

## **Tewkesbury Information October 2024**

#### Age UK Gloucestershire Drop-In sessions in Tewkesbury

Thursday 1:30pm – 4:00pm

Tewkesbury Library Sun Street, Tewkesbury, GL20 5NX

# Age UK Gloucestershire in Tewkesbury

Ida Pöschel Age Friendly Communities Lead for Tewkesbury

Telephone - 07599 109936

Email – IPoschel@ageukgloucestershire.org.uk

#### Age UK Gloucestershire

Age UK Gloucestershire, Henley House, Barnett Way, Barnwood, Gloucester, GL4 3RT Telephone – 01452 422660 Email – <u>Enquiries@ageukgloucestershire.org.uk</u> Website – https://www.ageuk.org.uk/gloucestershire/

Registered Charity Number 1111773

#### **Table of Contents**

shchurch	1
operley	4
redon (Worcestershire)	9
ushley1	13
itton	15
orthway1	18
iors Park	22
pple (Worcestershire)	28
rensham (Worcestershire)	30
ewkesbury Centre	30
vyning	
heatpieces/ Walton Cardiff	54
arious Locations/Online	/2
ansport	75

This information is collated by Age UK Gloucestershire to give easier access to information about groups and activities that are available in Tewkesbury and the surrounding villages. It is updated regularly and to the best of our knowledge, it is accurate on the date shown. Some information unfortunately remains incomplete, but we have gathered the details to the best of our abilities.

We are not responsible for any inaccuracies. If you have updates or would like to add information, please email **IPoschel@ageukgloucestershire.org.uk** with *Essential Information Tewkesbury update* in the subject box.

October 2024

We produce monthly updates of opportunities, advice, and guidance to share with people in Gloucestershire. If you would like to receive these, you can sign up to our newsletter using the link below.

https://www.ageuk.org.uk/gloucestershire/about-us/newsletter-sign-up/

# Activities/ Information/ Groups

### Ashchurch

Veterans & Family	1 <sup>st</sup> Saturday of the Month		Elmbury Lodge Brewers Fayre, Shannon Way
Breakfast Club	9:30-11:00		Ashchurch,
Dieaklast Olub	9.30-11.00		GL20 8ND
Dancefit	Monday	Kirsty: 07885545592	Ashchurch Village Hall
This class is	09:30	kirk01.jones@hotmail.co.uk	Ashchurch Road, Ashchurch,
suitable for all			Tewkesbury, Gloucestershire.
levels of fitness		https://www.fitnesswithkirsty.co.uk/	GL20 8LA
and age. It's a		https://www.facebook.com/FitnesswithKirst/	
ballroom 'Strictly'			
based dance			
fitness class,			
suitable for all			
levels of fitness			
and age.			
£6 pay as you go			
Sacred Earth	2 <sup>nd</sup>	https://www.sacredearthsoundtherapy.com/events	Ashchurch Village Hall
Sound Therapy	Wednesday		Ashchurch Road, Ashchurch,
with Angie	of the month		Tewkesbury, Gloucestershire.
Latham	19:30-21:00		GL20 8LA



Line Dancing	Thursday Beginners 19:00-20:00 Intermediate/I mprovers 20:30-21:30	Jackie Barber: 07882 961358 jackie-barber@outlook.com	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. <b>GL20 8LA</b>
GetLow (Jungle Body) This is a low impact Konga class, its dance fitness class suitable for the mature generation, anyone in recovery, or intending to rebuild fitness levels. The class incorporates balance, strength, dance, mental health improvements.	Thursday 09:30-10:25	Kirsty: 07885545592 kirk01.jones@hotmail.co.uk https://www.fitnesswithkirsty.co.uk/ https://www.facebook.com/FitnesswithKirst/	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA
£6 pay as you go			



Zumba Latin-based dance fitness class suitable for all levels, an hour of dance and fun, perfect for improving mental health. £6 pay as you go	Friday 09:15-10:10	Kirsty: 07885545592 <u>kirk01.jones@hotmail.co.uk</u> <u>https://www.fitnesswithkirsty.co.uk/</u> <u>https://www.facebook.com/FitnesswithKirst/</u>	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. <b>GL20 8LA</b>
Fitness Pilates Beginner's level Pilates class, concentrating on muscle strength, posture, core improvement, mental cognition.	Friday 10:30-11:30	Kirsty: 07885545592 <u>kirk01.jones@hotmail.co.uk</u> <u>https://www.fitnesswithkirsty.co.uk/</u> <u>https://www.facebook.com/FitnesswithKirst/</u>	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. <b>GL20 8LA</b>
Tapestry Chamber Choir	<b>Saturday</b> 10:30-11:30	www.tapestrychamberchoir.co.uk https://www.facebook.com/TapestryChoirGlos	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. <b>GL20 8LA</b>



Memory Café Ashchurch View Care Home and Tewkesbury Fields Care Home share being host for the Memory Café. It is held in each	4 <sup>th</sup> Wednesday 14:00-16:00 28/08/2024 - Ashchurch View 25/09/2024 Tewkesbury	Sarah Walker, Activities Coordinator 01684 858900 <u>ashchurchview.activities@barchester.com</u>	Ashchurch View Care Home Ashchurch Road, Ashchurch, Tewkesbury, <b>GL20 8US</b> Tewkesbury Fields Care Home The Oxhey, Tewkesbury,
location every other month.	Fields		GL20 6HP
Community Coffee Morning	Friday 11:00-12:30	Sarah Walker, Activities Coordinator 01684 858900 <u>ashchurchview.activities@barchester.com</u>	Ashchurch View Care Home Ashchurch Road, Ashchurch, Tewkesbury, <b>GL20 8US</b>

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Strength,	<b>Tuesday</b>	No booking required	Apperley Village Hall, Sawpit Ln,
Balance &	14:00		Gloucester
Support Groups Hot drinks & social afterwards £4 per session			GL19 4DP



Hatha Yoga Gentle stretches, breathing and relaxation on a Monday night. Mixed ability class and new students are always welcome.	<b>Monday</b> 18:30-20:00	Contact for more information and to check term dates. Claire: 01452 525519	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
Zumba	<b>Tuesday</b> 18:30- 19:30	Message/email for details, booking essential lisaallday1@gmail.com Lisa: 07821 123071	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
Severnsider - Coffee 'n Cake Morning £3 for coffee and cake	<b>1st Tuesday</b> of every month 10:00–12:00		Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
<b>Positive Pilates</b> "Next Step" £5 per class	Wednesday 18:00-19:00	Shelley: 07432 852744 <u>positivepilates@gmail.com</u> <u>www.positivepilateslocal.co.uk</u>	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
Positives Pilates "Beginners" £64 for 8-week course	Wednesday 19:00-20:00	Shelley: 07432 852744 <u>positivepilates@gmail.com</u> <u>www.positivepilateslocal.co.uk</u>	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>



Core Fitness mat-based core exercise, encouraging strength, balance, and toning. £4 per session. Booking essential	<b>Thursday</b> 18:00-18:30	Message/email for details, booking essential lisaallday1@gmail.com Lisa: 07821 123071	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
Digital Internet Cafe (Free) Digital Internet Cafe sponsored by Gigaclear Broadband provision. Each month cover a different topic.	Third Thursday of the month 10:00-12:00		Annex, Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>



Open Door Lunch + raffle Please book in advance to confirm availability. Please bring a contribution towards the cost of lunch of £6, and please bring a raffle prize to give out. Art Class Any medium -	3rd Thursday of every month 11:30–14:00 Friday 14:00-16:00	Eileen: 01452 780707 Marian: 01452 780182	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b> Apperley Village Hall, Sawpit Ln, Gloucester
coloured pencils, watercolour pencils, pastels, watercolour, acrylic, oils etc. £5 per session		Penny: 01452 780570	GL19 4DP
Martial Art Advanced class	Every other Friday	harry@triumphmartialarts.co.uk www.triumphmartialarts.co.uk	Apperley Village Hall, Sawpit Ln, Gloucester
for 1st Keubs and above.	18:00-19:00		GL19 4DP



The Parish Players Anyone is welcome to join. There are many ways you can be involved from acting and singing to writing and production. Production of yearly pantomime to raise money for the village hall.	Every other Thursday 19:00-21:00	Get in touch via the Parish Players (Apperley) on Facebook or email us <u>parishplayersapperley@gmail.com</u> <u>www.facebook.com/ParishPlayersApperley</u>	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>
U3A Craft Club	Fridays 10:00-12:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Apperley Village Hall, Sawpit Ln, Gloucester <b>GL19 4DP</b>



