

TRANQUIL HEALTH AND WELLBEING WORKSHOP

SUMMER PARTY

Saturday 29th June 2024
Time: 12:00pm-4pm
At Brickworks Community Centre
42 Crouch Hill, London, N4 4BY

Activities includes:

Speakers, Exercises, Sing-along songs,
Poems, Quiz, Music Dancing.

Refreshments served from 1pm-1:30pm

**For more information, please contact us on
telephone 020 7263 1067
email inspire777@btinternet.com**

Supported by Islington Council