

Version: 20th December 2023

| Safeguarding and Capacity policy – staff and volunteers | | | | | | | |
|--|---------------------------------------|--|--|--|--|--|--|
| Author | Ann Donkin, Chief Executive (Interim) | | | | | | |
| Division | Senior Management Team | | | | | | |
| For use by | Staff and Volunteers | | | | | | |
| Purpose To set out the policy and reporting procedures to be followed to safeguard adults to whom the Charity provides services | | | | | | | |
| Other policies relating to safeguarding e.g. DBS Ch Whistle Blowing Policy | | | | | | | |
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| DOCUMENT CONTROL | | | | | | | | |
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| DATE | EDITS | EDITOR / REVIEWER | CHANGE CONTROLLER / DOCUMENT OWNER | | | | | |
| 21 st September 2023 | First draft for SMT discussion following review of policy adopted in March 2022. | Ann Donkin, Chief Executive (Interim) | Ann Donkin, Chief Executive (Interim) | | | | | |
| 17 th October 2023 | Incorporated amendments to reporting procedure from JF. | Ann Donkin, Chief Executive (Interim) | Ann Donkin, Chief Executive (Interim) | | | | | |
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| 22 nd November 2023 | Appendix 4 updated. | Ann Donkin, Chief Executive (Interim) | Ann Donkin, Chief Executive (Interim) | | | | | |
| 24 th November 2023 | Appendix 2 updated – file reference number moved to the top of the document and signpost to list of categories updated | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |
| 24 th November 2023 | Appendix 3 flowchart updated to complete process for volunteers | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |
| 13 TH December 2023 | Section 11 added Mental Capacity and Consent | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |
| 13 th December 2023 | Appendix 2 Box added to safeguarding report to record consent | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |
| 15 th December 2023 | Final EDITOR check | Ann Donkin, Chief Executive (Interim) | Ann Donkin, Chief Executive (Interim) | | | | | |
| 20 th December 2023 | Points 10.2 & 10.3 removed. Covered in 11.3 & 11.7 | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |
| 20 th December 2023 | Appendix 2 updated to include email address and DSO details | Vanessa Brown Head of Corporate Services | Ann Donkin, Chief Executive (Interim) | | | | | |



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1 POLICY CONTEXT

- 1.1 The Charity Commission guidance Safeguarding and protecting people for charities and trustees published on 6th December 2017 and last updated 1st June 2022, states that Trustees must be assured that all policies, procedures and practice are checked and challenged to ensure they are fit for purpose. The guidance Safeguarding and protecting people for charities and trustees GOV.UK (www.gov.uk) contains links to resources and a particularly useful one-page summary of 10 safeguarding actions for Trustees in terms of their legal duties.
- 1.2 In addition, the *Norfolk Safeguarding Adults Board* (*NSAB*), operating under the auspices of *Norfolk County Council*, is the formal arrangement which brings together statutory and non-statutory organisations to actively promote effective working relationships between different organisations and professional groups to address the issue of abuse and harm. *NSAB* is a strategic board, with an excellent website of resources designed to support the multi-agency safeguarding adults partnership in Norfolk with a wide range of information, guidance, and useful links: Norfolk Safeguarding Adults Board (NSAB)
- 1.3 Age UK Norfolk (AUKN) is absolutely committed to safeguarding adults by protecting their health, wellbeing and human rights enabling them to live free from harm, abuse and neglect.

2 POLICY AIMS

- 2.1 The purpose of AUKN's Safeguarding Policy is to prevent harm and reduce the risk of adults with care and support needs suffering from abuse or neglect.
- 2.2 This policy is based on the fundamental principle that all adults regardless of age, disability, gender, gender identity, ethnic, cultural, racial, national origins, religious belief/non-belief or sexual orientation have the right to live safely, free from abuse and neglect.
- 2.3 This policy also gives clear guidance to staff, volunteers and visitors about the behaviour expected and AUKN's legal responsibilities to safeguard and promote the welfare of adults at risk of abuse or neglect who are in contact with at AUKN.

