

# **Advocacy Volunteer Role**

## About Age UK Norfolk's Advocacy Service

Age UK Norfolk's advocacy team support older people to voice their concerns and assert their rights when decisions are made that affect their lives. They support the older person by providing information, practical help with phone calls, letters and face-to-face interviews. Advocacy volunteers usually visit the older person at home.

# **About the Volunteer Role**

#### Main Purpose

• To provide independent support to an older person in order to promote their independence for as long as possible. The older person may be in their own home or in a care home.

#### Tasks

• Volunteers will support the older person with practical tasks such as phone calls, letters, filling in forms, representing the older person's views (in a nonlegal capacity), providing information and helping them to access specialist information, advice and representation services.

• To adhere to the policies and practices of Age UK Norfolk

#### Skills

- Ability to process information from telephone, video calls, emails and documents
- · Ability to make an accurate record of the actions taken in assisting clients
- · Ability to assist clients with filling in forms and writing letters
- •Ability to identify problems and suggest a number of solutions
- •Commitment to equal opportunities and awareness of the discrimination that older people may face
- · Good listening skills and the ability to explain complex information in a straightforward way
- Empathy with the problems faced by older people and their carers

### Availability

Flexible hours between 9 am and 5 pm Monday Friday

### Responsible to and supported by

Advocacy Coordinator

### **Training and DBS**

Full training and ongoing support is provided. A satisfactory DBS (criminal records) check is required.

#### Expenses

Expenses are paid.



Making Norfolk a great place to grow older