

# THE MUSLIM LIVED EXPERIENCE NETWORK



## Women's Peer Support Group

WOULD YOU LIKE TO JOIN A **CONFIDENTIAL, NON-JUDGEMENTAL** AND **UPLIFTING** SPACE FOR SISTERS WITH LIVED EXPERIENCE OF MENTAL HEALTH-RELATED DISTRESS?

JOIN OUR **ONLINE** FORTNIGHTLY SESSIONS DELIVERED BY LIVED EXPERIENCE PRACTITIONERS

OCCURRING EVERY OTHER THURSDAY EVENING STARTING **9TH MAY 7.30-9PM**

To sign up or for more info, please email:  
[angy.el-sayed@candi.nhs.uk](mailto:angy.el-sayed@candi.nhs.uk)

In Partnership with



North London  
Mental Health  
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