U3A Pétanque	Tuesday 10:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Farmers Arms Ledbury Road, Lower Apperley, Apperley <b>GL19 4DR</b>
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Fitness, strength, and balance class Hot drinks & social afterwards £4 per session	Tuesday 11:45	Contact: 07503 876430 <u>fitforlifegloucester@gmail.com</u> <u>www.facebook.com/fitforlifegloucester</u>	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Level 2: mixed, standing and seated.			
Bredon WI	Third Tuesday 18:30-21:15	Chris Lester: 07841 704510 <u>christine.lester@gmail.com</u> <u>https://gloucestershire.thewi.org.uk/find-wi/bredon</u>	Jubilee Room Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>



KFA Dance Fitness (Keep Fit) Fitness classes for over 60s	Wednesday 10:15-11:15	Gill O'Donaghue: 01386 6854830 07982 481756 gillcod@aol.com	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Chichi Dance Fitness Dance	Wednesday 18:45-19:45 19:45-20:45	Nicola Seeds seedie@chichi-fit.co.uk https://chichi-fit.co.uk/	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Bounce and Burn	Monday 20:00 - 21:00 Tuesday 18:45 - 19:45 Thursday 19:45 - 20:45	Dominica Gutek 07852 185363 <u>info@triptobefit.co.uk</u> <u>https://www.bounceandburnwithdomi.com/</u>	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
<b>Tai Chi</b> Beginners Class £8 per beginners' class	<b>Friday</b> 10:50 – 11:45	0750 868631 info@cheltenhamgloucestertaichi.com https://cheltenhamgloucestertaichi.com/	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Tai Chi Experienced	<b>Friday</b> 09:45-10:45	0750 868631 info@cheltenhamgloucestertaichi.com https://cheltenhamgloucestertaichi.com/	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Tae Kwon Do	<b>Tuesday</b> 18:30-19:30	Karl Bennlett 07772 462947 <u>sj.lucas@btinternet.com</u>	Old Hall Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>



Table Tennis	Wednesday 16:00-19:30	Mike Dill 07545 882235 <u>mikedill59@hotmail.com</u>	Chandler Room Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Yoga	Monday 09:30-10:45 18:30-19:30	Sue Nash 07890 734782 <u>sue_nash@hotmail.co.uk</u> <u>https://www.suenash.co.uk/</u>	Chandler Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
Zumba	<b>Thursday</b> 09:30 - 12:00	Michele Darnell 0788 508 2817 <u>michele.darnell@btinternet.com</u>	Chandler Room Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Positive Pilates Next Steps	<b>Tuesday</b> 09:30–10:30 10:30-11:30 18:00-19:00	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Crafters Reunited	Third Wednesday 13:00-16:00	Pauline Southwell: 07966 829432 paulineb77@gmail.com https://bredoncrafters.artweb.com/	Jubilee Room Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Quilting & Textile Arts	4th Wednesday 13:00-16:00	Gill Derrett derrettfamily@gmail.com	Old Hall Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
Probus Club Tewkesbury & Bredon Hill	<b>Tuesday</b> 10:00-12:00	Brian Everard: 01684 772047 brian.everard@btinternet.com https://probusclub.net/tewkesbredon/	Jubilee Room Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>



U3A Photography	First Tuesday 14:00–16:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
U3A Art in Bredon	<b>Monday</b> 14:00-16:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Bredon Village Hall, Main Road, Bredon, <b>GL20 7QN</b>
U3A Skittles	<b>1st &amp; 3</b> <sup>rd</sup> <b>Tuesday</b> 13:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	AFC Bredon Club House Main Rd, Bredon, Tewkesbury <b>GL20 7QN</b>



U3A Scrabble	<b>1<sup>st</sup>, 3<sup>rd,</sup> and 5<sup>th</sup> Monday</b> 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	AFC Bredon Club House Main Rd, Bredon, Tewkesbury <b>GL20 7QN</b>
Bredon Bowling Club Club nights and socials e.g., Quiz night, Bingo, and Race evening.	Coaching sessions <b>Monday</b> 18:00-20:00 <b>Tuesday</b> 14:00-16:00	BredonBowlingClub@gmail.com 01684 772 008	Bredon Bowling Club Main Road Bredon Gloucestershire <b>GL20 7QN</b>

Bushley					
Tewkesbury Flower Club	2 <sup>nd</sup> Tuesday of month 13:30 Meeting starts at 14:00 08/08/2024 12/09/2024 17/10/2024 14/11/2024 12/12/2024	01684 294544 http://www.tewkesburyflowerclub.co.uk/	Bushley Village Hall GL20 6HT		



Craft Workshop Needs to be pre- booked	3 <sup>rd</sup> Tuesday of the month	www.bushleyvillagehall.org.uk/events/	Bushley Village Hall GL20 6HT	
Bushley Bowls Indoor Short mat	<b>Monday</b> 19:00–21:30	www.bushleyvillagehall.org.uk/events/	Bushley Village Hall GL20 6HT	
Positive Pilates Next Steps	Wednesday 09:30-10:30	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bushley Village Hall GL20 6HT	
Positive Pilates Beginners	Wednesday 10:30-11:30	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bushley Village Hall GL20 6HT	



Mitton			
Gentle Social Walks Short, gentle walk. alk lasts about 30 minutes and is about 1 mile long. Wheelchairs, walkers, and other walking aids welcome. Time for a chat and a hot drink afterwards.	<b>Monday</b> 10:30-12:00	For more information or to sign up please contact Ida Pöschel: 07599 109936 IPoschel@ageukgloucestershire.org.uk	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>
Carer Coffee Morning Dementia Friendly, wheelchair accessible	first Tuesday of the month between 10:30-11:30	Gloucestershire Carers Hub: 0300 1119000 <u>carers@peopleplus.co.uk</u> <u>https://www.facebook.com/Gloucestershirecarershu</u> <u>b/</u> <u>https://twitter.com/gcarershub</u> <u>https://www.instagram.com/Gloucestershire_Carers</u> <u>_Hub/</u> <u>https://gloucestershirecarershub.co.uk/</u>	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>



New Age Kurling/ Bowling £1	<b>Monday</b> 14:30	Marina Court office: 01684 274256	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>
Coffee Morning Chat 50p/£1	Tuesday, fortnightly 10:30	Marina Court office: 01684 274256	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>
Chair based exercise with Helen Hot drinks & social afterwards £4	Wednesday 10:00	Helen: 07740 309750 https://www.facebook.com/happyandhealthywithhele n/ Marina Court office: 01684 274256	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>
Knit & Natter 50p	Wednesday 14:00	Marina Court office: 01684 274256	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>
Other events For an updated schedule of events held at Marina Court contact the office		Marina Court office: 01684 274256	Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>



Mitton WI	First Monday of the month 19:30 – 21:30 02/09/2024 – Usual Cures and Blood Calore 07/10/2024 – Sign Language 04/11/2024 – AGM 02/12/2024 – Christmas Party	mittonwi@gmail.com 07846453523 https://en-gb.facebook.com/mittonwi/	Therapy Suit, Marina Court Trafalgar Road, Tewkesbury, GL20 5AY
Play reading group	Second Thursday of every month 14:30	Marina Court office: 01684 274256	2 <sup>nd</sup> floor lounge Marina Court Trafalgar Road, Tewkesbury, <b>GL20 5AY</b>



Northway			
Zumba Gold This class is low impact Zumba, suitable for the mature generation, anyone in recovery or wanting to start off slow. There is access for wheelchairs. £6, pay as you go	Every Monday 11:00–11:45	Kirsty: 07885 545592 https://www.fitnesswithkirsty.co.uk/	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Singing Group	First Monday of the month 14:00-15:00 Starting in September 2024	01684 290997	Ray Shill Room Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Tewkesbury Yoga	Every Tuesday 18:00–19:15	rachel@tewkesburyyoga.com	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>



ChiChi Fit "a fabulous workout to musicals such as Chicago, sister act, greatest showman"	<b>Tuesday</b> 19:30-20:15	lilly@chichi-fitness.co.uk 07534 256449	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Book Club	<b>2</b> <sup>nd</sup> <b>Wednesday</b> 10:30–12:00	01684 290997	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Lunch Club	1 <sup>st</sup> /3 <sup>rd</sup> /5 <sup>th</sup> Wednesday 12:30	Liz Brown: 01684 772396	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Wellness Circuits Wight loss, balance, strength, toning Cardio.	Every Wednesday 17:30	07740 309750 https://www.facebook.com/happyandhealthywithhele n/	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>



