

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 29.06.24	Liver & bacon Or Chicken stir-fry	Apple pie & custard
Sun 30.06.24	Roast chicken	Tiramisu
Mon 01.07.24	Gammon & pineapple Or BBQ sausage bake	Bread & butter pudding & custard
Tue 02.07.24	Steak & mushroom pie Or Macaroni cheese	Chocolate mousse & pears
Wed 03.07.24	Roast pork	Cherry & almond sponge & custard
Th5rs 04.07.24	Cod in parsley sauce Or Toad in the hole	Mandarin meringue
Fri 05.07.24	Chicken chasseur Or Pork pie salad	Chocolate chip & orange sponge & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608 delete meals you do not wish to receive next week

Name..... **29.06.2024**

Please return this half to the centre by Wednesday each week

Day	Lunch	Request
Sat Please delete one	Liver & bacon Or Chicken stir-fry	
Sun	Roast chicken	
Mon Please delete one	Gammon & pineapple Or BBQ sausage bake	
Tue Please delete one	Steak & mushroom pie Or Macaroni cheese	
Wed	Roast pork	
Thurs Please delete one	Cod in parsley sauce Or Toad in the hole	
Fri Please delete one	Chicken chasseur Or Pork pie salad	