

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 11.01.25	Liver & bacon	Cherry sponge with custard
Sun 12.01.25	Roast turkey	Strawberry cheesecake
Mon 13.01.25	Minced beef cobbler	Orange sponge with custard
Tue 14.01.25	Roast beef and Yorkshire pudding	Apple sponge with custard
Wed 15.01.25	Chicken hotpot	Chocolate whip with pears
Thurs 16.01.25	Sausages & mash	Pineapple sponge with custard
Fri 17.01.25	Fishcake Or chicken salad	Jelly with fruit & cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 11.01.25

Please return this half to the centre by Tues 07 Jan

Day	Lunch	Requests
Sat 11.01.25	Liver & bacon	
Sun 12.01.25	Roast turkey	
Mon 13.01.25	Beef cobbler	
Tue 14.01.25	Roast beef and Yorkshire pudding	
Wed 15.01.25	Chicken hotpot	
Thurs 16.01.25	Sausages & mash	
Fri 17.01.25	Fishcake Or chicken salad	

A sandwich menu is available on request. Only £1 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