Fitness, strength, and balance class Hot drinks & social afterwards £4 per session Level 2 (mixed standing and seated)	Every Thursday 10:00	07503 876430 <u>fitforlifegloucester@gmail.com</u> Facebook page: <u>www.facebook.com/fitforlifegloucester</u>	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Chair Strength and balance class Hot drinks & social afterwards £4 per session Level 1 (mainly seated)	Every Thursday 11:00	07503 876430 <u>fitforlifegloucester@gmail.com</u> Facebook page: <u>www.facebook.com/fitforlifegloucester</u>	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Bingo	<b>1<sup>st</sup> Thursday</b> 13:30–15:00	01684 290997	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
<b>Cooking Group</b> Cook low budget meals, learn new skills, meet people.	Every 4 <sup>th</sup> Monday of the month 11:00-13:00	James Baker: 07593 446894 <u>James.baker@ccp.org.uk</u> James Aldridge: 07593 446891 <u>James.aldridge@ccp.org.uk</u>	Northway Community Hub Main Hall Lee Walk, Ashchurch <b>GL20 8QG</b>
Spaces limited			



Gentle Social Walks Short, gentle walk. The walk lasts about 30 minutes and is about 1 mile long. Chat and a hot drink afterwards	Friday 10:30–12:00	For more information or to sign up please contact Ida Pöschel: 07599 109936 <u>IPoschel@ageukgloucestershire.org.uk</u>	Northway Community Hub Lee Walk, Ashchurch <b>GL20 8QG</b>
The Northway Pantry Food, household goods and support to help families or individuals in need. £4	Wednesday 13:00–17:00	For a referral contact Northway Parish Council or fill in online form 07925 17441 <u>northwaypantry@gmail.com</u> <u>https://northwaypantry.wixsite.com/pantry/about_us</u>	Northway Community Hub Lee Walk, Ashchurch <b>GL20 8QG</b>



Priors Park			
Dance with Parkinson's and MS Drink and socialising afterwards. £5 per class, first 2 sessions free	<b>Tuesday</b> 11:00–12:30	Sarah: 01242 603207 dancebesocial@gmail.com https://localsupport.parkinsons.org.uk/activity/dance- parkinsons-tewkesbury https://www.facebook.com/DancewithParkinsonsGlo ucestershire	Priors Park Community Church, Queens Road, Tewkesbury, <b>GL20 5EY</b>
Luncheon Club £5.50	Wednesday 11:30-14:00	office@priorsparkcommunitychurch.co.uk Nigel Haddow (church leader): 07307 079129	Priors Park Community Church, Queens Road, Tewkesbury, <b>GL20 5EY</b>
Strength and Fitness £4	<b>Friday</b> 10:30	Happy and Healthy with Helen No booking required. <u>https://www.facebook.com/happyandhealthywithhele</u> <u>n/</u>	Priors Park Community Church, Queens Road, Tewkesbury, <b>GL20 5EY</b>



Seated Zumba class for adults with special needs This class is suitable for adults with learning disabilities, we remain seated to accommodate wheelchairs or those who are unsteady on their feet, participants may have sight or hearing problems, but they can still participate and enjoy. The carers are welcome to join in.	<b>Thursday</b> 11:00-11:50	Kirsty: 07885 545592 kirk01.jones@hotmail.co.uk	Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY
£5 pay as you go			



Men's Group	every other Friday	office@priorsparkcommunitychurch.co.uk	Priors Park Community Church, Queens Road, Tewkesbury,
"Sharing time together as men, learning how we can support each other through the difficulties of life."	19:00	Nigel Haddow (church leader): 07307 079129	GL20 5EY
Compassion Café "In support of Compassion UK. Providing free and low-cost food and drinks. Full breakfast and lunch menus."	Tuesday and Friday 09:00-14:00	office@priorsparkcommunitychurch.co.uk Nigel Haddow (church leader): 07307 079129	Priors Park Community Church, Queens Road, Tewkesbury, <b>GL20 5EY</b>
Crafty Nature Community Arts & Crafts group using materials from home & nature to create arts & crafts.	second Wednesday of the month 10:00–11:30	James Baker: 07593 446894 <u>James.baker@ccp.org.uk</u> James Aldridge: 07593 446891 <u>James.aldridge@ccp.org.uk</u> <u>info@ppnp.co.uk</u> 01684 290069	Priors Park Neighbourhood Project York road <b>GL20 5HU</b>
Tewkesbury Nature Reserve	Wildlife walks and activities, volunteering opportunities	Nature Reserve Tewkesbury 07483 294894 <u>info@tewkesburynaturereserve.org.uk</u> <u>https://tewkesburynaturereserve.org.uk/</u>	



Tewkesbury Nature Reserve Citizen Scientists Volunteering event.	every second Wednesday of the month 10:00-11:30	volunteers@tewkesburynaturereserve.org.uk	
Tewkesbury Nature Reserve <b>Practical</b> Volunteer Day	3rd Wednesday 10:00-15:00 (October to April) 18:00-19:30 (May to September)	volunteers@tewkesburynaturereserve.org.uk	
Tewkesbury Community Gardening Project Volunteers needed to help grow fruit and vegetables.	Second Wednesday of the month 13:00–15:00	James Baker: 07593 446894 <u>James.baker@ccp.org.uk</u> or Giles Alder: 07375 130568 <u>volunteers@tewkesburynaturereserve.org.uk</u>	Orchard is located at entrance to Tewkesbury Nature Reserve Queens Road <b>GL20 5EL</b>



Priors Park Neighbourhood	- Weekly Drop- in advice	01684 290069 https://priorsparkneighbourhoodproject.co.uk	Priors Park Neighbourhood Project York Road,
Project	sessions - Digital support - Health and wellbeing activities - Mental health support and building confidence - Job club and welfare to work		Tewkesbury, GL20 5HU
Coffee and create	<b>2<sup>nd</sup> &amp; 4<sup>th</sup></b> <b>Wednesday</b> 10:00–12:00	01684 290069	Priors Park Neighbourhood Project York Road, Tewkesbury, <b>GL20 5HU</b>
Woodworking Shed Open to all. Support for people who live with mental health problems, and those who are feeling lonely and isolated.	Tuesday 10:00–15:00 Friday 10:00–15:00	Manny Smith Contact Priors Park Neighbourhood Project 01684 290069 <u>info@ppnp.co.uk</u> <u>https://priorsparkneighbourhoodproject.co.uk/ppnp-sheds/</u>	Priors Park Neighbourhood Project York Road, Tewkesbury, <b>GL20 5HU</b>



Housing Support	Wednesday 10:00-12:00	CCP Housing Support 0300 3652002	Priors Park Neighbourhood Project York Road, Tewkesbury, <b>GL20 5HU</b>
<b>Pantry</b> Referrals only £4	Wednesday 10:00-12:00	01684 290069 <u>info@ppnp.co.uk</u>	Priors Park Neighbourhood Project York Road, Tewkesbury, <b>GL20 5HU</b>
<b>Digi support</b> <b>group</b> Digital support, no booking required	Wednesday 10:00-12:00	Lauren Woods 07467 923154 laurenw@grcc.org.uk 01684 290069 info@ppnp.co.uk	Priors Park Neighbourhood Project York Road, Tewkesbury, <b>GL20 5HU</b>
U3A Solos too	Second Saturday 10:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Gupshill Manor Gloucester Rd, Tewkesbury <b>GL20 5SY</b>
U3A French Improvers	Tuesday 10:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Gupshill Manor Gloucester Rd, Tewkesbury <b>GL20 5SY</b>



U3A	Second &	Single Member – £12.00 per year	Gupshill Manor
Discussion	fourth	Joint Membership – £20.00 per year	Gloucester Rd, Tewkesbury
	Thursday 10:35	To join contact Tewkesbury U3A vie their website.	GL20 5SY
	10.55	https://membermojo.co.uk/tuta/joinus	
		or telephone on 01684 325013 and request a	
		Membership Form to be sent to you.	
U3A Strumming	Wednesday	Single Member – £12.00 per year	Gupshill Manor
for Fun (Guitars)		Joint Membership – £20.00 per year	Gloucester Rd, Tewkesbury GL20 5SY
		To join contact Tewkesbury U3A vie their website. https://membermojo.co.uk/tuta/joinus	
		or telephone on 01684 325013 and request a Membership Form to be sent to you.	