2 INTRODUCTION

- 2.1 AUKN fully recognises the contribution the organisation can make in protecting adults from abuse and neglect. This policy applies to all adults at risk of abuse or neglect, staff, volunteers and visitors.
- 2.2 Under the *Care Act 2014*, anyone aged 18 and older is considered to be an adult, and could potentially be considered under section 42 of that *Act* which relates to the duty to carry out safeguarding adult enquiries if the adult:
 - Has needs for care and support (regardless of the level of need and whether or not the council is meeting any of those needs)
 - Is experiencing, or is at risk of abuse or neglect, and
 - As a result of those needs, is unable to protect themselves against abuse or neglect or the risk of it.



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- 2.3 Where someone over 18 is still receiving children's services, for example in an education setting until the age of 25, and a safeguarding issue is raised the matter should be dealt with through adult safeguarding arrangements. Children's safeguarding and other relevant partners should be involved as appropriate. The level of need is not relevant, and the young adult does not need to have eligible needs for care and support under the Care Act.
- 2.4 The Care Act 2014 does not set out a specific definition of abuse. Abuse can consist of a single or repeated act(s); it can be intentional or unintentional or result from a lack of knowledge. Types and signs of abuse and neglect are listed at appendix 1.
- 2.4 For domestic abuse, the age limit is 16 years of age.

Note: To be considered as a safeguarding concern the adult must meet the criteria set out in the Care Act 2014 and detailed above.

3 ETHOS

- 3.1 AUKN will establish and maintain an environment where adults feel safe, secure, are encouraged to talk and are listened to. Adults will be able to talk freely to any member of staff, volunteer or regular visitor to AUKN's organisation if they are worried or concerned about something.
- 3.2 AUKN will support anyone who, **in good faith**, reports a concern that an adult is being abused or neglected or is at risk of abuse or neglect even if those concerns prove to be unfounded.
- 3.3 Through training both induction and on-going refresher training AUKN will ensure that all staff, volunteers and regular visitors:
 - understand the importance of safeguarding and their role in safeguarding adults
 - recognise an adult potentially in need of safeguarding and know what action to take
 - are able to recognise a disclosure from an adult and react appropriately
 - are aware of the different forms of abuse and neglect
 - understand dignity and respect when working with individuals
 - know how to report an adult safeguarding concern in line with this policy
- 3.4 AUKN will provide information and advice to enable all the adults AUKN works with to understand their rights and how they can obtain help and support.
- 3.5 At all times, AUKN will work in partnership and try to establish effective working relationships with carers, spouses / partners, relatives and colleagues from other agencies and organisations.

4 GENERAL PROCEDURES

- 4.1 When joining the organisation all new staff, volunteers and regular visitors will be:
 - informed of the safeguarding arrangements in place
 - given a copy AUKN's safeguarding policy and told who the Designated Safeguarding Officer / s is / are and how to contact them
 - given a copy of the recording format and guidance on how to complete it and who to pass it to.



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- 4.2 As part of their induction, they will undertake appropriate **Safeguarding Awareness Training.**
- 4.3 **All staff and volunteers** will be asked to read this policy after it has been reviewed. They will sign to say they have read and understood the policy.
- 4.4 Ongoing, all regular visitors and volunteers will be:
 - told where this policy is kept
 - given a set of safeguarding procedures, told who the Designated Safeguarding Officer / s is / are and how to contact them or an alternative staff member
 - told how the recording and reporting system works.
- 4.5 All service users, partners, spouses, relatives and carers will be:
 - informed of the Charity's legal duty to assist colleagues in other agencies with adult safeguarding enquiries and
 - what happens should there be cause to make a safeguarding referral to Adult Social Care.
- 4.6 **All adults** or, where the adult does not have capacity, their partner / spouse, relatives or legal guardians, will be required to give consent at the start of the adult's involvement with the organisation. This may include contact details for the individual's Doctor and next of kin in the case of an emergency, where appropriate. It may also contain a section requesting permission for photographs to be taken and used for promotional purposes only should the need arise.

