

COMMUNITY ASSISTANCE VOLUNTEER



AGE CYMRU GWENT

COMMUNITY ASSISTANCE VOLUNTEER



The Age Cymru Community Assistance Programme is a volunteer led service, providing motivational, emotional, and task-focused support to older people, so that they can confidently live independently and connect with their communities. Our volunteer roles are a great way to give back to your local community and to utilise individual skills and talents. From visiting people who are isolated and in need of a little extra support at home, being that 'listening ear' on the telephone, to supporting attendance to community groups or social clubs, there's plenty of choice.

Location: Hybrid

Hours: You must be able to commit a minimum of two hours per week to the Project and have access to your own Smart Phone, Tablet or Laptop that will enable you to utilise email and submit electronic forms.

What you'll do for us:

- To visit beneficiaries of the project predominantly within their own home
- To spend quality time with individuals that enables pastoral support tailored to their particular needs
- To actively encourage and support individuals to remain independent
- To assist with administrative tasks such as booking appointments, reading post or contacting Organisations to make referrals for support
- To signpost individuals to Age Cymru Gwent Services where required within their area or provide details of alternative Organisations and Agencies that meet their needs.
- To accompany individuals (pending risk assessment) on public transport / taxis to low level appointments such as GP, Opticians or Podiatry but not providing transport.
- To accompany individuals on local walks to improve wellbeing
- To be responsible for completing visit diary sheets as a record of each intervention
- To keep regular contact with the project and adhere to the lone working processes
- To attend volunteer support meetings as required by the Project Coordinator

AGE CYMRU GWENT

COMMUNITY ASSISTANCE VOLUNTEER



Requirements

Education, experience and training:

- The ability to drive and have access to your own vehicle would be beneficial, but not essential as you will be matched to beneficiaries that are local to your area and can be reached by public transport
- Good standard of general education
- Good standard of computers and Microsoft operating systems

Skills and Aptitudes:

- Empathetic to the needs of older people
- A passion and willingness to engage in your local community
- Enjoys working with others
- Excelling communication and interpersonal skills
- A good listener
- Patient with a non-judgemental attitude

Further requirements:

- Enhanced DBS disclosure required
- Two satisfactory references to be supplied

Don't meet every single requirement? We are dedicated to building a diverse, inclusive, and authentic workplace, so if you're excited about this role but your past experience doesn't align perfectly, we still encourage you to apply anyway. You may be just the right candidate for us.

 01633 240198

 hr@agecymrugwent.org