Ripple (Worcestershire)			
U3A Garden Visits	Third Friday 10:15 (Or at venue)	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>



<b>Tai Chi</b> Pre-booking essential	<b>Monday</b> 14:00-15:00	Linda Edwards: 01684 569677 lindaedwards731@btinternet.com	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>
<b>Pilates</b> Pre-booking essential	Monday & Wednesday 18:00-19:00	Ursula Pearson: 07804 576236 info@pearsonpilates.co.uk www.pearsonpilates.co.uk	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>
Short Matt Bowls No booking required	Tuesday & Wednesday 10:00–12:00	Monica Carter: 07789 235140 oldharry63@aol.com	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>
Ripple & Earls Croome WI	<b>1st Tuesday</b> of every month 19:30	https://www.facebook.com/groups/19260465577767 00/?ref=share%20group%20link	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>
Coffee Morning	Last Friday of the month 10:30-12:00		Ripple Parish Hall School Lane Ripple Tewkesbury Glos. <b>GL20 6EU</b>



Strensham (Worcestershire)			
Mel's Yoga and Pilates Fusion	Monday & Wednesday 09:30-10:30	Mel withmel@hotmail.com www.melsyoga.weebly.com	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester <b>WR8 9LJ</b>
Book Club	Next meeting <b>17/09/2024</b> 19:30-21:00	07966484579 http://www.strenshamvillagehall.org.uk/	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester <b>WR8 9LJ</b>

Tewkesbury Centre						
Tewkesbury Running Club 12 months	<b>Monday</b> 18:25	membership@tewkesburyrunningclub.com https://www.tewkesburyrunningclub.com/join-us	Ashchurch Road, Tewkesbury, <b>GL20 8AB</b>			
membership costs £25	Wednesday 18:45					



Lady Runners of Tewkesbury 3 miles (5k) upwards £2	<b>Sunday</b> 09:00	Please visit website for more information and to book a run. <u>https://groups.runtogether.co.uk/LADYRUNNERSof</u> <u>Tewkesbury/Runs/Summary/25c47b11-6f24-4839-</u> <u>a9af-f9ce17660f0a#book-sessions</u>	Cascade Car Park Oldbury Rd, Tewkesbury <b>GL20 5LZ</b>
<b>Tewkesbury</b> <b>parkrun</b> Free 5k community event Walkers are welcome to.	Saturday 09:00	https://www.parkrun.org.uk/tewkesbury/         Register online:         https://www.parkrun.org.uk/register/?eventName=te         wkesbury         If you would like to volunteer, please contact         tewkesbury@parkrun.com	Vineyards, Gander Lane, Tewkesbury, Gloucestershire, <b>GL20 5PG</b>
Through The Lens Photography Club Tewkesbury	<b>1st Saturday</b> of every month 11:00 For date and location of mid-month meeting, please contact Facebook group.	https://www.facebook.com/groups/10746329992846 40/	Tewkesbury Rugby Club The Moats, Gander Lane, Tewkesbury <b>GL20 5PG</b>



Tewkesbury Walking Rugby	Wednesday 18:00	info@tewkesburyrfc.co.uk 01684 294364	Tewkesbury Rugby Football Club Ltd The Moats, Gander Lane,
			Tewkesbury GL20 5PG
Singing for Health and Wellbeing No experience	Wednesday (monthly)	01684 295074 (The Roses) getcreative@rosestheatre.org https://www.rosestheatre.org/events/singing-for-	The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
required, breathing and relaxation exercise. Free, booking required.	04/09/2024 02/10/2024 06/11/2024 04/12/2024 Session 14:00-15:15 Catch Up:	wellbeing	
<b>The Roses'</b> <b>Choir</b> £7 per session	15:15–16:00 <b>Tuesday</b> 10:00 – 11:30	01684 295074 (The Roses) getcreative@rosestheatre.org https://www.rosestheatre.org/events/the-roses-choir	The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
U3A Painters' Group (Painting for Pleasure)	Friday 10:00–12:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>



Quiz Night £1 entry	Tuesday 19:30 Upcoming dates: 10/09/2024 08/10/2024 12/11/2024 08/12/2024	01684 295074 (The Roses) getcreative@rosestheatre.org https://www.rosestheatre.org/events/quiz-night	Eric's Bar The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
Drink & Draw With local art tutor, learn new art skills, have a drink and a doodle, materials included. £10 Booking is recommended	Fourth Tuesday of the month 19:30–21:30 30/07/2024 24/09/2024 22/10/2024 26/11/2024 18/12/2024	01684 295074 (The Roses) getcreative@rosestheatre.org https://www.rosestheatre.org/events/drink-draw	Eric's Bar The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
K2Togs free	Wednesday 10:30		The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>



Dementia Friendly Films	Last Wednesday of the month	01684 295074 (The Roses) megan.dunford@rosestheatre.org	The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
£4, £2 for carers	Free hot drink & biscuit from 13:30 film starts at 14:00		
	24/07/2024 28/08/2024 25/09/2024 30/10/2024		
Monthly Memory Café	14:00–15:00 14/08/2024 11/09/2024 09/10/2024 20/11/2024 11/12/2024		The Roses Theatre Sun Street, Tewkesbury <b>GL20 5NX</b>
Tewkesbury Friends of the Earth	Regular meetings	Contact Steve Goodchild <u>mannscourt@orpheusmail.co.uk</u> <u>https://www.facebook.com/TewkesburyFoE/</u> <u>https://takeclimateaction.uk/group/tewkesbury-and-</u> <u>district-friends-</u> <u>earth?_ga=2.233035354.575786082.1668764056-</u> <u>370319176.1668536806</u>	Please check the Facebook page or contact the group where meetings are held



Autistic Adults Drop-In	Bi-weekly Wednesday 12:00-14:00 07/08/2024 21/08/2024 04/09/2024 18/09/2024	Community Autism Support and Advice Team infocasa@grcc.org.uk https://www.facebook.com/CASAGloucestershire/	Rosado Lounge, 103-105 Church Street, Tewkesbury, <b>GL20 5AB</b>
Friends of Victoria Pleasure Gardens Tewkesbury Volunteering opportunities: maintaining the gardens, admin, social media.	Tuesday& Thursday Please contact the organiser for exact dates	Jane Griffiths Janegriffiths098@gmail.com friendsofvictoriagardenstewks@gmail.com https://www.facebook.com/FriendsOfVictoriaGarden sTewkesbury/	Mill Street, Tewkesbury GL20 5SW ·
Black Bear Social Group	Wednesday 10:30-12:00	Ida Pöschel 07599 109936 <u>IPoschel@ageukgloucestershire.org.uk</u> <u>https://www.ageuk.org.uk/gloucestershire/activities-and-events/socialgroups/</u>	The Black Bear High St, Tewkesbury <b>GL20 5BJ</b>
Age UK Gloucestershire Drop-In sessions	<b>Thursday</b> 13:30–16:00	Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk https://www.ageuk.org.uk/gloucestershire/activities- and-events/communitydropins/	Tewkesbury Library Sun Street <b>GL20 5NX</b>



Tewkesbury Civic Society Talks, Trips & Community Projects	Please visit website or get in touch to find out about activities	www.tewkesburycivicsociety.org info@tewkesburycivicsociety.org 01684 290114 https://www.facebook.com/tewkesburycivicsociety/a bout	Old Baptist Chapel Old Baptist Chapel Court, Off of Church Street, Tewkesbury <b>GL2 5RZ</b>
Hoarding Support Drop-In Please contact for more information	Monthly Wednesday 13:30-15:00 04/09/2024 09/10/2024 06/11/2024 04/12/2024	hoardingsupport@gloucestershire.gov.uk 01452 425464	1st Floor Tewkesbury Children's Library Sun Street <b>GL20 5NX</b>
Tewkesbury Library Club Library Club for older people with free transport for housebound & assistance choosing books plus a cup of tea and opportunity to socialise with others.	2 <sup>nd</sup> Monday of month 14:00–15:00	01684 293086 tewkesburylibrary@gloucestershire.gov.uk	Tewkesbury Library Sun Street <b>GL20 5NX</b>



