the winter (or the rest of the summer if it doesn't warm up!).

[CLICK HERE FOR MORE DETAILS:](#)

Say no to scams!

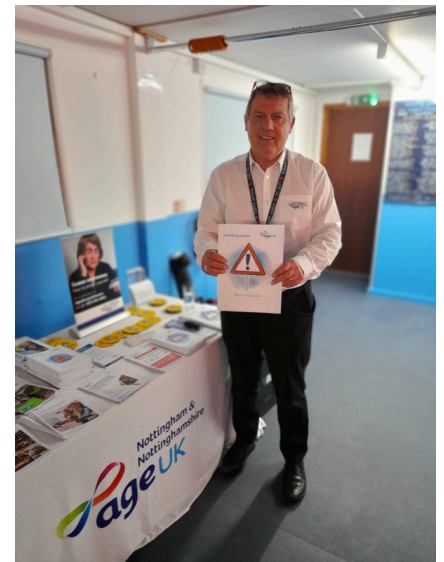


Data from Action Fraud, the national fraud and cybercrime reporting service, shows that 22,530 people reported that their online accounts had been hacked in 2023, with victims losing a total of £1.3 million.

Our Scams Awareness team offer FREE advice on how to identify potential scams and what action can be taken to avoid them.

If you would like a FREE Face to Face, 1:1 session our friendly team can deliver at home, over the phone or at our hubs at:
The Lifestyle Centre - NG2 2JD
The Sybil Levin Centre - NG8 6AD
Age UK Notts Charity Shop - Sutton in Ashfield - NG17 1DA

Please contact us on 0115 855 3388 or email scamsawareness@ageuknotts.org.uk for more information.

