

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 23.11.24	Cheese, bacon & onion roly-poly	Chocolate chip orange sponge with custard
Sun 24.11.24	Roast beef	Sponge & custard
Mon 25.11.24	Chicken pie	Spotted dick with custard
Tue 26.11.24	Mince beef cobbler	Jam sponge with custard
Wed 27.11.24	Sweet & sour Pork	Strawberry cheesecake
Thurs 28.11.24	Roast gammon	Apple pie with custard
Fri 29.11.24	Fish in parsley sauce	Meringue with mandarins and cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 23.11.2024

Please return this half to the centre by Tues 19 Nov

Day	Lunch	Requests
Sat 23.11.24	Cheese, bacon & onion roly-poly	
Sun 24.11.24	Roast beef	
Mon 25.11.24	Chicken pie	
Tue 26.11.24	Mince cobbler	
Wed 27.11.24	Sweet and sour pork	
Thurs 28.11.24	Roast gammon	
Fri 29.11.24	Fish in parsley sauce	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