Tewkesbury Library Memory group "share a poem." Tewkesbury Arts & Drama Society	Tuesday 14:15 – 15.30 Monthly meetings	01684 293086 tewkesburylibrary@gloucestershire.gov.uk <u>http://www.tads.org.uk/</u> <u>https://www.facebook.com/TewkesburyADS/</u> <u>secretary@tads.org.uk</u> 07714 281428	Tewkesbury Library Sun Street <b>GL20 5NX</b> Tewkesbury Library Sun Street <b>GL20 5NX</b>
The Welcome Table "A warm place to come together with others in the local community. Use the space to chat and stay for a coffee or enjoy a free, freshly cooked meal too."	Every other week Monday 15:15	Holy Trinity Church: 01684 292797 office@trinitytewkesbury.org.uk	Rooms 1,2,4,5, kitchen, creche, foyer Holy Trinity Church, 10 Oldbury Road, Tewkesbury, <b>GL20 5NA</b>
<b>Book Club</b> Christian Book Club	First Monday& third Monday 19:15	Holy Trinity Church: 01684 292797 office@trinitytewkesbury.org.uk	Old Mission Hall Trinity Street Tewkesbury <b>GL20 5LH</b>
Xact Drama Group		Holy Trinity Church: 01684 292797 office@trinitytewkesbury.org.uk	Holy Trinity Church, 10 Oldbury Road, Tewkesbury, <b>GL20 5NA</b>



Ladies Groups Transform group Ladies Breakfast	Please inquire to find out more about the groups	Holy Trinity Church: 01684 292797 office@trinitytewkesbury.org.uk	Holy Trinity Church, 10 Oldbury Road, Tewkesbury, <b>GL20 5NA</b>
Ladies Socials Men's Social	Please inquire to find out more about the group	Holy Trinity Church: 01684 292797 office@trinitytewkesbury.org.uk	Holy Trinity Church, 10 Oldbury Road, Tewkesbury, <b>GL20 5NA</b>
CCP Men's Social Group Trips out/ involvement with local community activity	Thursday 10:00–12:00	James Baker: 07593 446894 <u>James.baker@ccp.org.uk</u> Rebecca Baker: 07593446840 <u>Rebecca.baker@ccp.org.uk</u>	Tewkesbury YMCA 97 Church St <b>GL20 5RS</b>



Tewkesbury YMCA Railway Society "Every fortnight, a guest speaker is invited to give a railway related presentation. On the other Tuesday nights, members bring along their own slide." £12.50 for yearly membership Note: the meeting room is upstairs	Every Tuesday night 19:45	https://www.facebook.com/groups/17700701239513 0/	Tewkesbury YMCA 97 Church St GL20 5RS
U3A French Intermediate	<b>Thursday</b> 14:00–15:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church, Chance Street, Tewkesbury <b>GL20 5RF</b>



U3A Ancient History	<b>Third</b> <b>Wednesday</b> 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church, Chance Street, Tewkesbury <b>GL20 5RF</b>
U3A Latin for Pleasure	<b>1<sup>st</sup> and 3<sup>rd</sup> Monday</b> 13:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church Chance Street <b>GL20 5RF</b>
U3A Mah Jong	<b>1<sup>st</sup>, 3<sup>rd</sup> &amp; 5<sup>th</sup> Tuesday</b> 14:00–16:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	1St Tewkesbury Boys' Brigade, Canterbury Leys, Tewkesbury <b>GL20 8BP</b>



U3A Art for Beginners	<b>Friday</b> 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	1St Tewkesbury Boys' Brigade, Canterbury Leys, Tewkesbury <b>GL20 8BP</b>
U3A Discovering Britain	Fourth Friday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u>	Holy Trinity C of E 10 Oldbury Road, Tewkesbury <b>GL20 5NA</b>
U3A History of Art&	Second & fourth	or telephone on 01684 325013 and request a Membership Form to be sent to you. Single Member – £12.00 per year Joint Membership – £20.00 per year	Holy Trinity C of E 10 Oldbury Road, Tewkesbury
Design	<b>Tuesday</b> 14:30–16:30	To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	GL20 5NA
Veterans Coffee Monday	Second Saturday of the month	Peter Godwin: 07747 623258	The Royal Hop Pole 94 Church Street, Tewkesbury <b>GL20 5RS</b>



Tewkesbury Arts Society Own Painting, Workshops and Demonstrations Membership fee is currently set at £70.00 a year. Non-members may join for a fee £5.00 for the session	<b>Tuesday</b> 10:00–12:00	https://tewkesburyartssociety.org/contact/	Tewkesbury Town Hall, High Street Tewkesbury <b>GL20 5AL</b>
Tewkesbury Pub Singers £6 a session, first and every 10th session are free. No experience needed.	<b>Thursday</b> 19:30–21:30	tewkesburypubsingers@gmail.com https://www.facebook.com/tewkesburypubsingers/	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>
The Choir Factor Full term membership £100 (10 weeks) Adults 18+	Wednesday 19:30–21:00	01452 613134 07958 131133 https://www.thechoirfactor.com/about-us/	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>
Tewkesbury Manor Players Amateur drama society		tewkesburymanorplayers@gmail.com 07818 271076 https://www.facebook.com/manorplayers/	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>



Day-time Disco Free "Enjoy a cup of tea, a chat and some happy swing music, or even join in with some dancing." Dates sometimes need to be changed, to confirm date and time speak to	14:00-16:30 <b>Next dates</b> 20/10/2024 20/11/2024 13/12/2024	To find out up to date information about upcoming dates please speak to staff at Tewkesbury Town Hall, check Tewkesbury Direct or Facebook	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>
town hall staff. <b>Fitness,</b> <b>Strength, and</b> <b>Balance Class</b> £4 per session Level 2 (mixed standing and seated)	Tuesday 10:00	Contact: 07503 876430 <u>fitforlifegloucester@gmail.com</u> <u>www.facebook.com/fitforlifegloucester</u>	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>



Fitness, Strength, and Balance Class £4 per session Level 2 (mixed standing and seated)	<b>Friday</b> 10:00	Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester	George Watson Hall, Barton Street, Tewkesbury <b>GL20 5PX</b>
Tewkesbury Walking Group Small supportive walking group, open to all level walks approx. 60mins- 90mins	1 <sup>st</sup> Wednesday of Month 13:00	James Baker: 07593 446894 <u>James.baker@ccp.org.uk</u> James Aldridge: 07593 446891 <u>James.aldridge@ccp.org.uk</u>	Meet by the footbridge to the Ham by Back of the Avon car park. <b>GL20 5DU</b>
Tewkesbury Bowls Club Small local friendly bowling club with social opportunities	Most evenings and weekends	01684 294411 https://www.tewkesburybowlsclub.co.uk/index.html	Gander Lane GL20 5PG



Tewkesbury	May-August	tewksalley@outlook.com	Meet outside M&Co on High St by
Alleycats	Wednesday	Bill Adie	Warder's Alley.
Recently	19:00		
published an app		https://www.alleycat.org.uk/	
that gives	14/08/2024	https://www.facebook.com/TewkesburyAlleycats	
information about	28/08/2024		
alleys and walks			
in Tewkesbury.	September		
	December-		
Occasional	Sundays		
activities/walks.	14:30		
Walks explore			
Tewkesbury's	08/09/2024		
social heritage	22/09/2024		
and last about 2	06/10/2024		
hours.	20/10/2024		
Fee for tour: £2.5	03/11/2024		
	17/11/2024		
Most routes are	01/12/2024		
accessible by	15/12/2024		
wheelchair,	29/12/2024		
Clark's Alley (off			
High Street) has			
steps, and some			
alleys of Barton			
Street are very			
narrow			



<b>John Moore</b> <b>Museum</b> Natural History Museum	Talks (website) and volunteering opportunities Opening times: Tuesday- Saturday 10:00-13:00,	01684 297174 curator@johnmooremuseum.org https://www.johnmooremuseum.org/ https://www.facebook.com/JohnMooreMuseum/	41 Church Street, Tewkesbury, <b>GL20 5SN</b>
Walk& Talk Strollers	14:00-17:00 Monday 13:30 Local walk for about 1 hour No walks on bank holidays	Wyeview2@gmail.com 07789 31312	Meet inside the Abbey grounds by the entrance from the Abbey car park. Gander Lane, Tewkesbury, <b>GL205PG</b>
Abbey Choir no formal audition, some experience of choral singing is desirable	Friday Before the service	carleton.etherington@tewkesburyabbey.org.uk	Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire <b>GL20 5RZ</b>



