

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 14.12.24	Cheese & tomato quiche	Apricot crumble with custard
Sun 15.12.24	Roast chicken	Gateau
Mon 16.12.24	Chicken & gammon pie	Orange sponge with custard
Tue 17.12.24	Christmas Dinner	Christmas Pudding
Wed 18.12.24	Sausage casserole	Bananas & custard
Thurs 19.12.24	Liver & bacon casserole	Jam sponge with custard
Fri 20.12.24	Fish cake	Lemon cheesecake

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 14.12.2024

Please return this half to the centre by Tues 10 Dec

Day	Lunch	Requests
Sat 14.12.24	Cheese & tomato quiche	
Sun 15.12.24	Roast chicken	
Mon 16.12.24	Chicken & gammon pie	
Tue 17.12.24	Christmas Dinner	
Wed 18.12.24	Sausage casserole	
Thurs 19.12.24	Liver & bacon casserole	
Fri 20.12.24	Fish cake	

A sandwich menu is available on request. Only £1 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

