

# REGULAR ACTIVITIES FOR ADULTS





We have lots of regular activities for adults taking place in Islington Libraries. No need to book (unless stated otherwise), just turn up and enjoy!

If you are interested in joining a reading group, pick up our separate leaflet, or ask for more information in your local library.

# **Creative writing**

Share what you write with others in a friendly, supportive atmosphere. Alternate Wednesdays, 10.30am - 12pm

#### **Finsbury Library**

# Drawing

For anyone over 18 who draws, or is interested in starting. Third Saturday of the month, 2.30 - 4pm

#### **Finsbury Library**

# **Mindful colouring**

Colouring can calm the brain and help your body relax. Every Thursday, 5-7pm

#### **Central Library**

## Over 60s

Join us for a monthly meet-up, with a different theme each time. First Wednesday of the month, 11am-12pm

#### **Central Library**

# **Poetry writing**

Come and learn simple poem forms and poetry building blocks hosted by Angelia (Lia) Linton. Contact the library for more information and to book your place.

#### **Cat and Mouse Library**

# **Knitting groups**

#### **Archway Library**

First and third Saturdays of the month, 2.30–4pm

#### **Central Library**

First Monday of the month (except Bank Holidays), 6pm

#### **Mildmay Library**

Alternate Saturdays, 11.30am-12.30pm

#### **N4 Library**

Second Monday of the month (except Bank Holidays), 6.30pm

# **North Library** Second Tuesday of the month, 6-7.30pm

#### **West Library**

First Thursday of the month, 11.30am-12.30pm

# Chess clubs

## **Archway Library**

Mondays, 6-7.30pm

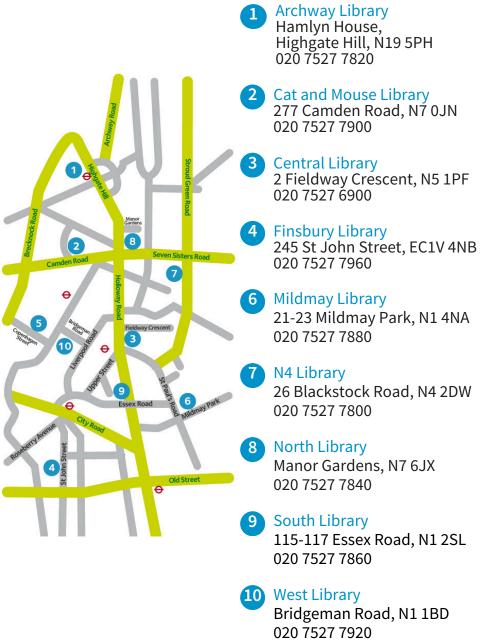
# N4 Library

Wednesday, 5-7pm

#### **West Library**

Tuesdays, 6-7.30pm

# **Islington Library Locations**



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