5 TRAINING

- 5.1 **Every member of staff** will undertake appropriate safeguarding training every **three years**. Training is available from a number of organisations as well as through the Norfolk Safeguarding Adults Board's (NSAB) Safeguarding Training programme. Any Adult Safeguarding Training that AUKN uses will meet the standards of the *NSAB* Training.
- 5.2 AUKN actively encourages all staff and volunteers to keep up to date with the most recent local and national safeguarding advice and guidance. This can be accessed via norfolksafeguardingadultsboard.info.
- 5.3 The Designated Safeguarding Officer / s should be used as the first point of contact for any safeguarding queries or concerns in AUKN in relation to the application of this policy.

6 RECRUITMENT

- 6.1 All staff, volunteers and regular visitors who come into contact with the adults AUKN works with have a duty of care to prevent harm and reduce the risk of them suffering from abuse or neglect. There is a legal duty placed upon AUKN to ensure that everyone who works with or on behalf of all the adults who AUKN comes in contact with is competent and suitable to do so.
- 6.2 AUKN's recruitment practices are designed to help prevent unsuitable people from working with adults at risk of abuse or neglect. An integral part of this is the correct use of *Disclosure and Barring Service (DBS)* checks. Full details are set out in the *DBS* policy.



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7 GOOD WORKING PRACTICES

- 7.1 Good practice guidance will help staff and volunteers avoid putting themselves in a situation which could put them at risk of having an allegation of abuse made against them. This includes:
 - avoiding unobserved one-to-one situations with adults keep a door open and/or ensure that you are within the hearing of others
 - not offering to transport an adult in your own vehicle
 - never allowing yourself to be drawn into inappropriate attention seeking behaviour
 - never entering a room where an adult may not be fully dressed without first clearly obtaining their consent
 - never undertaking activities of a 'personal' nature for an adult unless that is clearly defined as part of your role – this is likely to be considered a regulated activity
 - never engaging in, or allowing, any sexually provocative games, whether based on talking or touching
 - never making suggestive remarks or discriminatory comments
 - never engaging in, or tolerating bullying or harassment
 - never engaging in, or tolerating, inappropriate physical activity e.g. horseplay
 - never trivialising allegations of abuse or neglect
 - doing your part in developing a culture in which everyone feels able to point out inappropriate attitudes and behaviours to each other
 - ensuring that all allegations of abuse are reported, including any made against you
 - remembering that someone else might misinterpret your actions, no matter how well intentioned.

8 ROLES AND RESPONSIBILITIES

- 8.1 It is the responsibility and duty of any member of staff, volunteer and visitor to AUKN to properly **report and record** a safety or welfare concern in accordance with the procedures set out in this policy at section 11.
- 8.2 The DSO / s is / are responsible for:
 - liaising with Adult Social Services and other agencies where necessary and ensuring that referrals are made by following the agreed procedures
 - ensuring that all staff and volunteers are aware of AUKN's policy and the procedure they need to follow
 - ensuring that all staff, volunteers and regular visitors have received appropriate safeguarding information and training during induction and this training is refreshed every three years
 - ensuring that AUKN's safeguarding policy is in place, is reviewed annually and follows the guidance provided by the NSAB
 - ensuring that at all times safer recruitment practices are followed.
- 8.3 AUKN undertakes to remedy without delay any weakness regarding its safeguarding arrangements that are brought to AUKN's attention.



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9 DEALING WITH ALLEGATIONS OF ABUSE / NEGLECT AGAINST STAFF & VOLUNTEERS