St Mary's Sewing Guild Making and repairing of Altar linen and offertory bags and the repair of the vestments owned by and used in Tewkesbury Abbey.	01684 850959 info@tewkesburyabbey.org.uk	Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire <b>GL20 5RZ</b>
Flower GuildIs a happy groupof friends, whoweek by week,seek to enhancethe beauty of theAbbey, for bothworshipper andvisitor alike, witha variety of floralarrangements,produced mainlyfrom flowers andfoliage grown bymembers in theAbbey's ownWalled Garden.	01684 850959 info@tewkesburyabbey.org.uk	Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire GL20 5RZ



Tewkesbury	volunteering	01684 292901	Barton Street,
Museum	opportunities	info@tewkesburymuseum.org	Tewkesbury
	(see website)		Gloucestershire,
Entrance free		https://www.tewkesburymuseum.org/	GL20 5PX
	Opening times	https://www.facebook.com/tewkesburymuseum	
Museum talk £4	(until museum		
(including	is fully set up		
refreshment)	after		
	renovations):		
	noon to 3pm		
	on:		
	Monday,		
	Tuesday,		
	Thursday,		
	Friday (not 2		
	August) and		
	Saturday		
	Alternate		
	Sundays (4/8,		
	18/8, 1/9, etc)		



Tewkesbury	Volunteering	01684 855040	100 Church Street, Tewkesbury,
Heritage Centre	opportunities	tic@tewkesbury.gov.uk	Glos.
-			GL20 5AB
	Opening times		
	summer:		
	1st April - 31st		
	October:		
	Monday to		
	Saturday		
	10:00-16:00		
	Opening times		
	winter:		
	1st November		
	– 31st March:		
	Mon, Tues, Fri		
	& Sat 10am –		
	4pm (please		
	telephone to		
	double check		
	opening times		
	during March		
	as work to		
	install a new		
	display will be		
	taking place)		



Tewkesbury Battlefield	Monday (October to	tbs@tewkesbury.org.uk	<b>Banner painting sessions</b> : Elizabeth Wyatt House Barton Road,
Society	May)	https://www.tewkesbury.org.uk/contact-us	Tewkesbury, GL20 5QN
	13:00–16:00		
Activities and	Banner		Meeting point walks:
walks.	painting		Red brick gate into Abbey grounds
Walks are free and last about 2	sessions		from short stay car park
hours.	walks:		
	01/09/2024		
	10:00-12:00		
	06/10/2024		
	10:00-12:00		
	03/11/2024		
	10:00-12:00		
	01/12/2024		
	10:00-12:00		
Bingo	Thursday		Elizabeth Wyatt House Barton Road,
Please check	Eyes down by		Tewkesbury, GL20 5QN
cost with the	19:30		
organiser	Monthly		
	Saturday		
	Eyes down by		
	19:30		
Bookworm	Opening times:	bookworm150@talktalk.net	Bookworm Bookshop,
Bookshop	Monday-	01684 438385	150 High Street,
Volunteering	Saturday		Tewkesbury,
opportunities	10:00-16:00		GL20 5JP



	Karen Brennan (Chair): 01684 438385 Shelby Powell (Vice Chair): 01684 298004 https://www.tewkesburyinbloom.co.uk/	Bookworm Bookshop, 150 High Street, Tewkesbury,
		GL20 5JP
for updated		Saffron Road, Tewkesbury
band practices.	niip://iewkespuryiownpand.co.uk/index.nimi	
Rehearsals Mondays	tewkesburychoral@gmail.com	Rehearsal take place at Chance St School, Tewkesbury
between September and May 19.30-21.30	Subscriptions will be £50 for the Autumn term payable in September and £50 for Spring payable in January, or £95 up front for the year payable in September	Chance St, Tewkesbury GL20 5RQ
Monday           09:30-12:30           Tuesday           09:30-12:30           Wednesday           09:30-12:30           Thursday           09:30-12:30           Fhursday           09:30-12:30	01684 296824 info@tewkesbury.foodbank.org.uk https://tewkesbury.foodbank.org.uk/	76 Church Street, Tewkesbury, <b>GL20 5RX</b> .
	events and band practices. Rehearsals <b>Mondays</b> between September and May 19.30-21.30 <b>Monday</b> 09:30-12:30 <b>Tuesday</b> 09:30-12:30 <b>Wednesday</b> 09:30-12:30	Shelby Powell (Vice Chair): 01684 298004 https://www.tewkesburyinbloom.co.uk/Check website for updated events and band practices.secretary@tewkesburytownband.co.uk http://tewkesburytownband.co.uk/index.htmlRehearsals Mondays between September and May 19.30-21.30tewkesburychoral@gmail.com SeptemberMonday 09:30-12:30 Thursday 09:30-12:3001684 296824 info@tewkesbury.foodbank.org.uk https://tewkesbury.foodbank.org.uk/



Yoga Mixed Ability Aimed at those with some previous experience but all abilities welcome	<b>Thursday</b> 17:45-19:00	07916_883036 rachel@tewkesburyyoga.com https://tewkesburyyoga.com/classes/	Tewkesbury Scout Hut 39 Oldbury Rd, Tewkesbury
<b>Tewkesbury</b> <b>Repair Café</b> Opportunity to socialise and/or volunteer while having household items repaired.	Once a month on a Saturday 14:00–17:00 upcoming dates: 17/08/2024 21/09/2024 19/10/2024 16/11/2024	admin_team@tewkesburyrepaircafe.co.uk https://www.tewkesburyrepaircafe.co.uk/	Tewkesbury Baptist Church Hall Station Road, Tewkesbury <b>GL20 5DR</b>



Sing 2	Thursday	Julia Glaudot: 07769 738549	Tewkesbury Baptist Church, Station
Remember	fortnightly		Road,
Collaboration with	14:00	julia.glaudot@mindsong.org.uk	GL20 5DR
Mind song &			
Roses Theatre		https://www.mindsong.org.uk/our-services/sing-2-	
free		remember/	
For: people with			
dementia still			
living at home			
and those who			
care for them.			
People			
experiencing			
loneliness and			
isolation.			
People who love			
to sing but no			
longer feel			
comfortable			
singing in a choir.			



Insight Gloucestershire Community Hub Local sight loss advisor can provide information,	<b>3<sup>rd</sup> Friday</b> <b>each month</b> Drop-in 10:00-11:00 Appointments 11:00-12:00	info@insight-glos.org.uk 01242 221170	Tewkesbury Baptist Church, Station Road, <b>GL20 5DR</b>
advice, and practical help.	For appointments call to book.		
Tewkesbury Bridge Club Lessons and social bridge playing Table Money Members - £3.00 per person Visitors - £3.50 per person Annual Subscription - £10.00 per person	Wednesday doors open by 13:30 please be seated by 13:45 to allow a prompt start at 14:00	Tewkesburybridgeclub@outlook.com Peter Jones: 01684 293643	Tewkesbury Baptist Church, Station Road, <b>GL20 5DR</b>



LUKES Lunch "Lukes Open House is a positive & warm place, open to everyone. We aim to offer creative activities, practical help and friendship to offer people acceptance, peace of mind & hope for the future, especially if they are finding life difficult or are	Tuesday 12:00–14:30 Restarting in September	annefulford@btconnect.com 01684 293044 https://www.facebook.com/lukesopenhouse	Tewkesbury Baptist Church, Station Road, <b>GL20 5DR</b>
<i>lonely</i> ." <b>Coffee morning</b> Just drop in, all are welcome.	Wednesday 10:00-12:00 (School term time)	office@tewkbaptist.org.uk 01684 293044	Tewkesbury Baptist Church, Station Road, <b>GL20 5DR</b>
Adult low impact sports club Inclusive for men and women. All abilities welcome	First Thursday of the month 12:25–13:15	James Baker: 07593 446894 James.baker@ccp.org.uk Becky Baker: 07593446840 <u>Rebecca.baker@ccp.org.uk</u>	Baptist Church, Station Road, <b>GL20 5DR</b>



