

KEEP ACTIVE DAY



Discover free and affordable exercise opportunities in Islington.

Drop-in to talk to local activity providers.

Find out what's on in leisure centres, parks, libraries and community venues near you:

- Social guided walks
- Fun exercise classes
- Seated exercise options
- Affordable gym sessions
- Community gardening sessions

Wednesday 7 May, 11am-1pm

Central Library

2 Fieldway Crescent, N5 1PF

020 7527 6900