- 9.1 Allegations of abuse or neglect can sometimes arise from a differing understanding of the same event, but when they occur, they are distressing and difficult for all concerned. AUKN recognises that many allegations are genuine and there are some people who harm or abuse adults.
- 9.2 As part of AUKN's commitment to safeguarding adults AUKN works with and supports, AUKN will follow policies and guidance from *NSAB*.
- 9.3 All the people who work and volunteer with AUKN will be made aware of the procedures that will be followed if an allegation of abuse or neglect is made against them.
- 9.4 AUKN will support anyone who, **in good faith**, reports his or her concerns that an adult is being abused or neglected or is at risk of abuse or neglect even if those concerns prove to be unfounded.
- 9.5 In Norfolk, the lead agency for safeguarding adults is Norfolk County Council (Adult Social Services). Any allegation raised directly with AUKN must be reported on to Norfolk County Council within 1 working day.
- 9.6 Telephone **0344 800 8020** and follow the prompts to the Safeguarding Adults option.
- 9.7 If a concern involves immediate or serious risk or injury, AUKN will report first to emergency services using 999.
- 9.8 Where any allegations are made to the police or Adult Social Care about an employee, the relevant authorities will liaise with AUKN about the appropriate course of action.
- 9.9 If an individual [paid worker or unpaid volunteer] is dismissed or stopped from working at AUKN because the person poses a risk of harm to adults (even if they have left e.g. resigned), AUKN must make a referral to the *Disclosure and Barring Service*. It is a criminal offence to FAIL to make a referral without good reason.

10 HANDLING A DISCLOSURE OF ABUSE

10.1 An adult may tell someone they trust that they are being abused or neglected. They will often not be aware of sources of help and support. It takes courage to confide in someone – the way in which staff/volunteers respond can be crucial.

Do:

- remain calm and receptive
- listen without interrupting
- make it clear that you are taking the matter seriously
- acknowledge their courage in telling you
- let them know you will do what you can to help
- try to get their permission for you to share the information on a need-to-know basis to enable them to receive the help and support they need
- record what was said as soon as possible signing and dating it
- contact the DSO immediately
- Seek support.



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Do not:

- allow your shock to show
- ask leading questions
- probe for more information
- make assumptions or speculate
- make negative comments about the abuser
- make promises you cannot keep
- give assurances of absolute confidentiality particularly in those situations where other adults may be at risk.

11 MENTAL CAPACITY AND CONSENT

- 11.1 The Mental Capacity Act 2005 (legislation.gov.uk) align the following principles:
- We must presume capacity most people can make some decisions
- A person is not to be treated as unable to make a decision unless all practicable steps to help them to do so have been taken without success.
- A person is not to be treated as unable to make a decision merely because they make an unwise decision. A decision may be unwise; this does not make it wrong
- An act done, or decision made, for or on behalf of a person must be done, or made, in their best interests.
- Before the act is done, or the decision is made, regard must be had to whether the purpose for which
 it is needed can be as effectively achieved in a way that is less restrictive of the person's rights and
 freedom of action.
- 11.2 A vulnerable adult's consent to information being shared is another key element in considering any onward safeguarding disclosure to another agency. It is important in helping us to take appropriate and proportionate action in response to a concern.
- 11.3 Where an individual does not give express consent for their disclosure to be reported through official channels or if they specifically request that they do not wish for this to be reported the following must be considered:
- If they are in physical danger or at significant risk of harm
- If it is in the interest of others to report or there is risk of harm to others if a report is not made
- If It is the considered opinion of the GP or Mental Health professional that the individual is unable/incapable of making an informed decision for themselves. We are not in a position to formally assess mental capacity and therefore should adhere to the principles of the Mental Capacity Act.
- 11.4 In these cases it should be noted the conversations had on charity log and the safeguarding report to be uploaded on charity log, along with the refusal or inability to consent and the action taken as a result in consultation with line manager and, if appropriate, a designated safeguarding lead. An ongoing report to the appropriate agency may go against the express wishes of the vulnerable individual with consideration to the best interest principles.
- 11.5 In any case, the reporting of safeguarding concerns should not be unduly delayed, and a referral made, or advice sought thereof as soon as practicably possible through the official channels of the Norfolk County Council Adult Safeguarding Team.
- 11.6 If the vulnerable adult has mental capacity and refuses consent for us to report our concerns, this should be expressly noted on charity log including further actions agreed to provide continuing



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support to the individual and a discussion had around consenting to further action in the future along with any independent support the individual may have in place.

11.7 If there are any concerns or doubts about how to proceed, a Designated Safeguarding Officer (DSO) should be consulted.

