|  |  |
| --- | --- |
| **Role Title** | Walking Football Support Volunteer |
| **Department** | Positive Activities |
| **Location** | Large Sports Hall, Costello Stadium, Anlaby Park Road North, Hull, HU4 6QX – 1-2hours a week |
| **Reporting to** | Positive Activities |

**Volunteer Role Description**

|  |
| --- |
| **Reasons to volunteer with Age UK Hull and East Yorkshire:**   * Opportunities to connect with like-minded people * The rewarding feeling of making a difference to the lives of local people in your local area * Ongoing support and guidance from a friendly, supportive team * Volunteering can boost your mental health and wellbeing * Stay informed with regular updates on the impact of your work and the latest news from Age UK Hull and East Yorkshire |
| **Role Summary:**  Walking Football is designed for individuals aged 50+ who want to continue playing football but are limited by mobility or other factors. This sport uses different rules and emphasises health, wellness, and inclusivity  As a Walking Football volunteer and referee, you’ll support the weekly Walking Football sessions by providing guidance, organisation, and refereeing. You’ll play a key role in fostering a welcoming and active environment for all participants |
| **Main Duties:**   * Support attendees by refereeing sessions * Assist with the organisation of the group, including maintaining registers * Promote the health and wellness benefits of walking football * Act as a point of contact at sessions * Organise and manage equipment for sessions * Ensure proper completion of health/photo consent and new starter forms * Ensure health and safety protocols are followed * Raise any wellbeing concerns or other issues with staff members |
| **Training & supervision:**   * Full training and support will be provided, including an induction and health and safety training * A DBS check will be provided * Ongoing support from the team, including regular check-ins |
| **Personal Qualities and Experience:**   * Friendly and approachable demeanour * Reliable and trustworthy * Good organisational skills * Comfortable leading group activities and engaging with participants * Passionate about Age UK HEY’s mission |

**For further information about this role or to apply:**

**Email**: [volunteer@ageukhull.org.uk](mailto:volunteer@ageukhull.org.uk)

**Call**: 01482 324644

**Address**: Age UK Hull, Preston Road, Hull, HU9 5HH