



clubbercise®

BRINGING A NIGHT OUT TO YOUR WORKOUT



Clubbercise® is a fun, full-body workout with a BANGING soundtrack that gets great results and suits all fitness levels. Set to club anthems from 90s classics to the latest hits, classes and events are held in a darkened room with party lights and LED glow sticks. Our easy-to-follow routines combine dance cardio, toning and combat moves.

In-Person Session

Start Date: Tuesday 24th September 2024

Day: Tuesday

Occurrence: Monthly

Time: 6:00pm - 7:00pm

Location: Andover Community Centre, 55-57
Corker Walk, Finsbury Park, London N7 7RY

Live Session

Start Date: Monday 9th September
and Thursday 12th September 2024

Day: Monday and Thursday

Occurrence: Weekly

Time: 7:00pm - 7:45pm

Location: Online



 NKH Fitness

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 www.nkhfitness.co.uk*

 info@nkhfitness.co.uk

Scan a QR Code to book online

Terms and conditions apply*. Please note that this session is not for anyone with photosensitivity and epilepsy. There are no COVID-19 restrictions in the UK. If you have COVID-19, you should try to stay at home. Please do not attend class if you have any COVID-19 symptoms until the symptoms are all cleared.