12 MAKING A SAFEGUARDING REFERRAL

- 12.1 The process for making a safeguarding referral is shown in the flowchart at appendix 3.
- 12.2 AUKN is clear that the local authority (Norfolk County Council) (and the police where a concern relates to a potentially criminal matter) must lead all investigations into any allegation regarding safeguarding. Key steps are:
 - Telephone Norfolk County Council: 0344 800 8020 [operates 24 hours a day 365 days a year] with prompts to the Safeguarding Option.
 - State that it is an adult safeguarding matter and explain any concerns. Clarify with them what action should be taken and by whom.
 - Make a note of the person spoken to including the guidance they gave, their name and contact details on the reporting form. Guidance on the information required when making a referral is available on the NSAB website – see <u>Raising a Safeguarding Adults Concern:</u> Checklist
- 12.3 If unsure if a referral should be made, contact Norfolk County Council Adults Social Care and ask for advice. This can be anonymous on the part of the adult to help establish the level of concern and any action advised.

13 RECORDS AND CONFIDENTIALITY

- 13.1 Is there is concern about the safety or wellbeing of any adult in the organisation, these concerns should be reported immediately to the DSO.
- 13.2 All information is confidential and must be managed and stored within AUKN's organisation in line with the Date Protection Act 2018 and General Data Protection Regulation (GDPR). However, AUKN acknowledges that, where there are concerns that an adult may be at risk of harm or abuse, information can be shared with other agencies, for example, Adult Social Care, the Police and where appropriate the *Care Quality Commission*.

14 RELEVANT GUIDANCE AND LEGISLATION

14.1 A list of the current guidance and legislation is shown at appendix 4 though this is not exhaustive.

15 USEFUL CONTACTS

Norfolk County Council (for concerns about adults and children) 0344 800 8020 Norfolk Police:

Non-Emergency
In an Emergency

101 999



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Norfolk Safeguarding Adults Board Care Quality Commission (CQC) NHS and Social Care Whistleblowing Helpline norfolksafeguardingadultsboard.info

0300 061 6161 0800 072 4725

There are a number of ways to report a hate incident:

- In an emergency always phone 999
- Contact the police via email: enquiries@norfolk.pnn.police.uk or visit their website: norfolk.police.uk
- Going to any Norfolk County Council public building such as libraries and reporting it, where staff will be able to assist if needed
- Going to the local district council, local police station or any facility the 'Hate Incident Reporting Place' logo is displayed

16 AGE UK NORFOLK NAMED DESIGNATED SAFEGUARDING OFFICERS (DSOs)

- 16.1 The named Designated Safeguarding Officers (DSOs) at 15th December 2023 are:
 - Jennifer Field, Deputy CEO & Head of Enabling & Supporting email: safeguardingsafeguarding@ageuknorfolk.org.uk tel: 01603 787111 ext. 220
 - Emma Harkness, Head of Informing & Advising email: <u>safeguardingsafeguarding@ageuknorfolk.org.uk</u> tel: 01603 787111 ext. 218
 - Ann Donkin, CEO (Interim) email: <u>safeguardingsafeguarding@ageuknorfolk.org.uk</u> tel: 01603 787111 ext. 240
- 16.2 The dedicated safeguarding reporting mailbox is:

safeguardingsafeguarding@ageuknorfolk.org.uk



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Appendix 1

WHAT IS ABUSE AND NEGLECT?

The Care Act 2014 does not set out a specific definition of abuse. Abuse can consist of a single or repeated act(s); it can be intentional or unintentional or result from a lack of knowledge. Abuse and neglect:

Can take many forms

- It may be an isolated incident, a series of incidents or a long-term pattern of behaviour
- It could affect one person or many more
- It may be in someone's home, in public or in an institutional setting
- It may be deliberate or the result of negligence or ignorance
- Exploitation in particular is a common pattern in abuse and neglect
- The degree or lack of intent will inform the response which will be appropriate and proportionate to the concerns that have been raised.

