

# SKYDIVE *with us!*



Together, we can  
support our older  
community to live well.

# Hey there thrill-seeker!

Thank you for choosing to make a difference to the lives of older people in Lincolnshire! ❤️

Skydiving is on many people's bucket lists, and we want to support you to achieve that dream and to fundraise for an amazing cause while you're at it.

We're the ONLY local charity that will fully fund your skydive. We want to make sure everyone has the opportunity to experience the excitement and buzz unique to skydiving.

At Skydive Hibaldstow, you jump from 15,000ft: the highest you can skydive from in the UK!

*As you take a deep breath and lean forwards, you will experience the thrill of up to 60 seconds of freefall before your instructor opens the parachute at 5,000ft. At this point, you will feel the euphoria of gliding through the skies, taking in the spectacular views of the Lincolnshire Wolds before landing safely back on the dropzone.*

On your descent you'll have the local landmarks highlighted, be fully supported by your fully trained tandem instructor and have an experience never to forget.

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That was the best experience of my life, I want to do it again and again!



*Me before taking the leap!*



# What do you need to do?

- Fill in and submit the online application form
- Choose your fundraising goal (minimum of £400)
- Fundraise!
- Gather your friends and family to come and watch.
- Join us on your jump date for the experience of a lifetime.



# What we provide

Plenty of fundraising support and materials, emails and ideas

Fundraising platform for donations

Goodie bag and tech-tee for fundraisers on day of the skydive

We'll accompany you on the day to provide support and to cheer you on!



Scan here to open the application form

# The impact of your fundraising...



By choosing to fundraise for Age UK Lincoln & South Lincolnshire, you are helping us to combat loneliness, and support thousands of local older people to live well.



Learn more about the services we provide in our Guide to Services



**Your fundraising will help to fund a wide range of our services that provide free support to local older people. This includes our team of Patient Support Workers stationed in Lincoln County, Boston Pilgrim, and Gainsborough Hospital.**

**Our Patient Support Workers are there to provide comfort, a listening ear, and practical support to older patients in hospital.**

## ***Alice's Story***



## ***Our* Patient Support Service Team**

Following a fall at home, Alice found herself faced with a stay at hospital. She had damaged her hip and was admitted for rehabilitation.

As well as this, Alice's husband had passed away only five weeks prior, and the funeral had taken place just two weeks before her fall. It seemed Alice's world had changed very quickly and she was struggling to cope.

One of our Patient Support Workers noticed this and was able to spend time with Alice, giving her opportunity to talk about her husband, and providing a safe, compassionate space to recall their life together.

During her hospital stay, Alice had her birthday and our Patient Support Worker was able to support her on what was an emotional day: the first special occasion since the loss of her husband. She reminisced about previous birthdays spent together and shared some beautiful memories.

After getting to know Alice, our Patient Support Worker was able to introduce her to the idea of receiving help from a bereavement group and provided details about how to access this support.

They ensured that a telecare lifeline device was installed in Alice's home and that adult social care were organising a package of care for her. Introducing our services, Alice was able to make informed decisions on what support she wanted and was surprised how we could help.

After returning home to recover in comfort, Alice asked us for some help with her housework to allow her to rest well. From a simple smile and a chat with an Age UK Lincoln & South Lincolnshire Patient Support Worker, she was supported, emotionally and practically.

# Now for the serious stuff...

## Terms and Conditions

1. Fundraisers must meet the minimum fundraising pledge of £400. Unfortunately as this is a charity event, fundraisers who have not met this target on the week of the Skydive will be unable to take part. There will be an option for fundraisers to pay the shortfall should they wish to continue. Participants will be liable for full costs paid by the charity should they pull out from the skydive. Please contact us immediately if you are unable to proceed with your skydive.
2. To send any additional funds raised directly to the charity within the time frame agreed.
3. To make clear to sponsors that their donations go to Age UK Lincoln & South Lincolnshire.
4. That your registration details will be shared between the charity and the skydiving center.
5. Please visit our website to view our Privacy Statement.  
<https://www.ageuk.org.uk/lincolnsouthlincolnshire/privacy-policy/>
6. If you weigh between 15 and 16 stone you will be liable for the additional fee outlined by Hibaldstow.
7. Skydiving is an adventure sport and participation involves a risk of injury or death and you voluntarily accept all the risks inherent.
8. That the organiser / charity will not accept any liability or responsibility for you taking part in a skydive.