Friendly Faces Social Group	<b>3<sup>rd</sup> Monday</b> 12:30-14:30	James Baker: 07593 446894 James.baker@ccp.org.uk Peter Reilly: 0770 2858837 Peter.reilly@ccp.org.uk	Baptist Church, Station Road, <b>GL20 5DR</b>
Fitness, strength, and balance class £4 per session	Tuesday First class 09:45 Second Class 11:00	Terry Aldred: 07563 626161 terryaldredwork@hotmail.com	Baptist Church, Station Road, Tewkesbury <b>GL20 5DR</b>
Silver Circuits Exercise Class £4	Thursday 10:00	Terry Aldred: 07563 626161 terryaldredwork@hotmail.com	Baptist Church, Station Road, Tewkesbury <b>GL20 5DR</b>
Monday Writers	<b>Monday</b> 15:00-17:00	Karol Crabtree karolcrabtree@btinternet.com	Baptist Church, Station Road, Tewkesbury <b>GL20 5DR</b>
EM Pilates and Physiotherapy class	<b>Monday</b> 09:30 18:00	Emma: 07538 908158 https://www.facebook.com/emmampilates/	Baptist Church, Station Road, Tewkesbury <b>GL20 5DR</b>
Rock Choir	Tuesday 10:00	Jacob: 01252 714276	Baptist Church, Station Road, Tewkesbury <b>GL20 5DR</b>



Exercise to Music for Dementia and Alzheimer's Includes a carers support group after each session. Refreshments provided after each session. Please inquire about cost per session	Monday 11:00	No booking required.	Boys Brigade HQ, Canterbury Leys, Tewkesbury <b>GL20 8BP</b>
Weekly Art Group	<b>Thursday</b> 10:30-12:30	Nick Dawe: 07901 119279 daweart2015@gmail.com https://daweartandtuition.com/	Boys Brigade HQ, Canterbury Leys, Tewkesbury <b>GL20 8BP</b>
Tewkesbury Walking Football	Sunday 9:00 Please confirm time and date with the organiser	https://en- gb.facebook.com/tewkesburywalkingfootball/	Tewkesbury School 4 Walton Close, Tewkesbury GL20 8DF



Wives and Friends Social group for women at the church	Wednesdays 14:30 (Except January & February)	Jenny: 01684 297994 https://www.tewkesburymethodistchurch.org.uk/481/ Wives-and-Friends	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>
Men allowed. Social night for men at the church	Every other Wednesday and Thursday 19:00	Gerald: 01684 276377 <u>Men.allowedquot50@yahoo.com</u> <u>https://www.tewkesburymethodistchurch.org.uk/480/</u> <u>Men-Allowed</u>	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>
<b>Dinner Ladies</b> Regular nights out for women		Jean Davies jed0606@yahoo.com https://www.tewkesburymethodistchurch.org.uk/475/ Dinner-Ladies	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>
Church Book Club	Every 4-6 weeks on a Saturday 10:00	Contact the Methodist church for more information. 01684 298650 <u>https://www.tewkesburymethodistchurch.org.uk/479/</u> Church-Book-Club	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>
Tewkesbury Historical Society Visit website for updated events, Members - £3, Visitors - £5	<b>3rd Thursday</b> of each month 19:45	webmaster@tewkesburyhistory.org <a href="https://tewkesburyhistory.org/Home">https://tewkesburyhistory.org/Home</a>	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>



U3A Bridge	Thursday 13:15	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Methodist Church Church Street, Tewkesbury <b>GL20 5PA</b>
U3A French Building on Basics	<b>Friday</b> 10:15	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Methodist Church, Guild Room Church Street, Tewkesbury <b>GL20 5PA</b>
Alcoholics Anonymous	<b>Monday</b> 12:30–13:30	01452 418 515 <u>https://www.alcoholics-</u> anonymous.org.uk/meeting/2821/	The Guild Hall, Tewkesbury Methodist Church, High St, Tewkesbury
Chess Club	<b>Sunday</b> 16:00	https://www.facebook.com/groups/30389601463948 93/?mibextid=HsNCOg	The Cross House Tavern, 108 Church Street, Tewkesbury, <b>GL20 5AB</b>



Tewkesbury Carer's Group This group is a supportive and friendly group for anyone that acts as a carer that is registered at Mythe Medical Practice or Church Street Surgery in Tewkesbury	Third Thursday of the month 10:00 – 12:00	https://www.facebook.com/groups/13180434688652 86	Devereux Centre, Barton Road, Tewkesbury, <b>GL20</b> <b>5GJ</b>
Tewkesbury Stroke Group	Last Wednesday of the month 14:00-16:00	louise@reconnectglos.org https://reconnectglos.org/groups/	Clee House, Lanes Court Close, Tewkesbury, <b>GL20 5JQ</b>
U3A Solos	Third Saturday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, <b>GL20 5JQ</b>



U3A Needlecraft	<b>1<sup>st</sup> &amp; 3<sup>rd</sup> Monday</b> 10:00–12:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, <b>GL20 5JQ</b>
U3A Family History	<b>4<sup>th</sup> Thursday</b> 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, <b>GL20 5JQ</b>
Yoga Studio Vinyasa, Hatha and Yin Yoga classes	Yoga classes Monday to Thursday and Saturday and Sunday Please inquire with the organiser for more information	07710 985694 info@yogaatthenook.com https://www.yogaatthenook.com/class-schedule	The Nook, Dale House Bredon Road, Tewkesbury GL20 5BX



Regular Social events at The Nook		07710 985694 <u>info@yogaatthenook.com</u> https://www.yogaatthenook.com/services-4	The Nook, Dale House Bredon Road, Tewkesbury GL20 5BX
Yoga and Wellness course (6 weeks) Free For all levels& abilities	<b>Tuesday</b> 14:00–15:15	To book please contact: <u>rachel@tewkesburyyoga.com</u> 07916 883036 <u>https://tewkesburyyoga.com/classes/</u>	Tewkesbury Leisure Centre Gloucester Road, Tewkesbury, <b>GL20 5SX</b>
Tewkesbury Leisure Centre	Opening hours:	01684 293740 Gloucester Road, Tewkesbury,	Tewkesbury Leisure Centre Gloucester Road, Tewkesbury, <b>GL20 5SX</b>
Gym, Classes, and Swimming	Mon: 6am - 9pm Tue: 6am - 9pm Wed: 6am - 9pm Thu: 6am - 9pm Fri: 6am - 9pm Sat: 7.30am - 4.30pm Sun: 7.30am - 4.30pm	Gloucestershire, GL20 5SX. Facilities Gym, Pools, Studio, Sauna and steam room, Café Accessibility accessible parking, Ramps for wheelchairs, Accessible turnstiles, Lift, Hearing induction loop, Accessible lockers, Accessible shower, Accessible change, Changing places, Wheelchair accessible equipment, Pool hoist, Accessible pool chair, Accessible pool steps, Assistance dogs welcome	



Twyning	Twyning				
Friendship Group £1 for tea/ coffee/ biscuits	Alternate Fridays 10:30	hilary@owlsend.co.uk	Twining Chapel Nut Orchard Twining Gloucestershire <b>GL20 6DR</b>		
Strength, Balance & Support Groups Hot drinks & social afterwards £4 per session	Wednesday 11:15	07740 309750 https://www.facebook.com/happyandhealthywithhele n/	Twyning Chapel Nut Orchard Twyning Gloucestershire <b>GL20 6DR</b>		
Over 60s lunch club Disabled access, Minibus can take people to the venue and back.	Friday 12:00–14:00	Judith Allen: 01684 292123 07817984737	Twyning Village Hall Fleet Road, Twyning, Tewkesbury, <b>GL20 6GD</b>		
<b>Twyning Men Sheds</b> Held in the garage at Green Farm Twyning	<b>Tuesday</b> 9:30-13:00, 13:30-17:00 <b>Wednesdays</b> 9:30–12:30	hello@TwyningMensShed.co.uk https://www.twyningmensshed.co.uk/ Bill: 07879 256016 Dave: 07799 616120	Green Farm Twyning, Twyning, Tewkesbury <b>GL20 6DF</b>		
Twyning Short Matt Bowls Club £3 per session	<b>Monday</b> 14:00–16:00	Fred: 01684 592175 John: 01684 290388 Malcolm: 01684 295512	Twyning Village Hall Fleet Road, Twyning, Tewkesbury, <b>GL20 6GD</b>		



Women's	Every 2 <sup>nd</sup>	https://www.facebook.com/twyningwi/	Twyning Village Hall
Institute	Tuesday		Fleet Road, Twyning,
Twyning	19:30		Tewkesbury, GL20 6GD