Can happen anywhere

- In a person's own home and/or other people's homes
- In public places or in the community
- In clubs
- At work
- Schools and colleges of further education
- In hospitals, surgeries or other health centres
- Care homes
- In places of worship
- Via electronic media including the intranet
- Day centres

Patterns of abuse vary and includes:

- **Serial abusing** in which the perpetrator seeks out and 'grooms' individuals sexual abuse sometimes falls into this pattern as do some forms of financial abuse and radicalisation
- **Long-term abuse** in the context of an ongoing family relationship such as domestic violence between partners/spouses or generations or persistent psychological abuse
- Opportunistic abuse such as theft occurring because money or jewellery has been left lying around
- Situational abuse which arises because pressures have built up and or because of difficult or challenging behaviour
- **Neglecting** a person's needs because the carer has difficulties. These could be debt, alcohol, or mental health related or the specific demands resulting from caring for someone

Anyone can be an abuser or neglect someone including:

- Spouses/partners
- Other family members
- Carers
- Neighbours
- Friends
- Acquaintances
- Local residents
- People who deliberately exploits adults their perceive as vulnerable to abuse



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- · Paid staff or professionals
- Volunteers and strangers

TYPES OF ABUSE AND NEGLECT

The statutory guidance in the Care Act 2014 lists ten types of abuse.

Physical Abuse - includes:

- hitting, pushing, pinching, shaking, grabbing, biting, hair-pulling, scalding
- misusing medication
- withholding food or drink, force-feeding
- restraint or inappropriate physical sanctions
- failing to provide physical care or aids to living for example glasses or a walking stick

Psychological & Emotional Abuse includes:

- threats of harm or abandonment
- deprivation of contact
- radicalisation [being exploited by those who would want them to embrace terrorism]
- humiliation, blaming, controlling
- intimidation, coercion
- harassment, verbal abuse and cyber bullying
- isolation or unreasonable and unjustified withdrawal of services or support

Financial or Material Abuse can occur in isolation, but is often present with other forms of abuse and includes:

- theft and fraud
- internet scamming
- some forms can involve the perpetrator seeking out and grooming individuals
- coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions
- misuse or misappropriation of property, possessions or benefits

Sexual Abuse includes:

- rape, sexual assault or sexual acts to which the adult has not consented to, was unable to consent
 to, or was pressured into consenting to
- indecent exposure; sexual harassment
- inappropriate looking or touching
- sexual teasing or innuendo
- sexual photography, subjection to pornography or witnessing sexual acts

Sexual Exploitation is a subset of sexual abuse, it involves:

- exploitative situations and relationships where people receive 'something' (e.g. accommodation, alcohol, affection, money) as a result of them performing, or others performing on them, sexual activities
- can also involve serial abusing in which the perpetrator seeks out and 'grooms' individuals; grooming is defined as developing the trust of an individual at risk of abuse and/or his or her family in order to engage in illegal sexual conduct

Organisational Abuse includes:

 neglect and poor care practice within an institution or specific care setting such as a hospital or care home for example, or in relation to care provided in one's own home



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- this may range from one off incidents to on-going ill-treatment
- it can be through neglect or poor professional practice as a result of the structure, policies, processes and practices within an organisation.

Neglect and Acts of Omission includes:

- ignoring medical, emotional or physical care needs
- failure to provide access to appropriate health, care and support or educational services
- withholding of the necessities of life, such as medication, adequate nutrition and heating

Discriminatory Abuse – includes:

- forms of harassment, slurs or maltreatment because of someone's actual or perceived age, disability, gender, gender identify, ethnic, racial, cultural or national origin, religious belief/non-belief or sexual orientation
- hate incidents are a form of discriminatory abuse

Domestic Abuse defined in The Domestic Abuse Act 2021 is as an incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse by someone who **is or has been 'personally connected'** (so no longer just intimate partner or family member) regardless of gender or sexuality. For this type of abuse **the age range is extended down to 16**. It includes:

- psychological, physical, sexual, financial, emotional abuse
- 'so called honour' based violence
- female genital mutilation
- forced marriage
- it also includes being a witness to domestic abuse of another person

Modern Slavery and Human Trafficking encompasses:

- Sexual exploitation including prostitution and 'adult entertainment'
- Forced labour commonly in agricultural, construction, food processing, hospitality industries, factories, car washers and nail bars
- Domestic servitude
- Organ harvesting
- Forced criminality includes cannabis cultivation, street crime, forced begging, burglary, metal theft and benefit fraud

Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment. They may use concerns about an individual's immigration status or concerns that their families may be at risk if they resist exploitation.

