



# Singing for the Brain®

A service designed to promote well-being and build confidence for people living with memory problems in Islington.

**Every Monday from 1.00pm - 3.00pm**

Monday September	23rd	1.00 pm	3.00 pm
Monday September	30 <sup>th</sup>	1.00 pm	3.00 pm
Monday October	7 <sup>th</sup>	1.00 pm	3.00 pm
Monday October	14 <sup>th</sup>	1.00 pm	3.00 pm
Monday October	21 <sup>st</sup>	1.00 pm	3.00 pm
Monday October	28 <sup>th</sup>	CLOSED	
Monday November	4 <sup>th</sup>	CLOSED	
Monday November	11 <sup>th</sup>	1.00 pm	3.00 pm
Monday November	18 <sup>th</sup>	1.00 pm	3.00 pm
Monday November	25 <sup>th</sup>	1.00 pm	3.00 pm
Monday December	2 <sup>nd</sup>	1.00 pm	3.00 pm
Monday December	9 <sup>th</sup>	1.00 pm	3.00 pm
Monday December	16 <sup>th</sup>	1.00 pm	3.00 pm

**Location:**

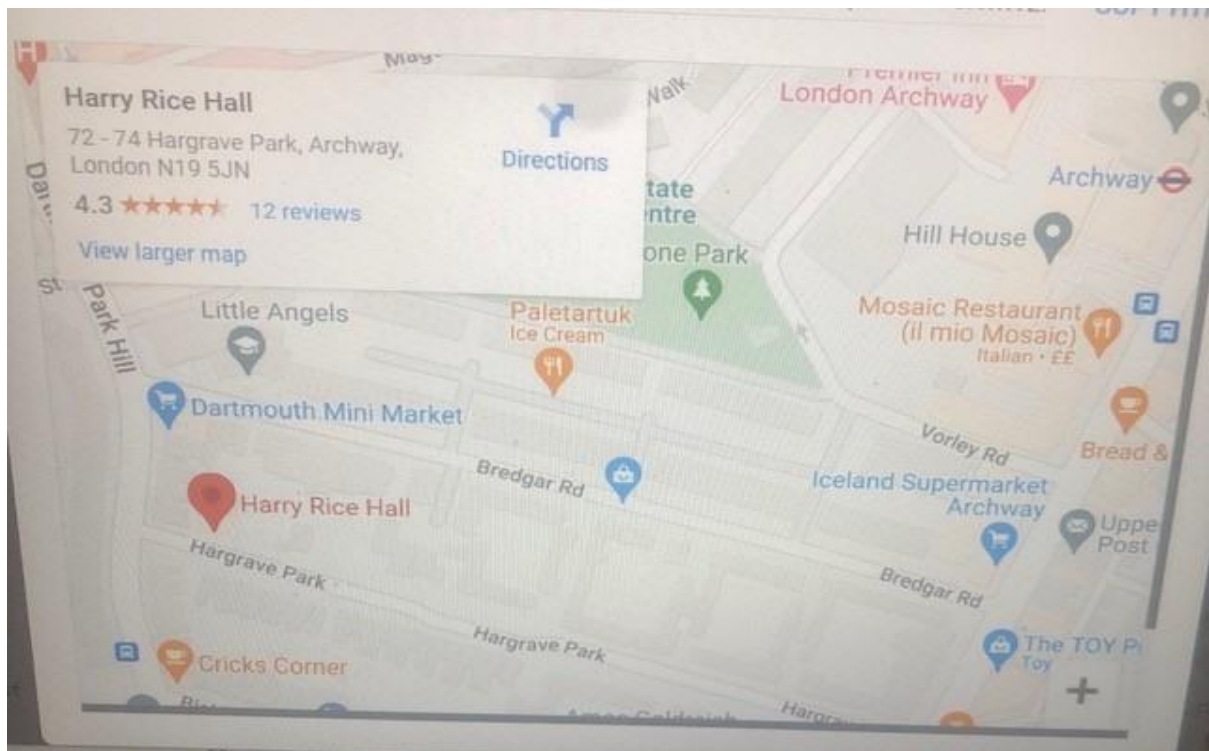
Harry Rice Hall  
2 - 74 Hargrave Park Road  
Archway  
London N19 5JN

**Contact:**

Alzheimer's Society Islington  
Telephone: 07484089543 (9am-5pm Mon- Fri)

Email: [islington@alzheimers.org.uk](mailto:islington@alzheimers.org.uk)

## Singing for the Brain® - How to find us!



### Buses

Bus stops are a 15-minute walk away (Junction Road or Holloway Road)

Bus services are from Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

**Routes:** 390, 134, 143, W5, C11, 41 stop on or near Junction Road

**Routes:** 263, 271, 43, 17 stop on Holloway Road

**Routes:** 4 bus from Holloway Road towards Whittington Hospital, get off at Chester Road bus stop, cross the road and you will see Harry Rice Hall on Hargrave Park Road

### Underground

Nearest Underground Station is Archway which is a 10-minute walk away and is served by the Northern Line. Upper Holloway station is also a 15-minute walk away.

### Parking

There are meters on Hargrave Park Road

### London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs ([www.taxicard.org.uk](http://www.taxicard.org.uk) or call 0207 934 9791) for an application form.