Please ensure you fully read the Terms and Conditions and the information on the following pages before registering to Skydive.



# Important Information about Skydive Hibaldstow

**Age UK Lincoln & South Lincolnshire Charity Skydives take place at Skydive Hibaldstow, a professional and experienced parachute center based near Brigg in North East Lincolnshire UK. With amazing clubhouse facilities and an excellent café and bar, your experience here will be second to none.**

They are the largest UK skydiving center offering skydives from 15,000ft – one of the highest in the UK and Europe and are a British Skydiving affiliated center. This means they operate their center to the highest standards of safety. It is a well-known fact that to become a parachuting instructor under British Skydiving, you have to pass the hardest instructional system in the world.

It takes just 20 minutes to be briefed for your jump and then you will jump harnessed to the front of a fully British Skydiving qualified Tandem Parachuting Instructor and experience the thrill of 120mph freefall.

Have a look here for more information [www.skydiving.co.uk](http://www.skydiving.co.uk)

Tandem skydiving is designed to allow as many people as possible to enjoy freefall, however, there are a few restrictions:

Weight restrictions may apply due to safety and could incur certain wind limits to jump. If you are heavier than 15st, an additional cost will apply up to 16st. This additional cost must be covered by the Fundraiser.

The minimum age is 16, with parental consent for age 16/17. There is no upper age limit for tandem skydiving, subject to health. Age 16 – 17: A parental / legal guardians signature of consent is required on 2 forms (Skydive Hibaldstow membership form/waiver, the British Skydiving Tandem student declaration of medical form 115A.) which will be provided upon booking.

All tandem customers are required to sign a British Skydiving Tandem Student Medical Declaration form 115A. Those unable to sign the form due to medical conditions, injuries or anything listed on form 115A must bring a copy of the British Skydiving Tandem Doctors Medical Certificate Form 115B signed and stamped by their doctor instead.





## Continued

We regret that certain medical conditions may prevent you from taking part in a skydive. These include epilepsy, some cardiovascular and neurological conditions, some forms of diabetes and recurring injuries. If you have previously dislocated your shoulder/arm it is vital that you inform us and consult your doctor. Please refer to the British Skydiving Forms for further details.

Their primary concern is for your safety and they may choose to postpone your jump if weather conditions are not suitable for a particular individual. As an experienced and professional dropzone, we hope that fundraisers will respect their judgement.

The maximum weight for tandem skydiving at Hibaldstow is 15 stone (95kg) fully clothed. They will take up to 16st at an additional cost. This is due to the wear and tear on the equipment. They will not accept anyone over 16st under any circumstances.

The minimum weight is 7st and minimum height 4ft11. Those who have a height and/or weight under this will require a harness fitting assessment before being approved. This can be in advance, or you can arrive 15 minutes early on the day.

There is no upper height limit, as yet we have been able to accommodate taller customers, but we advise that anyone over 6ft5 will need to fit comfortably in the harness.

Please also bear in mind that it is perfectly possible that wind speeds on the day could be good and suitable for all jumpers, however, it is important to be aware that the following apply:

It is advised that customers with a BMI of 30+ should be aware that they will be assessed on the day as part of the briefing process. We suggest that customers with a BMI of 35+ will need a wind speed of 10 knots or more. Unfortunately for safety reasons those with a BMI of 39+ are not able to take part in a tandem skydive.

We hope this does not de-motivate you from taking part, but we do feel that it is important to be as honest as possible so that you have a realistic understanding of the complexities of such an amazing once-in-a-lifetime opportunity and for you to appreciate that we only have your best interests and safety in mind.

For those with a physical disability or condition which restricts their mobility then a maximum weight limit of 12 stone applies and we are required by British Skydiving to conduct an assessment of each individual – please contact us for further details.

Should your skydive be postponed for any reason, it is your responsibility to work with Hibaldstow to reschedule. There is a 12 month window to rearrange.