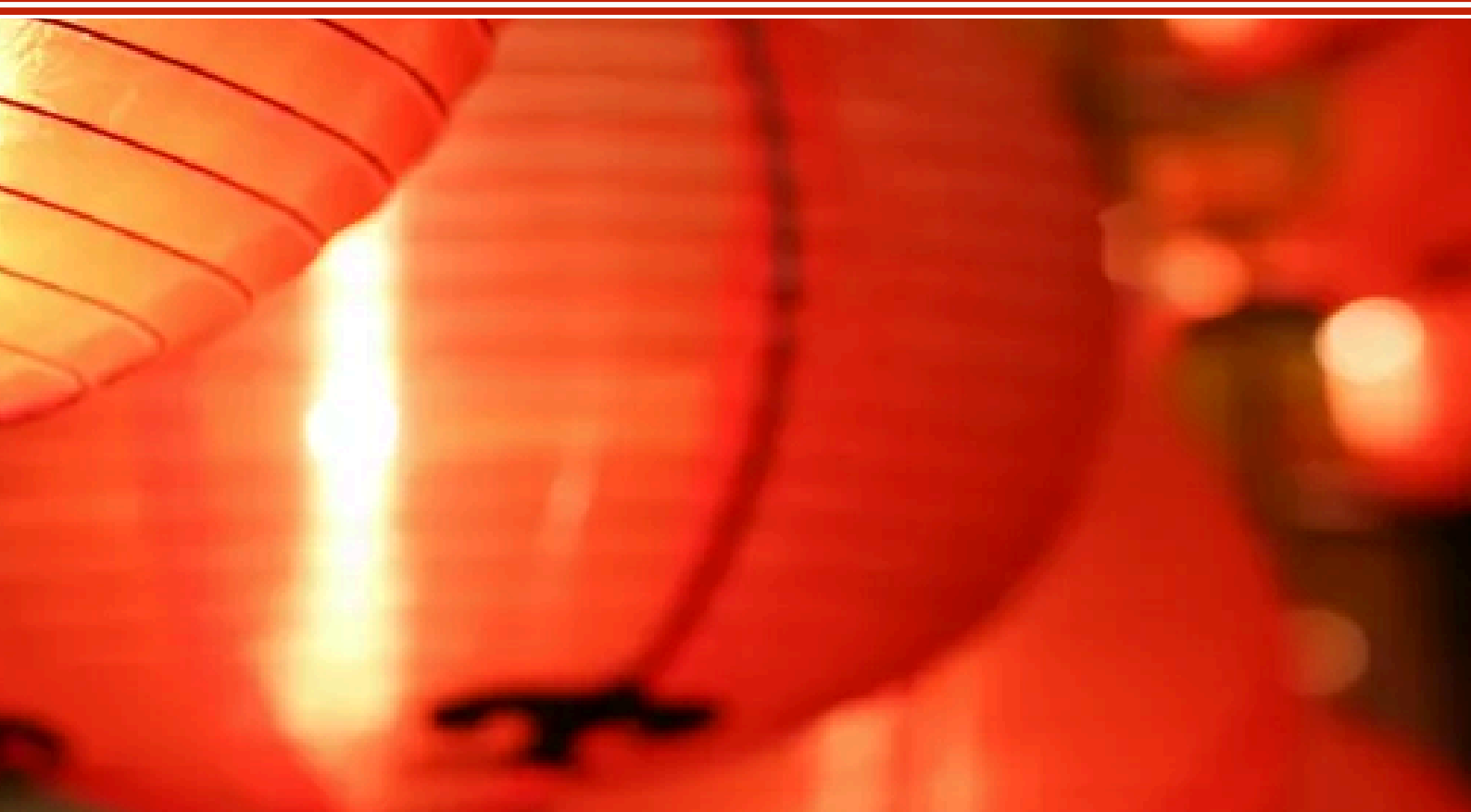


[Find out more here:](#)

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DELICIOUS FUN AND FOOD



Don't forget to buy your ticket for the Chungs event on Sunday 7th July (priced at £25 each). You'll be served a delicious Chinese meal, have the chance to win some lovely prizes in the raffle and enjoy some time with friends old and new.

To buy your ticket contact:
elaine.hopkins@ageuknotts.co.uk
or call Finance on
0115 896 6907 have your debit card ready
to pay by card.
(Leave your name and number and the
team will call you back if the line is busy).

Chungs
of Mapperley

Chungs Chinese Restaurant
948 Woodborough Road
Nottingham
NG3 5QS

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AMAZING AMAZON FINDS!

amazon.com[®]

Earlier this year our shops started a new relationship with our local Amazon warehouse.

They kindly donate products to us and the range is quite something from silicone cake moulds, beach bags, storage, veg choppers, cake stands, craft kits, grip socks, laundry solutions, cushion covers, gardening tools, party decorations, tech accessories, to name just a few! The range of goods donated changes frequently and when it's gone, it's gone.

Stocking these alongside our brilliant Men In Sheds products, furniture and extensive pre-loved donations means our shops continue to be full of joyous surprises. We recommend a visit!

Well done to Suzanne and her team for organising the sizeable Amazon collections.

If you have any items to donate and need help getting it to the shop, don't hesitate to contact Suzanne on :
01623 488201



“A very happy customer. Arthur’s favourite book character has a “lifty” desk. It was an instant purchase decision from the Sutton In Ashfield shop. AND it had been restored by Men In Sheds. Perfect!”



DATES FOR JUNE



6th June

The 80th anniversary of the Normandy Landings

On 5 and 6 June, a series of major commemorations in the UK and France will honour the brave personnel who risked their lives for freedom and peace.

Normandy will forever be marked by the D-Day Landings and the Battle of Normandy that led to the liberation of France and Europe. 2024 will mark the 80th Anniversary of this historic event, and with it, a momentous occasion to celebrate peace, liberty and reconciliation. A rich and unprecedented programme of events will be put together to bring the memory of this tragic period of world history to life, all while emphasizing the spirit of hope.

16 June

Eid Al-Adha

Eid al-Adha or the Feast of Sacrifice is the second of the two main holidays celebrated in Islam.

[Find out more about this celebration here](#)



12-18 June

Loneliness Awareness Week

This year the theme is Random Acts of Connection, and encourages everyone to increase those simple, everyday moments of connection which help us feel happier and less lonely. Our Companion Service can help you become more socially active, whether that's over the phone, in your home or out and about in the community.

[Find out more about this service here](#)

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AND FINALLY...



There is a lot of talk about Artificial Intelligence at present and the impact it will have on all our lives. Here's a very thought provoking statement from writer Joanna Maciejewska:

“I want AI to do my laundry and dishes so that I can do art and writing, not for AI to do my art and writing so that I can do my laundry and dishes.”

We're right with you there, Joanna!



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HR

Make a lasting impact on the lives of older people in Nottingham and Nottinghamshire - Join our team!



Bank Support Worker
(Specialist Dementia Day Service)

Support Worker
(Specialist Dementia Day Service)

A MESSAGE FROM COMMUNICATIONS



Tell us what you think of this month's loop!

If you have any news or information you would like to see included please forward onto to us.

Send any comments to
maria.cooke@ageuknotts.org.uk

If we can make it better, we will. If you like what you see, please tell us.

Maria & Sarah