



Park Cuppa

at Islington Ecology Centre

Every third Tuesday of the month
10.30am - 12pm

- Cup of tea and a chat with local people, hosted by Age UK Islington volunteers
- **Bring a friend or come on your own!**
- Free and open to everyone. No need to book - just turn up!

Where?

Islington Ecology Centre is a blue wooden building just inside Gillespie Park. Three minutes walk from Arsenal tube station. Turn right outside station and follow the road around the corner. The park gates are on your right.

2024 Spring/Summer dates

- May 21st
- June 18th
- July 16th
- August 20th
- September 17th