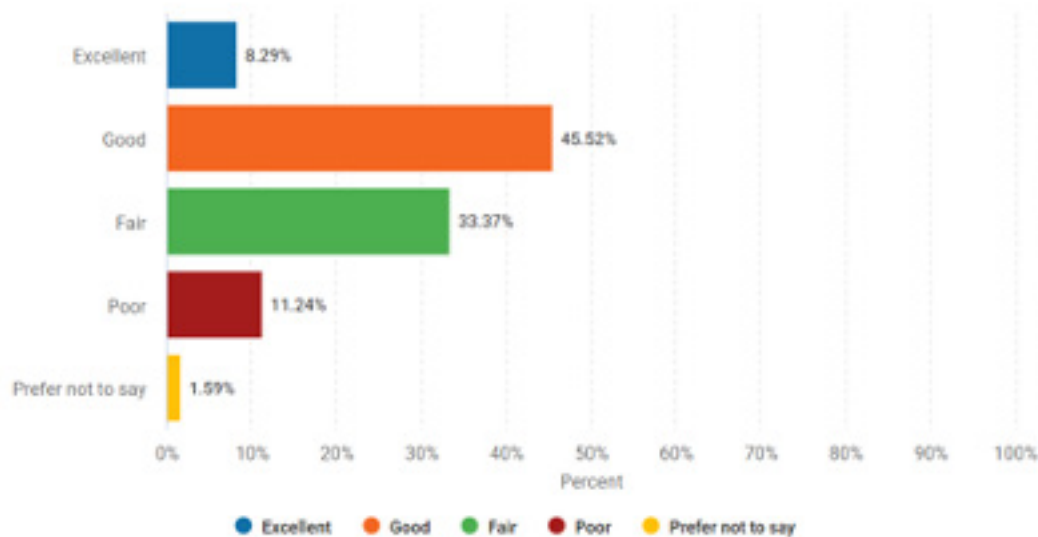


Community and healthcare



We asked respondents how they would rate their health.



56% of respondents agree that information about health and support services is clear and accessible to them. **23%** neither agree or disagree, and **17%** disagree.

39% of respondents disagree that delivery of health and support services is coordinated and simple. **28%** agree, and **24%** neither agree or disagree.

36% of respondents agree that health and social services are conveniently located and accessible by all means of transport. **30%** disagree, and **22%** neither agree or disagree.

44% of respondents disagree that GP and hospital appointments are available and easily accessible to them. **38%** agree, and **14%** neither agree or disagree.

26% of respondents don't know if support with memory problems is available and accessible to them. **19%** neither agree or disagree, **16%** disagree, and **12%** agree. **31%** said the question wasn't applicable to them.

20% of respondents don't know if support with their mental health wellbeing is available and accessible to them. **20%** neither agree or disagree, **19%** agree, and **16%** disagree. **24%** said the question wasn't applicable to them.

21% of respondents don't know if support with incontinence problems is easy to access and works for them. **15%** neither agree or disagree, **12%** disagree, and **9%** agree. **44%** said the question wasn't applicable to them.



34% of respondents agree that support to keep them to be physically active is available and accessible to them.

23% of respondents agree that support to help them eat well and maintain a healthy weight is easy to access and helps them.

9% of respondents agree that they are able to access the help they need to look after someone who relies on them for support. **8%** disagree. **62%** said the question wasn't applicable to them.

We received **mixed responses** when we asked what works well with community support and health services. Many people were very happy with GP and hospital services, others struggle to get appointments. Many people have not had a reason to access services so they were unable to comment. We had positive feedback about health and care staff.

We asked people what they think could be better with community health and support services. Responses included:

- Better **access** to GP appointments.
- Improved **transport** support to appointments.
- **Promotion** of services so people know what is available.
- **Proactive care.** Better access to health checks and support with healthy diet etc.
- **Better coordinated care** and care manager for people with complex health issues and information sharing between services.
- **More day activities and day centres.**
- **Dentistry.**
- More **support for carers.**
- Waits for knee/hip replacements.

We asked people what what is most important to them about their health and what would help them to stay as well as possible. Responses included:

- **Access** to GP appointments including regular health and wellbeing check-ups to prevent future problems, advice about diet/nutrition.
- **Staying fit, active and involved.** Encouragement, accessible and affordable exercise classes, company of others, mental stimulation, balance classes, walking groups.
- **Transport** to enable attendance at appointments and activities.
- **Taking early action** so conditions don't progress.
- **Staying as independent as possible.**