Self-neglect covers a wide range of behaviour including:

- neglecting to care for one's own personal hygiene, health, safety or surroundings
- behaviour such as hoarding.

The definition of self-neglect **excludes** a situation in which a mentally competent person, who understands the consequences of their decisions, makes a conscious and voluntary decision to engage in acts that threaten their health or safety as a matter of personal choice.

However, there is a need to assess concerns - balancing the individual's right to choose their lifestyle, considering their mental health or capacity to understand the consequences of their actions. It can often be a care or risk management issue rather than a safeguarding concern and may require a social care assessment in the first instance.



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SIGNS AND INDICATORS OF ABUSE / NEGLECT / HUMAN TRAFFICKING

The signs of abuse are not always clear. The following may, however, suggest the possibility of abuse:

- · disclosures by the victim
- · concern expressed by a third party
- admissions by the perpetrator
- someone expressing fears that abuse might happen
- evidence of unreported injuries
- signs of fear or distress
- injuries suggesting a possible non-accidental cause
- explanations that are incompatible with injuries presented or where conflicting explanations are given
- a history of persistent illness, infection or injury
- inappropriate use of medication
- possessions or money going missing, or bills not being paid
- property being sold without the owner's consent or understanding
- sudden or unexpected removal of an individual from a care setting.
- a person is uncharacteristically withdrawn, without apparent reason
- a person is found alone and at risk without adequate explanation
- a significant lapse between injury or illness and obtaining medical or other care
- abrupt or frequent changes of doctor or caring agency
- unexplained weight loss
- · uncharacteristically unkempt appearance or surroundings
- agencies have repeated difficulty in gaining access to see someone
- it is made difficult to speak to a person alone without their carer/another person
- present
- evidence of avoidance, including regularly missed appointments, refusal of help, etc.
- evidence of alcohol or other substance misuse
- signs of stress
- history of previous abuse or violence in the family
- unexplained pain, itching, infection or injury in the anal, genital or abdominal areas
- torn, stained or bloody underclothing
- multiple unrelated people living at one address living in overcrowded private rental accommodation

SIGNS AN INDIVIDUAL MAY BEING LED INTO EXTREMISM

The following may indicate that an individual is at risk of being radicalised or is being exposed to extremist views:

- in contact with extremist recruiters and/or spending increasing time in the company of other suspected extremists
- Loss of interest in other friends and activities not associated with the extremist ideology, group or cause
- Accessing extremist material online, including through social networking sites
- Possessing or accessing materials or symbols associated with an extremist cause
- Justifying violence to address social issues
- Graffiti symbols, writing or artwork promoting extremist messages or images



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- Significant changes to appearance and/or behaviour increasingly centred on an extremist ideology, group or cause
- Changing their style of dress or personal appearance to accord with the group
- Attempts to recruit others to the group/cause
- Using insulting or derogatory names for another group

HATE INCIDENTS

A hate incident is any incident which is perceived by the person, or any other person as being motivated by prejudice or hatred. Hate incidents / crime can be anything from name calling, physical attack, vandalism or stealing a person's property, motivated by prejudice, hostility or hatred towards that individual because they are 'different'. It may or may not be a crime and it may or may not be linked to a safeguarding concern.

