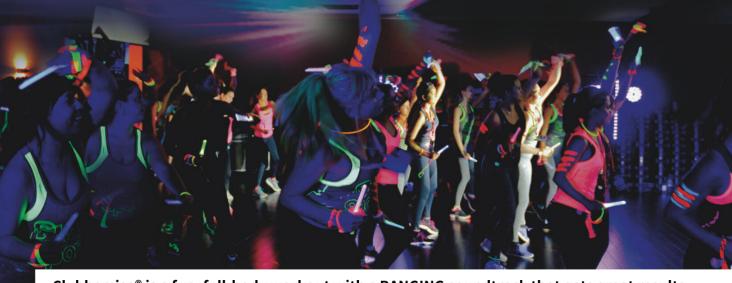


## **BRINGING A NIGHT OUT TO YOUR WORKOUT**



Clubbercise® is a fun, full-body workout with a BANGING soundtrack that gets great results and suits all fitness levels. Set to club anthems from 90s classics to the latest hits, classes and events are held in a darkened room with party lights and LED glow sticks. Our easy-to-follow routines combine dance cardio, toning and combat moves.

## **In-Person Session**

**Start Date: Tuesday 24th September 2024** 

Day: Tuesday

**Occurrence:** Monthly Time: 6:00pm - 7:00pm

Location: Andover Community Centre, 55-57 Time: 7:00pm - 7:45pm

Corker Walk, Finsbury Park, London N7 7RY

## **NKH Fitness**



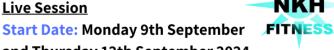




www.nkhfitness.co.uk\*



info@nkhfitness.co.uk



and Thursday 12th September 2024

Day: Monday and Thursday

**Occurrence: Weekly** 

**Location: Online** 

zoom



NKH

Scan a QR Code to book online