

Job Title:	MCST Facilitator
Reports to:	MCST Team Leader
Hours:	15 per week
Location:	The post holder will either deliver MCST programmes in: St Helens and Knowsley and be based at The Mansion House, St Helens OR Halton and Warrington and be based at our satellite Office in Runcorn.
Grade:	Salary: £13.70 per hour, equivalent to £25,020 per annum FTE

JOB PURPOSE:

Age UK Mid-Mersey offers holistic Living Well support for adults aged 50+ in Halton, Knowsley, St Helens and Warrington. This includes provision of advice, information and signposting, goal-orientated wellbeing support, digital inclusion, social groups and activities and befriending.

Age UK Mid Mersey has just been awarded National Lottery funding to develop and deliver evidence-based Maintenance Cognitive Stimulation Therapy (MCST) group programmes for older people experiencing cognitive impairment or who are diagnosed with mild to moderate dementia. In addition, we will be providing parallel peer support sessions for carers. The programme will be overseen by an MCST Team Leader and delivered by a team of four MCST Facilitators, who will work in delivery pairs, and two carers support workers. One MCST Facilitator pair will deliver 2 group sessions a week in Halton and Warrington and the other pair in St Helens and Knowsley.

The MCST Facilitators are responsible for planning and delivering two MCST group sessions per week. The role involves leading a range of evidence based cognitive stimulation activities for a group of clients who are living with mild-moderate dementia or are experiencing mild cognitive impairment.

Full training in the facilitation of MCST groups will be provided and facilitators will receive support and supervision from the MCST Team Leader.

As travel between delivery venues is a necessary part of the role it is essential that the post holder has a full driving licence and access to their own car.

This post is subject to a disclosure check with the Disclosure and Barring Service at an Enhanced Level.

1. Key Duties and Responsibilities

- Deliver MCST sessions for people living with dementia or mild cognitive impairment, that are enriching, enjoyable and promote cognitive stimulation, social interaction, and well-being.
- Monitor group participants' progress and adapt interventions based on individual needs.
- Adapt session content to reflect participants' interests and feedback.
- Build and maintain strong relationships with participants and their caregivers.
- Work collaboratively and productively with the Carers Support Worker to ensure joined up support to both MCST participant and their care giver, whilst also being aware of their individual needs and preferences.
- Identifying suitable, dementia friendly delivery spaces in local communities.
- Session set up and clearing away of equipment and resources after each session.
- Complete weekly session reporting and update client records as appropriate.
- To develop and maintain effective knowledge of services provided by other partners in their delivery boroughs to provide effective signposting and onward referrals.
- Undertake Memory Matter's Cognitive Stimulation Therapy Facilitator's Training and ensure delivery remains faithful to the evidence base, the Age UK MCST Toolkit and core MCST service standards.
- Undertake training in the application and scoring of validated assessment tools used to monitor participant's progress.
- Any other duties as reasonably delegated by the MCST Team Leader.
- Undertake all Age UK Mid Mersey mandatory training e.g. Safeguarding Vulnerable Adults, Understanding the Mental Capacity Act and Equality and Diversity

2. Supervisory/Management Responsibilities

- Provide day to day supervision of volunteers supporting MCST group delivery
- Liaise with the Age UK Mid Mersey Volunteer Coordinator to ensure that volunteers are supported and have access to training and personal development opportunities
- Contribute to volunteer's annual development reviews

3. Communication and Relationships

- Provide a dedicated and trusted point of contact and support for individuals, carers and families as needed.
- Take responsibility for communicating with all other staff and volunteers to ensure the best service levels are attained.
- Attend and contribute to internal team meetings.
- Develop and maintain relationships with key personnel from organisations that are aligned to the role.

4. Monitoring and Reporting

- Maintain accurate records of sessions, attendance, and participants' progress on our client management system.
- Track outcomes for participants in the programme, including the writing of client stories

- Ensure that client and volunteer records are appropriate and comply with data protection and Age UK Mid Mersey policy on confidentiality and equality and diversity.
- Support the MCST Team Leader to evaluate the effectiveness of the MCST programme and recommend improvements.

5. Knowledge, Skills & Experience

Refer to the person specification on page 4.

6. General

- To become familiar with, and work within, AUK Mid Mersey's policies and procedures.
- To comply with individual responsibilities in relation to health and safety in accordance with AUK Mid Mersey's Health and Safety Policy and Procedure.
- To attend occasional out of hours meetings in connection with the work of AUK Mid Mersey.
- To always work in accordance with the philosophy, ethos and values and principles of the organisation.
- To perform any other such duties, commensurate with the role, as may reasonably be requested by the MCST Team Leader or Living Well Services Manager.
- Attend and actively participate in Team Meetings and AUK Mid Mersey full staff team meetings.

This is a new role and could be subject to change as the programme develops. The above list of main tasks in this job description should therefore not be regarded as exclusive or exhaustive.

Additional duties

This job description sets out the duties of the post at the time it was drawn up. Such duties may vary from time to time without changing the general character of the duties or the level of responsibility entailed.

It is the nature of the work that tasks and responsibilities are, in many circumstances, unpredicted and varied. All employees are therefore required to work in a flexible way when the occasion arises, so that tasks which are not specifically covered by their job description are undertaken. Consequently, we will expect to revise this job description from time to time and will consult the post holder/s at the appropriate time.

Probationary Periods

All appointments are subject to a six-month probationary period.

PERSON SPECIFICATION

MCST Facilitator

We know that few candidates will meet every requirement in this person specification. We will provide training and support to the right candidate who demonstrates the potential to excel in this role.

Requirements	Essential/ Desirable
Experience	
<ul style="list-style-type: none"> • Experience of working with older people in group settings • Experience of leading group based activities • Experience of supporting individuals living with dementia or mild cognitive impairment (MCI) (this need not be in a paid capacity) • Experience of working with, or supporting, volunteers 	E D E D
Knowledge	
<ul style="list-style-type: none"> • Knowledge of the issues impacting people living with dementia or MCI • Knowledge of dementia care practices • Knowledge of person-centred approaches. • Knowledge and understanding of safeguarding vulnerable adults' practices. 	E D E E
Skills & Aptitude	
<ul style="list-style-type: none"> • Compassionate and empathetic approach to working with individuals with dementia. • Strong communication skills and the ability to adapt communication style to meet individual's needs • The ability to be creative and adaptable in designing and delivering activities. • Ability to prepare and plan the delivery of MCST sessions following comprehensive training and in line with the MCST toolkit. • Ability to respect, identify and support the emotional needs of people living with dementia and their significant others. • To work in an empowering and inclusive manner and celebrate the diversity of clients and encourage equality and opportunity for all. • Confidence in dealing with people in a variety of situations, including other staff, volunteers, health professionals and clients • Excellent IT skills including using Microsoft Office • Ability to build and maintain effective working relationships • Experience of dealing with safeguarding issues • Excellent communication skills, including a positive telephone manner and excellent customer service skills • Commitment to promoting equality and valuing diversity in practice 	E E E E E E E E D E D E E
Other	
<ul style="list-style-type: none"> • Willingness to undertake comprehensive training 	E
<ul style="list-style-type: none"> • Willingness to work flexibly to meet the requirements of the role 	E
<ul style="list-style-type: none"> • As travel between delivery venues is a necessary part of the role it is essential that the post holder has a full driving licence and access to their own car. 	E