

Advocacy

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Age UK Norfolk recruits and trains volunteers as independent advocates to help older people to have their voice heard whether living in their own home or a care home.

How Advocacy helps

We support older people to assert their rights and enable their voice to be heard when decisions need to be made that affect their lives. We assist older people by giving them information which allows them to make informed choices.

To obtain our help, telephone our advice line (0300 500 1217 Monday-Friday 10am to 4pm) or email advice@ageuknorfolk.org.uk

