

# REGULAR ACTIVITIES FOR ADULTS



We have lots of regular activities for adults taking place in Islington Libraries. No need to book (unless stated otherwise), just turn up and enjoy!

If you are interested in joining a reading group, pick up our separate leaflet, or ask for more information in your local library.

## **Creative writing**

Share what you write with others in a friendly, supportive atmosphere.

Alternate Wednesdays, 10.30am - 12pm

**Finsbury Library**

## **Drawing**

For anyone over 18 who draws, or is interested in starting.

Third Saturday of the month, 2.30 - 4pm

**Finsbury Library**

## **Mindful colouring**

Colouring can calm the brain and help your body relax.

Every Thursday, 5-7pm

**Central Library**

## **Over 60s**

Join us for a monthly meet-up, with a different theme each time.

First Wednesday of the month, 11am-12pm

**Central Library**

## **Poetry writing**

Come and learn simple poem forms and poetry building blocks hosted by Angelia (Lia) Linton. Contact the library for more information and to book your place.

**Cat and Mouse Library**

## **Knitting groups**

### **Archway Library**

First and third Saturdays of the month, 2.30–4pm

### **Central Library**

First Monday of the month (except Bank Holidays), 6pm

### **Mildmay Library**

Alternate Saturdays, 11.30am-12.30pm

### **N4 Library**

Second Monday of the month (except Bank Holidays), 6.30pm

### **North Library**

Second Tuesday of the month, 6-7.30pm

### **West Library**

First Thursday of the month, 11.30am-12.30pm

## **Chess clubs**

### **Archway Library**

Mondays, 6-7.30pm

### **N4 Library**

Wednesday, 5-7pm

### **West Library**

Tuesdays, 6-7.30pm

# Islington Library Locations



- 1 Archway Library**  
Hamlyn House,  
Highgate Hill, N19 5PH  
020 7527 7820
- 2 Cat and Mouse Library**  
277 Camden Road, N7 0JN  
020 7527 7900
- 3 Central Library**  
2 Fieldway Crescent, N5 1PF  
020 7527 6900
- 4 Finsbury Library**  
245 St John Street, EC1V 4NB  
020 7527 7960
- 5 Mildmay Library**  
21-23 Mildmay Park, N1 4NA  
020 7527 7880
- 6 N4 Library**  
26 Blackstock Road, N4 2DW  
020 7527 7800
- 7 North Library**  
Manor Gardens, N7 6JX  
020 7527 7840
- 8 South Library**  
115-117 Essex Road, N1 2SL  
020 7527 7860
- 9 West Library**  
Bridgeman Road, N1 1BD  
020 7527 7920
- 10 West Library**  
Bridgeman Road, N1 1BD  
020 7527 7920