Wheatpieces/ W	Valton Cardiff		
Guideposts Connect Friendship support group for those with Long Term health conditions and carers.	Alternate Wednesdays 10.30–12.30	Guideposts: 01452 529697 gloucestershire@guideposts.org.uk	Wheatpieces Community Centre, Room 2 Columbine Rd, Walton Cardiff <b>GL20 7SP</b> (01684 294713)
<b>Coffee morning</b> Open to residents.	<b>Tuesday</b> 10:00-12:00	clerk@wheatpiecesparishcouncil.com	Wheatpieces Community Centre, Meeting Room 2, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Fitness, strength, and balance class 50+ Circuit £4 per session	Thursday 13:00	Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



Bonsai Chi Gentle, low- impact, whole body exercise £7 per session £24 for four class passes.	Wednesday 11:10-11:55	info@redeaglemartialarts.co.uk 07866 571345	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Fitness Pilates Fitness Pilates is a beginners Pilates class focusing on muscle strength, balance, core strength, improving mental cognition. £6, booking required	Wednesday 18:30	Kirsty: 07885545592 <u>kirk01.jones@hotmail.co.uk</u> <u>www.fitnesswithkirsty.co.uk</u> <u>https://www.facebook.com/FitnesswithKirst/</u>	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



Fitness Pilates Fitness Pilates is a beginners Pilates class focusing on muscle strength, balance, core strength, improving mental cognition. £6, booking required	<b>Thursday</b> 19:30	Kirsty: 07885545592 <u>kirk01.jones@hotmail.co.uk</u> <u>www.fitnesswithkirsty.co.uk</u> <u>https://www.facebook.com/FitnesswithKirst/</u>	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Positive Pilates Next Step Next Step 12- week course £120	Thursday 09:30-10:30 Starting on the 12th of September	positivepilates@gmail.com 07432 852744 https://www.positivepilateslocal.co.uk/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Walk/ Tone/ Stretch/ Play Ladies only booking required. Cost = 8 x £8 = £64	<b>Friday</b> 09:00–10:00	withmel@hotmail.com https://justmelxo.weebly.com/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
<b>On The Mat</b> . Cost = 8 x £8 = £64	<b>Saturday</b> 08:45–09:45	withmel@hotmail.com https://justmelxo.weebly.com/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



Theoc Quilters		cathw@live.co.uk theocquilters@outlook.com	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Tewkesbury Parkinsons Group A monthly meeting for ALL who are affected by Parkinson's - carers, family members as well as PwPs! Tea/coffee and biscuits, no charge - just come along.	Monthly First Thursday 10:45-12:15	Amanda Thomas: 07794 095405 amanda.tewkesburyparkinsons@outlook.com	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP
The venue is easily accessed by people with walkers, sticks or wheelchairs			



Adult Self- defence and Jujutsu	Tuesdays 18:30-19:30 Thursdays 19:30pm-21:00 (Suitable for beginners) Sundays 17:00-18:00 (Suitable for beginners)	https://www.taijutsukai.co.uk/tewkesbury/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Traditional Ch'ang-Hon Taekwon-Do Traditional and authentic Taekwondo for Men, Women & children from 9 yrs. and above.	Monday's & Wednesday's 19:00	07722 584 919 or 07488 333 973 https://www.white-tiger-tkd.com/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



Kun Gek-Do - Korean Kickboxing for Teens & Adults (13 yrs. plus)	Friday 19:00-20:30	07722 584 919 or 07488 333 973 https://www.white-tiger-tkd.com/	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
Fitness - Self- Defence - Confidence - Toning - Weight Loss			
KONGA (Jungle Body) An all-in-one dance fitness class focusing on strength, dance, balance, toning, Pilates, hip hop etc. £6 pay as you go	<b>Thursday</b> 18:15-19:10	Kirsty: 07885545592 <u>kirk01.jones@hotmail.co.uk</u> <u>www.fitnesswithkirsty.co.uk</u> <u>https://www.facebook.com/FitnesswithKirst/</u>	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
<b>Tewkesbury</b> <b>Cake Decorators</b> Booking essential £5-20	Monthly workshops Second Wednesday of the month 19:00-21:00	https://tewkesburycakedecorators.wordpress.com/ https://www.facebook.com/groups/www.tewkescake. co.uk/events?locale=en_GB	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



U3A Table Tennis	Monday & Thursday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
U3A Spanish Intermediate	<b>Tuesday</b> 13:00–14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
U3A Short Matt Bowls	Monday & Friday 13:30–15:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



U3A French Conversation	<b>Monday</b> 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
U3A Science and Technology	<b>2<sup>nd</sup> Friday</b> 10:15	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>
U3A Kurling	Wednesday 13:30-15:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff <b>GL20 7SP</b>



Various Locations/Online			
Tewkesbury DON'T drop litter pickers		Contact Facebook group for more information. <u>https://en-</u> <u>gb.facebook.com/groups/384373389011779/?mibex</u> <u>tid=HsNCOg</u>	
Plastic Free Tewkesbury	Visit Facebook page for update on events.	plasticfreetewkesbury@gmail.com https://www.plasticfreetewkesbury.com/about https://www.facebook.com/plasticfreetewkesbury	
<b>CAMRA</b> Campaign for real Ale - Social for members and non-members	<b>1st Thursday,</b> <b>bimonthly</b> 20:00 Please check website for upcoming meetings	Chair: John Roberts <u>chair@tewkesbury.camra.org.uk</u> <u>https://tewkesbury.camra.org.uk/diary</u> daytime	
U3A Opera Appreciation	Fourth Wednesday 14:00-16:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Various Homes



U3A Book Club	First Thursday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Various Homes
U3A Walking Group	Wednesday and/or Thursday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Various locations See website or contact group for more information: https://tewkesburyu3a.org/groups/wa lking-group/
U3A Strolls Easier walks, lasting about 1 hour- 1 ½ hour	Second Tuesday 10:30 March until October	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Various locations See website or contact group for more information: https://tewkesburyu3a.org/groups/wa lking-group-strolls/



U3A Computers	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Online, via Zoom
U3A Birdwatching	Third Thursday am	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A vie their website. <u>https://membermojo.co.uk/tuta/joinus</u> or telephone on 01684 325013 and request a Membership Form to be sent to you.	Various locations
Gloucestershire Carers Hub Information, Advice& Support for Carers		Gloucestershire Carers Hub         0300 111 9000         carers@peopleplus.co.uk         https://www.facebook.com/Gloucestershirecarershu         b/         https://twitter.com/gcarershub         https://twitter.com/gcarershub         https://www.instagram.com/Gloucestershire_Carers         Hub/         https://gloucestershirecarershub.co.uk/	



Transport	
Stagecoach	https://www.stagecoachbus.com/timetables https://www.stagecoachbus.com/promos-and-offers/national/stagecoachbusapp
	Printed timetables are available at Tewkesbury library
Diamond Bus	https://www.diamondbuses.com/bus-services/ww/ww-540-evesham/
	Printed timetables are available at Tewkesbury library
The Robin	https://www.gloucestershire.gov.uk/transport/the-robin/
"The Robin is a local, friendly bookable bus service.	Find information on routes:
You search for your ideal journey	https://www.gloucestershire.gov.uk/transport/the-robin/where-can-i-travel/tewkesbury-
and book the option that suits you.	district/
It's local and affordable,	booking over the phone
connecting places in rural locations.	0345 263 8139
The service is designed specifically to provide transport	online https://start.gloucestercountycouncil.padam.io/bookings/login
links from close to people's homes	or on the app
(for example, known bus stops) to:	https://apps.apple.com/gb/app/the-robin/id1638290541
locations for onward travel, for example, to connect with a fixed	https://play.google.com/store/apps/details?id=io.padam.android_customer.TheRobin
route bus; or	
to services at times when there is	
no other transport option."	



<b>Community Connexions</b> "Community Connexions is a local charity providing essential pre- booked transport for vulnerable people of all ages across Gloucestershire and beyond who would otherwise struggle to get where they need to go."	Contact         info@communityconnexions.org.uk       0345 680 5029         https://communityconnexions.org.uk/         To you use this service you will be required to sign up to Community Connexions and pay the registration fee         https://communityconnexions.org.uk/online-registration/
<b>Tewkesbury Wheelchair Bus</b> "We are a volunteer organisation who transport elderly and disabled people in the Tewkesbury area to clubs, shopping and on short trips out. These have to be pre-booked through the Chairman who holds the diary."	Contact         Peter Aldridge: 01684 296679 <a href="https://tewkesburyanddistrictwheelchairbusassociation.co.uk/">https://tewkesburyanddistrictwheelchairbusassociation.co.uk/</a>