CENTRAL SAFEGUARDING REPORTING

| Once complete | ed, this f | orm sh | ould be | sent to the ded | dicated emai | l : safeguard | dingsafeguard | ding@ageuknorfol | k.org .uk | | | |
|---|-------------------------|---------|-----------|---|---|-------------------------------|-----------------|--|------------------------|-------------------|----------|---------------|
| Department | | | | | | | | Date | | | | |
| CLOG R | eference | No | | | | | | | | | | |
| Staff Member reporting | | | | | | | | | | | | |
| Category (please tick relevant column) | Physica | | exual | Emotional | Neglect | Self - Neglect | Financial | Organisational | Discriminatory | Modern Slavery | Domestic | Psychological |
| An explanation | of the cat | egories | is inclua | led in Appendix | 1 | | | | | | | |
| Referred to | | | | | | | | | | | | |
| Consent to Refer | Υ | N | If N b | out an ongoing r | eferral is mad | de, please exp | plain reasons | using principles in S | Section 11 of the poli | су | | |
| Brief Details | | | | | | | | | | | | |
| Other agencies involved in care | | | | | | | | | | | | |
| Actions | | | | | | | | | | | | |
| Outcome (if known) (support/ safeguarding plan) | | | | | | | | | | | | |
| Internal | | | | | | | | | | | | |
| External | | | | | | | | | | | | |
| Reviewed (i.e. 3 monthly, 6 monthly, annually) | | | | | | | | | | | | |
| Named Designate Jennifer Field, De | eputy CEO Head of In | & Head | of Enabl | ing & Supporting sing email: <u>safe</u> g | ı email: <u>safegı</u> uardingsafegı | uardingsafegu uarding@ageu | knorfolk.org.uk | norfolk.org.uk tel: 01 <u>k</u> tel: 01603 787111 ex ext. 240: 01603 | | | | |



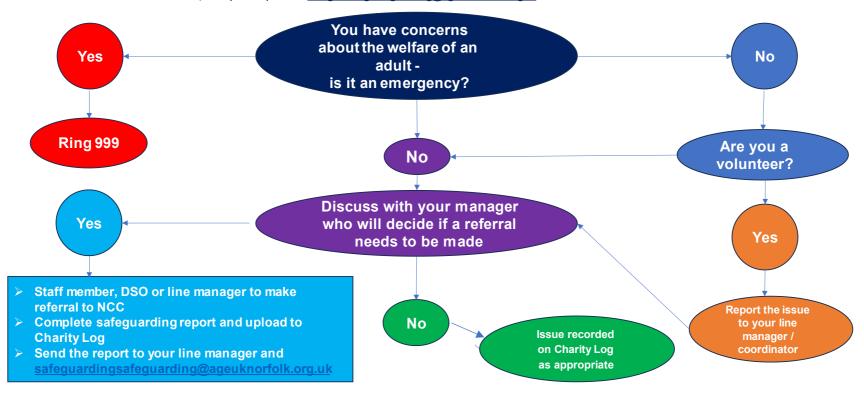
SAFEGUARDING FLOWCHART

Named Designated Safeguarding Officers (DSOs) asat 15th December 2023:

Jennifer Field, Deputy CEO & Head of Enabling & Supporting emailsafeguardingsafeguarding@ageuknorfolk.org.uk tel: 01603 787111 ext. 220

Emma Harkness, Head of Informing & Advising email:safeguardingsafeguarding@ageuknorfolk.org.uk tel: 01603 787111 ext. 218

Ann Donkin, CEO (Interim) email: safeguarding@ageuknorfolk.org.uk tel: 01603 787111 ext. 240: 01603



LIST OF THE CURRENT GUIDANCE AND LEGISLATION THOUGH THIS IS NOT EXHAUSTIVE

- Care Act 2014
- Domestic Abuse Act 2021
- Human Rights Act 1998
- Mental Health Act 2007
- Equalities Act 2010
- Public Interest Disclosure Act 1998
- Data Protection Act 2018 (and General Data Protection Regulations (GDPR))
- Care Standards Act 2000
- Sexual Offences Act 2003
- Domestic Violence Crime and Victims Act 2004
- Domestic Abuse Act 2021
- Mental Capacity Act 2005
- Modern Slavery Act 2015
- 'Safeguarding Adults' National Framework 2005
- The Safeguarding Vulnerable Groups Act 2006
- The Protection of Freedoms Act 2012
- Section 26 and 29 of the Counter Terrorism and Security Act 2015 (PREVENT duties)
- Crime and Disorder Act 1998
- Health and Social Care Act 2008
- Criminal Justice and Courts Act 2015
- Serious Crimes Act 2015